



# THE POTOMAC DISCOVERER

MONTHLY NEWSLETTER OF THE KNIGHTS OF COLUMBUS  
POTOMAC COUNCIL #9259

## Meeting Times

Officers Meeting: Second  
Thursday of each month, 7-8 p.m.

Council Meeting: Fourth Thursday  
of each month, 7-8 p.m.

## Where are we?

We meet in the basement of St.  
Francis of Assisi Catholic School.  
18825 Fuller Heights Rd., Triangle,  
VA. 22172

## Join us

We are always looking for Catholic  
gentlemen 18 years or older to  
help our mission of Faith,  
Community, Life and Charity. It is  
great for you and your family to  
participate and you can participate  
at a level you are comfortable  
with.

## K of C Financial Advisor

Thom Harrington  
866-868-1492 Ext 1601  
[thomas.harrington@kofc.org](mailto:thomas.harrington@kofc.org)

## Recent Events



## DONUT SUNDAY IS BACK!

Second Sunday of the Month

Please stop by after the 8 or 9:30  
Mass, have a donut, cup of coffee,  
and chat with us.

Coming Up – **TRUNK or TREAT**

We will have a trunk. Let us know if  
you want to help.



**ENCORE THEATRICAL RELEASE  
ONE DAY ONLY! WED NOV 2, 2022**

**“ Every person is Christ for me. ”**  
- Mother Teresa

 **Mother Teresa: No Greater Love**  
Find your showing at [motherteresamovie.com](http://motherteresamovie.com)

Earlier this month, *Mother Teresa: No Greater Love* premiered across the nation and set records at the box office in its category. Due to popular demand, the Knights of Columbus-produced film will benefit from a one-day only “encore” theatrical release on Wed., Nov. 2, 2022. Made to commemorate the 25th anniversary of Mother Teresa’s passing, this documentary is a breathtaking account of this globally renowned and heroic humanitarian, as well as the work of her religious community.

The Paul Stefan Foundation Mission is the recipient of our ASAP donation.

Mission: The Paul Stefan Foundation exists to provide single unwed mothers the opportunity to become self-sufficient while caring for their infant children. We offer an alternative to abortion and/or perilous living arrangements by providing steppingstones to re-engage our community through the fostering of spiritual, academic, and professional growth. It is our intention, with the new facility to gradually expand our work in the following three areas of focus:

- Meeting Essential Needs for Housing & Nutrition is our basic area of focus. Through our community outreach efforts, we've created a home for pregnant women in dire need of safe shelter and good nutrition.
- Providing Life Skills and Occupational Training is our second and most critical area of focus. Developing lasting life skills that lead to gainful employment, confidence to manage a home & family include basic cooking skills, parenting classes, counseling services and more. We partner with local community colleges to provide these skills as well as the University of Virginia to provide on-line courses. To enable such sufficiency, we have built partnerships with employers in the region.
- Building A Healthy Start Through Quality Healthcare is our third and foundational area of focus. Many pregnant women come to us without having ever seen a physician for proper prenatal care.

History and Impact: The Paul Stefan Foundation was founded in 2006. It was inspired by the tragic death of Paul Stefan James, the newborn baby of Randy and Evelyn James who died less than an hour after birth. With the help of their Parish Priest, Father Stefan Starzynski, a founder of the PSF and currently the organization's Spiritual Advisor, the James' set out to turn their grieving into something serving the common good.

Since 2006, our foundation helped 114 mothers and their children providing love, encouragement and support. Initially we had four homes, two in Unionville in Orange County and two in Annandale and Falls Church in Northern Virginia. Since 2015 with the purchase of the old James Madison Inn in Orange we have had only the two homes in Unionville. With our new Center in Orange we expect most of our clients will be coming from Central Virginia localities. The following is a breakout of the women's last residence they reported when coming to one of our homes:

- 5 From the Richmond Metro Area
- 16 from Albemarle, Nelson, Orange Counties
- 12 from Fredericksburg/Spotsylvania
- 12 from Culpepper
- 17 from other Virginia Localities
- 35 from Northern Virginia
- 17 from Out of State



### On behalf of State Deputy Pat Rowland and Brother Thom Harrington to All Hands.

My Brothers All

Plans for March for Life 2023 are being finalized and our support is needed to make it a success. Share this information with your Council. The goal is for each of your Councils to enlist at least three volunteers to help marshal the March for Life. This is in addition to other ways you and your Council support marchers through your parish and Council. Having enough, at least 100, marshals is important to having a safe event. For decades Virginia Knights have stepped up to marshal, directing Marchers and helping avoid counter-protesters.

This March for Life marks two important milestones: the 50th March for Life and the First Post-Roe March for Life. The theme for this year is *Next Steps: Marching Forward in a Post-Roe America!* Jeanne Mancini, president of March for Life explained the theme, "Vital to our strategic "Next Steps" is continuing to boldly march each year in Washington, DC... This year, rather than marching to the steps of the Supreme Court, where we have for decades asked our highest Court's Justices to undo the destructive decision that was *Roe v. Wade*, we will now march to a new front in our battle for life, the steps of the United States Capitol. We must tirelessly build a culture of life on Capitol Hill, and advocate for the advancement of federal pro-life policies."

The March For Life, the world's largest annual civil rights demonstration, will focus on this theme because it is timely in framing the discussion that we are all "*Next Steps: Marching Forward in a Post-Roe America!*" Your help is needed to have a successful March and spread this important message.

Please take a minute to sign up using this link to the Sign Up Genius page, <https://tinyurl.com/KofC2023MFL>, so Thom Harrington and I will know you are coming.

The March For Life will take place on Friday, January 20, 2023. You will note the starting location will be as before, the National Mall at 12th Street, just off the Smithsonian-National Mall Metro Station. Plan to arrive by 9:00-9:30 AM at the Logistics Vehicle. I look forward to seeing you there!

## **SEEKING VOLUNTEERS FOR ACTIVITIES**

Brother Knights;

After the long Covid hiatus, KofC events are coming back to life. All of these are sign up genius lists. Of course if you live out of the area, please forgive the intrusion.

Trunk or Treat will be after the 5:30 Mass on Sunday 30 October on the upper parking lot behind the School. I will be there hoping to hand out our large collection of Tootsie Rolls, If you wish to help out - or wear a costume let me know at [dan\\_irene@verizon.net](mailto:dan_irene@verizon.net)

The Parish Ministry Fair which will be on 6 November the KofC is asked to provide donuts and coffee (I will bring the donuts). This runs in two shifts - early from 7 to 10, and late from 10 to 1:30 which includes clean up. We have 5 open slots.

<https://www.signupgenius.com/go/8050A4DA9AA2D6-stfrancis>

The annual yard clean up at Ileana Miehle's house, the same one we have done a couple of times before - we are mostly interested in getting gutters cleaned out and leaves cleared out of the yard, there are no plans for any major shrub or tree cutting. Leaves can be deposited on site. We have 3 signed up, but the more the merrier for this.

<https://www.signupgenius.com/go/8050A4DA9AA2D6-ileana>

We have sent out the following donations:

Coats for Kids - \$588, Stafford schools charity program

St. Francis of Assisi School Chili Cookoff - \$250

Home repair for a needy Parishioner - \$147 and 6 labor hours

Deck staining for a member in need – 3 labor hours

Grass cutting for needy Parishioners – weekly

Parish Picnic expenses - \$1,171

Sgt Mac Foundation - \$600

Paul Stefan Foundation (pro-life homes for needy new mothers) - \$1,000

Donut Sunday - \$91

Thank you all for helping the community and the Parish.

Dan Sullivan, PGK

## **News and Links of Interest**

### **St. Francis of Assisi Parish**

I'm sure I'm not the only one that has noticed the continuous improvements made to the St. Francis of Assisi parish website. It is a great resource to learn about events at our church, and to connect

with the broader community through ministries, learning, and special programs. Please take a few minutes to browse the site here: <https://stfrncis.org>.

### **Knights of Columbus News**

Get the latest new about the Knights of Columbus here: [Recent News - News Hub | Knights of Columbus \(kofc.org\)](#)

### **News from the Arlington Diocese**

Find the latest news releases from the Arlington Diocese here:  
<https://www.arlingtondiocese.org/pressreleases/>

## **Prayers**

Please remember those in need of prayers – our brothers and sisters impacted by war, disasters, disease, and all those who are marginalized in our world.