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Introduction

This Catholic Prayer Book includes over 50 prayers, etc. It is free and the text and images were sized to accommodate download to a smart phone. The Prayer Book can replace or compliment any hard copy pamphlets (Pieta Prayer Book, Stations, Prayer Cards, etc.) you carry with you. Review and use the prayers you find appropriate for morning, afternoon, evening and special prayers (Novenas, First Friday, First Saturday, Rosary, etc.). Most prayers have a referenced website for further information. The prayers are grouped by categories. This is occasionally updated based on suggestions, research, etc.

St. Alphonsus Liguori wrote: “If you pray, you are positive of saving your soul. If you do NOT pray, you are just as positive of losing your soul.”

St. Lawrence Justinian, puts prayer in the proper light. He writes: “In prayer the soul cleanses itself from sin, faith is strengthened, hope is made secure, charity is nourished, the spirit rejoices, the soul grows tender, the heart is purified, truth discovers itself, temptation is overcome, sadness takes to flight, the senses are renewed, failing virtue is made good, tepidity disappears, the rust of sin is rubbed away. In it are brought forth flashes of heavenly desire, and in these fires the flame of divine love burns up.”

Sr. Lucia Dos Santos (Fatima visionary) wrote. “You will see that in prayer you will find more knowledge, more light, more strength, more grace and virtue than you could ever achieve by reading many books, or by great studies. Never consider as wasted the time spent in prayer. You will discover that in prayer God communicates to you the light, strength and grace you need…”

…”If my people who bear my name, humble themselves and pray and seek my presence and turn from their wicked ways, I myself will hear from heaven and forgive their sins…” (2 Chron. 7:14) –

“God governs the world but prayer governs god.”
Spiritual Preparedness Kit
(What every home/car or person should have)

Holy Water, Blessed Salt, Blessed Candle, Blessed Oil, Blessed Rosary, Blessed Crucifix, Sacred & Immaculate Heart Blessed Metals, Blessed Scapular, Statues, Picture of the Sacred and Immaculate Heart, Douay-Rheims Bible, etc..

Spiritual Priorities

If you placed prayers, etc. in some sort of priority, it would be something like this:


**Next** – Novenas to the Immaculate Heart (5 First Saturdays) and Sacred Heart (9 First Fridays), Rosary, Stations of the Cross, Divine Mercy Capulet, 15 Prayers of St Bridget

**Next in no particular order** - Morning, Afternoon, Evening and Special Prayers, Blessed objects

Suggest you view the indulgences/promises/benefits/graces derived which may help you decide what spiritual exercises you will pursue.
Background: The following "General remarks on Indulgences" from Gift of the Indulgence summarizes the usual conditions given in the Church's law (cf. Apostolic Penitentiary, Prot. N. 39/05/I):

1. This is how an indulgence is defined in the Code of Canon Law (can. 992) and in the Catechism of the Catholic Church (n. 1471): "An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven, which the faithful Christian who is duly disposed gains under certain prescribed conditions through the action of the Church which, as the minister of redemption, dispenses and applies with authority the treasury of the satisfactions of Christ and the saints".

2. In general, the gaining of indulgences requires certain prescribed conditions (below, nn. 3, 4), and the performance of certain prescribed works ..... [in this case, those granted for the Feast of Divine Mercy]

3. To gain indulgences, whether plenary or partial, it is necessary that the faithful be in the state of grace at least at the time the indulgenced work is completed. [i.e. one must be a Catholic, not excommunicated or in schism.]

4. A plenary indulgence can be gained only once a day. In order to obtain it, the faithful must, in addition to being in the state of grace:
   • have the interior disposition of complete detachment from sin, even venial sin;
have sacramentally confessed their sins;
• receive the Holy Eucharist (it is certainly better to receive it while participating in Holy Mass, but for the indulgence only Holy Communion is required);
• pray for the intentions of the Supreme Pontiff.

5. It is appropriate, but not necessary, that the Sacramental Confession and especially Holy Communion and the prayer for the Pope's intentions take place on the same day that the indulgenced work is performed; but it is sufficient that these sacred rites and prayers be carried out within several days (about 20) before or after the indulgenced act. Prayer for the Pope's intentions is left to the choice of the faithful, but an "Our Father" and a "Hail Mary" are suggested. One Sacramental Confession suffices for several plenary indulgences, but a separate Holy Communion and a separate prayer for the Holy Father's intentions are required for each plenary indulgence.

6. For the sake of those legitimately impeded, confessors can commute both the work prescribed and the conditions required (except, obviously, detachment from even venial sin).

7. Indulgences can always be applied either to oneself or to the souls of the deceased, but they cannot be applied to other persons living on earth.
"Extinguish not the spirit. Despise not prophecies. But prove all things; hold fast that which is good." (1 Thes 5:19-21)

"In cases which concern private revelations, it is better to believe than not to believe, for, if you believe, and it is proven true, you will be happy that you have believed, because our Holy Mother asked it. If you believe, and it should be proven false, you will receive all blessings as if it had been true, because you believed it to be true." (Pope Urban VIII, 1623-44).

Spirit Daily (Michael Brown) http://www.spiritdaily.com/
Prophecy - George Washington's Vision www.wjpbr.com/gwash.html#w7
Prophecy - After the Warning http://www.call2holiness.org/afterwarning/afterwarning.html
Prophecy - We are Warned (Marie-Julie-Jahenny) http://www.scribd.com/doc/74402052/We-Are- Warned-The-Prophecies-of-Marie-Julie-Jahenny
Prophecy - Mystics of the Church http://www.mysticsofthechurch.com/
Prophecy – Children of the Renewal http://www.childrenoftherenewal.com
Prophecy - A Call To Holiness http://www.call2holiness.org/era-of-peace.html
Prophecy - The Little Number of Those Who Are Saved www.trueletterofoursavior.com/stleonard.htm
Morning Prayers
(Pick prayers that you find appropriate)

Commanding Evil Spirits

http://www.catholictools.com/blog/2010/01/05/binding-rebuking-and-commanding-evil-spirits/
(To clear the air of evil spirits as you say your daily prayers pray:)

In the name of Jesus I bind any spirit here that’s not of the Holy Spirit and send you to the foot of the cross to be judged by our Lord. Precious blood wash over me and protect me from the wickedness and snares of the devil. Do not let the evil spirits near.
Prayer to My Guardian Angel
(Pieta Prayer Book)
http://www.catholictradition.org/prayers1.htm#REDEEM

Angel of God, my guardian dear, to whom His love commits me here, ever this day/night be at my side, to light and guard, to rule and guide. Amen

Prayer to Saint Michael the Archangel
(Pieta Prayer Book)
http://www.wjpbr.com/leoxiii.html

This powerful prayer of exorcism was composed by Pope Leo XIII. In a vision, he had been shown the fearful battle to be waged between Satin and St. Michael over the Church of the future. Now as never before, the Church needs the intercession of St. Michael. Please say this prayer every day.

Saint Michael, the Archangel, defend us in battle; be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O prince of the heavenly host, by the power of God, thrust into Hell, Satan and all the other evil spirits, who prowl throughout the world, seeking the ruin of souls. Amen.
The Precious Blood Prayer

(Can be said throughout the Day)

http://www.catholictradition.org/Classics/souls9-2.htm

Our Lord told Sister Mary of St. Peter: "Ask My Father for as many souls as I shed drops of Blood (28,430) during My Passion." By asking for the Precious Blood to be poured out on souls we prevent Its being, as it were, spilled out on the ground in vain. In His mysterious Providence God has put the salvation of others in our hands: we must ask for it, and ask fervently and often.

IMMACULATE Heart of Mary, do thou offer to the Eternal Father the Precious Blood of Our Lord Jesus Christ, for 1. The release of holy souls from purgatory, 2. The conversion of sinners, especially [Name], and 3. The needs of our Holy Catholic Church

Consecrating the Drops of Blood Which Our Lord Jesus Lost on His Way To Calvary

(Pieta Prayer Book)

www.trueletterofoursavior.com

http://www.catholictradition.org/Christ/true-letter.htm

To all the faithful who shall recite for 3 years, each day 2 Our Fathers, Hail Marys and Glory be to the Fathers. In honor of the drops of blood I lost, I will concede the following 5 graces.

1. The plenary indulgence and remittance of your sins.
2. You will be free from the pains of purgatory.
3. If you should die before completing the 3 years, it will be the same as if you had completed them.
4. It will be upon your death the same as if you had shed all your blood for the holy faith.
5. I will descend from heaven to take your soul and that of your relatives, until the 4th generation.

Dear Jesus, grant me the grace of self-knowledge so that by looking into my own heart with humility, I will discover my weaknesses in Holy Love. Then give me the grace of courage to try to overcome my faults so that I will not have to be purified of them in Purgatory. Amen

The Memorare

http://www.catholictradition.org/Children/o-mary.htm
(Partial Indulgence)

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intersession, was left unaided. Inspired with this confidence, I fly unto you, O Virgin of Virgins, my mother. To you I come before you I stand, sinful and sorrowful. O mother of the word incarnate, despise not my petition, but in your mercy hear and answer me. Amen
I bring you the whole world each day of the week that have on their souls the following deadly sin(s). Please give us the strength to come to your Son and ask forgiveness, and may we ask or be given the virtue to counter that sin.

1. **Pride** (Sunday) is excessive belief in one's own abilities that interferes with the individual's recognition of the grace of God. It has been called the sin from which all others arise. Pride is also known as Vanity. The counter virtue is Humility (humbleness).

2. **Envy** (Monday) is the desire for others' traits, status, abilities, or situation. The counter virtue is Kindness (admiration).

3. **Gluttony** (Tuesday) is an inordinate desire to consume more than that which one requires. The counter virtue is Temperance (self-restraint).

4. **Lust** (Wednesday) is an inordinate craving for the pleasures of the body. The counter virtue is Chasity (purity).

5. **Anger** (Thursday) is manifested in the individual who spurns love and opts instead for fury. It is also known as Wrath. The counter virtue is Forgiveness (composure).

6. **Greed** (Friday) is the desire for material wealth or gain, ignoring the realm of the spiritual. It is also called Avarice or Covetousness. The counter virtue is Charity (giving).

7. **Sloth** (Saturday) is the avoidance of physical or spiritual work. The counter virtue is **Diligence** (Zeal/Integrity/Labor).

**Confession: 7 Deadly Sins**

How to Gain a Plenary Indulgence for Making the Stations – From the Enchiridion of Indulgences, No. 26

To gain a plenary indulgence for making the Stations it is necessary to move from Station to Station, to meditate on the sufferings of Our Lord (no specific prayers are required), and to have the intention of gaining the indulgence.

(Indulgences can always be applied to the Souls in Purgatory.)

Moreover, “To acquire a plenary indulgence, it is necessary to perform the work to which the indulgence is attached and to fulfil three conditions: Sacramental Confession, Eucharistic Communion and prayer for the intentions of the Supreme Pontiff (e.g., one ‘Our Father’ and one ‘Hail Mary’). It is further required that all attachment to sin, even to venial sin, be absent.”

First Station: Our Lord Jesus is Condemned to Death

We adore You, O Christ, and we praise You, because by Your Holy Cross, You have Redeemed the world.

After having been scourged and crowned with thorns, Lord Jesus, Pilot condemned You to die. Yet it was not just Pilot who condemned You, it was my sins that condemned You to die. I ask You by the merits of this sorrowful journey, to assist me and the world on this journey to eternity.

I love You Lord Jesus, I am sorry for having offended You. Help me to never offend You again. Thank You Lord Jesus Christ, King of Endless Mercy.
Second Station: Our Lord Jesus Takes up the Cross
We adore You, O Christ, and we praise You, because by Your Holy Cross, You have Redeemed the world.
Lord Jesus You take up Your Cross, the symbol of Your death, Your resurrection, and our salvation. Dear Lord Jesus, I embrace all the sufferings You have allowed or destined for me until I die. I beg of You to allow me and the world to help carry that Cross on our shoulders with the same loving resignation that You Yourself did.
I love You Lord Jesus, I am sorry for having offended You. Help me to never offend You again. Thank You Lord Jesus Christ, King of Endless Mercy.

Third Station: Our Lord Jesus Falls the First Time
We adore You, O Christ, and we praise You, because by Your Holy Cross, You have Redeemed the world.
Lord Jesus You have been weakened by the tremendous loss of Blood You incurred during the scourging and crowning with thorns, and now You have to carry that Cross and that terrible weight – made heavier by my sins – has driven You to the ground and caused You to suffer so much. By the merits of this first fall, save me and the world from falling into mortal sin.
I love You Lord Jesus, I am sorry for having offended You. Help me to never offend You again. Thank You Lord Jesus Christ, King of Endless Mercy.

Forth Station: Our Lord Jesus Meets His Holy Mother
We adore You, O Christ, and we praise You, because by Your Holy Cross, You have Redeemed the world.
Lord Jesus You met Your Mother on the way to Calvary and the solders would not let You stop to hug Your Mother. But Your eyes met just as Your Hearts were entwined from the day of Your Incarnation – now these two Hearts have been pierced by the sword of sorrow. By the pain You suffered in this meeting with Your Holy Mother, grant
me and the world the grace to be truly devoted and consecrated to Your Holy Mother. And You my Queen, overwhelmed with sorrow, obtain for us by Your prayers a tender and lasting remembrance of the passion of Your Divine Son.
I love You Lord Jesus, I am sorry for having offended You. Help me to never offend You again. Thank You Lord Jesus Christ, King of Endless Mercy.

**Fifth Station: Simon Helps to Carry the Cross**
We adore You, O Christ, and we praise You, because by Your Holy Cross, You have Redeemed the world.
Lord Jesus Simon did not want to help You. But the Roman soldiers made him help because they did not want You to die before You reached Calvary. I am sorry Lord Jesus that I and the world are so much like Simon in that we do not want to carry the crosses we have in life. Mumbling, grumbling and complaining of the crosses that we have. Yet if You would allow us to carry that Cross on our shoulders, we would accept the pain that would accompany it and offer it up to You in union with Your merits, for Your Greater Honor and Glory.
I love You Lord Jesus, I am sorry for having offended You. Help me to never offend You again. Thank You Lord Jesus Christ, King of Endless Mercy.

**Sixth Station: Veronica Offers Her Vail to Jesus**
We adore You, O Christ, and we praise You, because by Your Holy Cross, You have Redeemed the world.
Lord Jesus, Veronica sees You coming down the Via Dolorosa. She sees blood and sweat dripping from Your brow, she is filled with compassion for You. As You draw near, she leaves the safety of the crowd and offers You her vail. You wipe Your brow and imprint Your holy image upon it, as You return it to her. Lord Jesus, I beg of You, to help me and the world conform our self to the Divine image already imprinted upon our soul after the waters of baptism cleansed us from the stain of original sin.
I love You Lord Jesus, I am sorry for having offended You. Help me to never offend You again. Thank You Lord Jesus Christ, King of Endless Mercy.

Seventh Station: Our Lord Jesus Falls the Second Time

We adore You, O Christ, and we praise You, because by Your Holy Cross, You have Redeemed the world.

Lord Jesus, Oh the pain You are now enduring as the Cross has now dug through the flesh and the muscles, rubbing on the bone itself. O most loving Jesus, meek Lamb of God, I, a miserable sinner, salute and worship the most Sacred Wound of Thy Left Shoulder on which thou didst bear Thy heavy Cross, which so tore Thy Flesh and laid bare Thy Bones as to inflict on Thee an anguish greater than any other wound of Thy most Blessed Body. I adore Thee O Jesus most sorrowful; I praise and glorify Thee, and give Thee thanks for this most sacred and Painful Wound, beseeching Thee by that exceeding pain and by the crushing burden of Thy heavy Cross, to be merciful to me, a sinner, to forgive me all my mortal and venial sins and to lead me on towards Heaven along the Way of Thy Cross.

I love You Lord Jesus, I am sorry for having offended You. Help me to never offend You again. Thank You Lord Jesus Christ, King of Endless Mercy.

Eight Station: Our Lord Jesus Speaks to the Woman of Jerusalem

We adore You, O Christ, and we praise You, because by Your Holy Cross, You have Redeemed the world.

Lord Jesus, You meet the women of Jerusalem who are weeping for You because they are aware that You have been unjustly condemned to death. They know You have done nothing wrong. Yet, You console them telling them not to weep for You, but for themselves and their children, and their children’s children; and to pray for each other. By this station I pray to You Lord Jesus, that any of my friends or family who have stopped practicing the faith, will return to the Holy
Sacrifice of the Mass, to Confession, to Your Holy Body and Blood, before their death.
I love You Lord Jesus, I am sorry for having offended You. Help me to never offend You again. Thank You Lord Jesus Christ, King of Endless Mercy.

Ninth Station: Our Lord Jesus Falls for the Third Time

We adore You, O Christ, and we praise You, because by Your Holy Cross, You have Redeemed the world.

Lord Jesus, once again, You have fallen under the terrible burden of the Cross as it digs into Your bones. The weight of our sins and the Cross itself are causing You to fall in exhaustion. Somehow You find the strength to rise, Your Body trembling with pain and fatigue, yet continue going forward so that the Father’s will be done in You! By this third fall, may I and the world turn to the Father, seek his forgiveness for all the sins we have committed, and sin no more. May we persevere just as You did! I wish I could love You as You deserved to be loved!

I love You Lord Jesus, I am sorry for having offended You. Help me to never offend You again. Thank You Lord Jesus Christ, King of Endless Mercy.

Tenth Station: Our Lord Jesus is Stripped of His Garments

We adore You, O Christ, and we praise You, because by Your Holy Cross, You have Redeemed the world.

Lord Jesus, You have arrived at Calvary. And the first thing done: strip You Lord Jesus, of Your garments! Why? A cruel attempt to take away every shred of Humanity from You – You who are Humanity Itself. An attempt to make You appear less than human, because all human beings want to wear clothing. To wear no clothing, some humans might say, causes You to appear as low as an animal that does not even know enough to cloth itself. Could this justify in the minds of human beings called to love, the sinfulness being done? No, it could
not. Who could say that any could be superior to You regardless of how You are? Truly no one could. It is we instead, who are in need of Your divine love and mercy!

I love You Lord Jesus, I am sorry for having offended You. Help me to never offend You again. Thank You Lord Jesus Christ, King of Endless Mercy.

Eleventh Station: Our Lord Jesus is Nailed to the Cross

We adore You, O Christ, and we praise You, because by Your Holy Cross, You have Redeemed the world.

Lord Jesus, You arrived at Calvary and are thrown down on the timbers that You were forced to carry. Did Your hands or feet Lord Jesus reach the nail holes? Or rather did Your executioners pull until Your arms and legs were dislocated and disjointed, causing You excruciating pain? Lord Jesus, You were nailed to the cross intensifying that pain. Then when the cross was lifted up and dropped into the hole that was prepared for it, did that sudden shock on Your body cause You to feel as though You were on fire? Yet even this You endured, and did not condemn us! Rather You said: “Father forgive them for they know not what they do!” may I and the world forgive and forget just as You, Lord Jesus, Lovingly will do for us. May we bare no grudges against any person. Help us to walk more closely in Your footsteps.

I love You Lord Jesus, I am sorry for having offended You. Help me to never offend You again. Thank You Lord Jesus Christ, King of Endless Mercy.

Twelfth Station: Our Lord Jesus Dies on the Cross

We adore You, O Christ, and we praise You, because by Your Holy Cross, You have Redeemed the world.

Lord Jesus, You have been hanging on this Cross for almost three hours. The pain is indescribable, Your lungs, filling with fluid, You can barely breath! Yet You are not concerned about Yourself – You demonstrate how we are to take care of each other. You arrange for
St. John to take care of Your Mother. The repentant thief on the cross turns to You and asks You to remember him when You enter into Your Kingdom. You said to him. “This day You shall be with me in paradise.” Lord Jesus, we all long to hear You say this to us at the hour of our death! Unable to breath anymore, You turn Your eyes to Your Heavenly Father and say: “Into thy Hands, I commend my Spirit.” and, breathing Your last, the Gates of Paradise are open for all who want to be saved. 

I love You Lord Jesus, I am sorry for having offended You. Help me to never offend You again. Thank You Lord Jesus Christ, King of Endless Mercy.

Thirteenth Station: Our Lord Jesus is taken down from the Cross

We adore You, O Christ, and we praise You, because by Your Holy Cross, You have Redeemed the world. Lord Jesus, Your body was taken down from the Cross and put into the arms of Your most Holy Mother. She who held You in life now holds You in death. She who loved You more than any human could ever possibly love You is now filled with sorrow for our sins have caused Your Death! I beg of You Lord Jesus to allow Your most Holy Mother, accompanied by St. Joseph, to come to me at the hour of my death and all those dying today. Oh that she may hold me in her arms and help me come to a perfect contrition and all those dying today! And Oh, may St. Joseph pray to the eternal Father to have mercy on my soul and all those dying today!

I love You Lord Jesus, I am sorry for having offended You. Help me to never offend You again. Thank You Lord Jesus Christ, King of Endless Mercy.

Fourteenth Station: Our Lord Jesus is placed in the Sepulcher
We adore You, O Christ, and we praise You, because by Your Holy Cross, You have Redeemed the world.

Lord Jesus, Joseph of Arimathea and Nicodemis take Your body from the loving arms of Your Beloved Mother. They anoint Your body, wrap Your body in the traditional burial cloth. Your body is placed in the tomb, putting the stone in place. And just as You foretold, on the third day, You arose! By Your resurrection, please take me and the world into Your Heavenly Home at the hour of our death, or as soon as possible thereafter in Your loving Mercy.

I love You Lord Jesus, I am sorry for having offended You. Help me to never offend You again. Thank You Lord Jesus Christ, King of Endless Mercy.

**Fifteenth Station: Our Lord Jesus is Risen on the third Day**

If Jesus had not risen from the dead our faith would be in vain. For forgetting so often that in order to rise with Christ we must first die with him.

O Lord Jesus through your passion and death you gave new life to the world, deliver us from our sins and from all that is evil. Help us to live according to your wishes and do not let us ever to be separated from you who lives and reigns for ever and ever.

In order to gain the indulgences (see below) attached to the Way of the Cross, all pray one Our Father, One Hail Mary and one Glory to the Father, for the intention of our Holy Father the Pope.

**Stations of the Cross Blessings / Promises**


Next to the Mass, the Way of the Cross is most Beneficial for the Souls in Purgatory

1. I'll grant everything that's asked of Me with Faith, when making The Way of The Cross.
2. I promise Eternal Life to those who pray from time to time, The Way of the Cross.
3. I'll follow them everywhere in life and I'll help them, especially at the hour of death.
4. Even if they have more sins than blades of grass in the fields, and grains of sand in the sea, all of them will be erased by The Way of The Cross. (Note: This promise doesn't eliminate the obligation to confess all mortal sins, and this, before we can receive Holy Communion.)
5. Those who pray The Way of The Cross often, will have a special glory in Heaven.
6. I'll deliver them from Purgatory, indeed if they go there at all, the first Tuesday or Friday after their death.
7. I'll bless them at each Way of The Cross, and My blessing will follow them everywhere on earth and, after their death, in Heaven for all Eternity.
8. At the hour of death I won't permit the devil to tempt them; I'll lift all power from him in order that they'll repose tranquilly in My Arms.
9. If you pray with true love, I’ll make of each one of them a living ciborium in which it will please me to pour my grace
10. I'll fix My Eyes on those who pray The Way of The Cross often; My hands will always be open to protect them.
11. As I am nailed to the Cross, so also will I always be with those who honor Me in making the Way of The Cross frequently.
12. They'll never be able to separate themselves from Me, for I'll give them the grace never again to commit a Mortal sin.
13. At the hour of death I'll console them with My Presence and we'll go together to Heaven. Death will be sweet to all those who have honored Me during their lives by praying The Way of The Cross.
14. My soul will be a protective shield for them, and will always help them whenever they have recourse to it.
Devotion to the Wound on Our Lord's Shoulder

Page 439 – 444

It is related in the annals of Clairvaux that St. Bernard asked Our Lord which was His greatest unrecorded suffering, and Our Lord answered: “I had on My Shoulders, while I bore My Cross on the Way of Sorrow, a grievous Wound which, was more painful than the others, and which is not recorded by men. Honor this wound with thy devotion, and I will grant thee whatsoever thou dost ask through its virtue and merit, and in regard to all those who shall venerate this Wound I will remit to them all their venial sins, and will no longer remember their mortal sins.”

The following prayer is usually attached to this revelation. (Imprimatur: Thomas M. O'Leary, March 3, 1929. Bishop of Springfield 1949)

Note: This prayer is included in the prayers for the Seventh Station of the Cross or may be said separately.
“O most loving Jesus, meek Lamb of God, I, a miserable sinner, salute and worship the most Sacred Wound of Thy Left Shoulder on which thou didst bear Thy heavy Cross, which so tore Thy Flesh and laid bare Thy Bones as to inflict on Thee an anguish greater than any other wound of Thy most Blessed Body. I adore Thee O Jesus most sorrowful; I praise and glorify Thee, and give Thee thanks for this most sacred and Painful Wound, beseeching Thee by that exceeding pain and by the crushing burden of Thy heavy Cross, to be merciful to me, a sinner, to forgive me all my mortal and venial sins and to lead me on towards Heaven along the Way of Thy Cross.”

Promises collected during the ecstasies of Marie-Julie, for faithful souls who propagate this devotion:

1 - “I will bless,” said our Lord Jesus Christ, in the words of Marie-Julie, “all the souls who propagate this devotion: I grant them abundant graces.” (March 29, 1878)

2 - “O souls who love Me, who propagate this devotion, I take you under My protection, I keep you under the mantle of My affection.” (March 29, 1878)

3 - “I will dispel the darkness that will come to their heart.” (December 28, 1877)

4 - “I will console them in their pains.” “I will come in the midst of their greatest afflictions, to enlighten, to comfort them.” (February 8, 1878) (28 December 1877, February 8 and April 12, 1878)

5 - “I will come to bless them in their undertakings.” (March 29, 1878)

6 - “I will give them a tender love for the Cross. I will come to assist them at the time of death, with this cross and I will introduce them into My Heavenly Kingdom.” (April 12, 1878)

7 - “I will sweeten their agony.” (December 28, 1877). “I will come at the hour of death. I will console them in their passage.” (February 8, 1878). “Especially at the hour of death, I will come to give them a sweet moment of calm and tranquility. I
will tell them: 'O good holy soul, who has spread this devotion that I had so much at heart that it be made known, come to receive the reward of your labors, the fruit of blessing.” (March 29, 1878)

8 - “I will shelter them, I will assist them, I will console all the souls that seek to propagate this Sacred Wound. At the time of death, I will console the souls that have compensated Me by their devotion and compassion to the Wound so deep and painful. I will come to strengthen them in their final fears. I will come and prepare their passage: Thank you, you who have compensated Me for My pains.” (May 17, 1878)

9 - “See,” Jesus said, pointing to His Sacred Wound with extreme tenderness, “all My children who have recognized this Wound, who have venerated it, have prayed to it, will have on the Last Day a great and generous reward. I do not simply show it, I pronounce it. My Word is Divine.” (May 17, 1878)
Sacrament Benefits

Listed below are the graces and blessings for the following sacraments:

- Eucharist (Mass),
- Reconciliation (Confession), and
- Anointing of the Sick.

Sacraments vs. Sacramentals – It should be noted that Jesus instituted the Sacraments; the Catholic Church instituted the Sacramentals. Another difference is that the Sacraments are said to work by the direct power of Christ, while a Sacramental obtains grace or power by the prayers of the Church.

Sacrament – Eucharist (Mass)

(Pieta Prayer Book)

www.medjugorje.org/pieta.htm
http://www.7dolors.com/page5mass.htm

(Graces Derived from Assisting at Mass)
The Mass is Calvary continued
Every Mass is worth as much as the sacrifice of our Lord’s life, sufferings and death.
Holy Mass is the most powerful atonement for our sins.
At the hour of death, the masses you have heard will be your greatest consolation.
Every Mass will go with you to judgment and plead for pardon.
At Mass, you can diminish more or less temporal punishment due to your sins, according to your fervor.
Assisting devoutly at Holy Mass, you render to the sacred humanity of our Lord the greatest homage.
He supplies for many of your negligence’s and omissions.
He forgives the venial sins which you have not confessed. The power of Satan over you is diminished.
You afford the souls in purgatory the greatest possible relief.
One Mass heard during your life is of more benefit to you than many heard for you after your death. Note: It is wise to not count on family or friends after your death for the offerings needed.
You are preserved from dangers and misfortunes which otherwise might have befallen you. You shorten your purgatory.
Every Mass wins for you a higher degree of glory in heaven.
You receive the priest’s blessing which Our Lord ratifies in heaven.
You kneel amidst a multitude of holy angels who are present at the adorable Sacrifice with reverential awe.
You are blessed in your temporal goods and affairs.
Your prayers are strongest at the Consecration in Holy Mass (raising of Host and Chalice)
The Benefits of Frequent Communion - Each time we receive Holy Communion our venial sins are forgiven, and our place in heaven is raised forever, our stay in purgatory shortened.
Christ revealed to St. Gertrude the Great that each time one person receives Holy Communion something good happens to every being in heaven, on earth and in purgatory.
Christ revealed to St. Gertrude the Great that each time one person looks at the Most Blessed Sacrament our place in heaven is raised forever.
The Sacrifice of the Mass is the same as the Sacrifice on the Cross. The Holy Mass is the daily renewal of the Sacrifice of Calvary. Jesus Christ offers Himself on our altars by the ministry of priests, under the appearance of bread and wine, to apply to our souls the merits of His Passion and Death.

As the Redemption of man is the greatest event in history, so the Sacrifice of the Mass is the most marvelous thing in the world. Jesus, Our Lord and Savior, is the High Priest and the Victim, offering Himself to His Eternal Father with all the riches of His Divinity, and with all the splendors of His Sacred Humanity. The Holy Mass is the most sacred, solemn, and sublime act of religious worship that we can perform.

The Imitation of Christ says: “When a priest celebrates Mass he honors God, he rejoices the angels, he edifies the Church, he obtains blessings for the living, rest for the dead, and makes himself a partaker of all that is good. All this is the fruit of a single Mass.

Dear friends, try to hear Mass often and devoutly. Go to Mass every day if you can, because every Mass you hear will profit you more than all your prayers and good works. It costs so little to hear Mass – only a short half hour to one hour of your time. These few moments taken from your work to hear Mass on week days are not lost; on the contrary, God’s very special blessing hovers over those that devoutly hear Mass in the morning.

Every morning the church bells ring out to you saying: “COME TO MASS, COME TO MASS”. Will you also say, “I cannot come,” as those who made excuses who were invited to the great supper mentioned in the Gospel? Remember, the Mass is the renewal of the great Drama of Calvary and the means of applying the fruits of the Cross to our souls, and that these fruits are given to us more or less abundantly, according to the measure of our piety and fervor. Strive, therefore, to hear Mass as often as you can with great reverence, faith, love, and gratitude to God for so noble a gift, for so precious a consolation left unto us in the vale of tears. So please, COME TO MASS!
Prayers before Mass
(Pick prayers that you find appropriate)

Spiritual Communion
(For yourself or others who cannot go to Communion)
(Pieta Prayer Book)
http://www.ourcatholicprayers.com/spiritual-communion.html

You can make a Spiritual Communion such as this one below during Mass, or before our Lord in the Blessed Sacrament, or anywhere else where the Spirit moves you.

Oh Jesus, I turn toward the holy tabernacle where You live hidden for love of me. I love you, O my God. I/There are many who cannot receive you in Holy Communion due to sickness, persecution, etc. Come, nevertheless, and visit me/them with Your grace. Come spiritually into my/their heart. Purify it. Sanctify it. Render it like unto Your own. Amen.

Prayer to Obtain the Graces of All the World’s Masses
(Pieta Prayer Book)
http://www.catholictradition.org/prayers1.htm
Eternal father, we humbly offer Thee our poor presence and that of the whole of humanity, from the beginning to the end of the world, at all the Masses that ever have or ever will be prayed. We offer thee all the pains, sufferings, prayers, sacrifices, joys and relaxations of our lives, in union with those of our dear Lord Jesus here on earth. May the most Precious blood of Christ, all his blood and wounds and agony save us through the sorrowful and Immaculate Heart of Mary, Amen.

Act of Contrition
(Pieta Prayer Book)
http://www.iipg.org/pieta.htm

Oh my God, I am heartily sorry for having offended thee, and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all because I have offended thee, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of thy grace, to confess my sins, to do penance, and to amend my life. Amen
Prayer to the Holy Spirit before Mass

http://www.medjugorje.org/pieta.htm

A Prayer of most humble Devotion to the Holy Spirit, to be offered before hearing Holy Mass, in order to implore His aid.

Come, O Holy Spirit, and with Thy most holy grace gather together, I beseech of Thee, all the faculties and all the affections of my soul, so that, with devout attention and with my whole heart, I may be able to attend this Holy Mass, and obtain thereby those benefits for which, although unworthy, I ardently hope, to the greater glory of God and the benefit of my own soul, through the goodness and compassion of the same my Lord and God. Amen
The indulgences to be gained at the Consecration of the wine into the Precious Blood are not well-known to Catholics.

A detailed description is given in the St. Andrew’s Missal, which instructs us that when the priest recites the consecratory formula of the wine, the faithful should look at the chalice and then bow down and adore the Blood of Christ. The consecrated species are thus shown to the congregation as a protest against the heretics who denied the real presence.
St. Pius X granted an indulgence of seven years and seven quarantines (a period of 40 days) to all who, looking at the Body and Blood of Christ, say

**“Dominus meus et Deus meus” – “My Lord and my God.”**

These are the words of St. Thomas to Our Lord in the Cenacle after he doubted. To all who do this daily, he granted a plenary indulgence once a week provided they receive Holy Communion subject to the usual conditions. It is forbidden to say the invocation aloud.

Many Catholics who piously bow their heads during the Consecration thus lose the opportunity to gain this indulgence. Instead, let them look devoutly at the Sacred Species and say the prescribed prayer. It is a simple way to receive either a partial or plenary indulgence.
Prayers after Communion
(Pick Prayers you find Appropriate)

Most Sacred Heart Prayer
(Revelation to Gabrielle Bossis in France) (Pieta Prayer Book)
http://www.medjugorje.org/pieta.htm

After receiving Holy Communion, Our Lord said we should pray:

“Most Sacred Heart
of Jesus may the
whole world burn
with love for You!”

Thank You, My Beloved
Page 396-397

“After Holy Communion rest five minutes on My heart throbbing with love. Think only of Me by these simple words"

“Thank you, my Beloved,
You live in me and I live in You!”
"You see the sweetness you will taste and how you will give Me consolation. Ask of Me, in the fifth minute the conversion of a thousand sinners. It will be a great joy for My Divine Father, for Heaven."

Prayer of Self Dedication


Blessed Virgin: - “To surrender to the Holy Will is better than the desire for Heaven. By this abandonment, you amass much and your riches will be eternal. Continue, O souls, still a little suffering in the will is what the heavenly Bridegroom wants for Himself, to compensate, to repair, to soften the many outrages that tear It (i.e. His Will). Surrender to the Holy Will. Remain in it, suffer in it, hope in it and you will fall asleep in it. (i.e., pass from this life in God's Will.) As long as you have a lowly body, you will suffer, but it is a very short hour. Your suffering is of great value for the salvation of souls.

Lord Jesus Christ Take all my freedom, my memory, my understanding, and my will. All that I have and cherish you have given me. I surrender it all to be guided by your will. Your grace and your love are wealth enough for me. Give me these Lord Jesus, I ask for nothing more.
Prayer of Thanksgiving for the Eucharist


Lord God, I thank you through the Sacred Heart of Jesus, who is pleased to offer you on our behalf continuous thanksgiving in the Eucharist. Thank you for all your benefits, general as well as special. For creation, redemption, the sacraments and especially for the holy Eucharist and all the graces you Have given me I wish to thank you Lord Jesus on behalf of myself and of all creatures, and to make amends to you, as far as I am able to direct the hearts and minds of all to you and together with them and for them love you perfectly in return just as you rightly expect.
Look down upon me, good and gentle Jesus, while before thy face I humbly kneel, and with burning soul pray and beseech Thee to fix deep in my heart lively sentiments of faith, hope and charity, true contrition for my sins and a firm purpose of amendment, while I contemplate with great love and tender pity Thy Five Wounds, pondering them within me and calling to mind the words which David Thy prophet said of Thee, my Jesus, “they have pierced my hands and my feet, they have numbered all My Bones.”
“O beloved soul, one minute at the foot of the crucifix! Give Me three sighs as follows:

* My Beloved, I love you,
* My loving Father, I want to keep you company,
* My heavenly Bridegroom, I desire Heaven to see you and love you.

”These are the three demands of the Heart of a Father to our poor souls.”

(On any Friday during Lent a plenary indulgence is granted the Christian faithful who, after communion, devoutly recite the above prayer before an image of Jesus Christ crucified. On other days of the year the indulgence is a partial one.)

Indulgenced by Pope Benedict XIV (1740-1758)

O my sweet Jesus, in addition to the many graces which Thou hast conferred on me in the course of my life, I ask Thee for this further one: when my soul shall have departed from this world, not only that it not be condemned to Hell, but that it shall not be compelled to remain away from Thee for even a moment in Purgatory. It is true that I am a debtor to Divine Justice, but I hope to pay all my debts from the infinite merits of Thy Passion and Death. O Heaven, holy city of my God, my dear native land! Oh, how I sigh for thee! O happy day when I shall reach thee! O Heaven, my dear Heaven, come quickly and satisfy the desires of a wretched heart that sighs for thee!

"My God, I accept whatever kind of death it may please Thee to send me, with all the terrors, all the pains, all the sufferings that shall justly accompany it. Finally, I pray Thee to accept
the destruction of my body as the last act of homage that I can offer to Thy Supreme Divine Majesty, in satisfaction for the offenses committed in the course of my life.

"O Mary, I ask thee for one more grace: Obtain from thy Divine Son that I may die with thee, and that I may fly to Heaven along with thee. O merciful Mother, grant that when my soul is liberated from this wretched body I may go immediately with thee to Heaven, there to commence that life which will be my occupation for all eternity.

It will be better still to say this prayer after every Holy Communion we receive.
Sacrament – Reconciliation

God’s Great Gift: Confession

http://catholicexchange.com/confession-%E2%80%93-is-it-still-necessary

(Pieta Prayer Book)
www.medjugorje.org/pieta.htm

(Graces derived from going to Confession)

1. If people knew the real value of Confession, they would be fighting to get into the Confessional.
2. This Sacrament of Reconciliation does much more than “just” rid us of our sins; it gives us a tremendous increase in sanctifying grace. It wins for us a higher place in Heaven, with increased union with God.
3. Each time we go to Confession, we are preserved from many dangers and misfortunes which might otherwise have befallen us.
4. Confession is reconciliation with God – we admit our faults, we confess our pride, we want to be again in union with Him – and from all this honest and sincere reformation of life will come God’s added grace. The power of Satan over us is diminished. We are helped to resist sin.
5. A devout Confession helps us to hear the inspirations of the Holy Spirit. It gives us added “spiritual muscles” and helps us to hear and follow the advice of our Guardian Angels. It rids us of mortal sin and gives us a greater desire to be free even of venial sin. It gives us a special preserving influenced against the fires of passion.

6. Pope Paul VI described Confession as: “…a school of moral wisdom, … a training ground for spiritual energy…” Pope Pius XII, St. Vincent de Paul, St. Philip Neri, Ven. Mary of Agreda and many others went to Confession every day. St. Francis of Rome went three times a day. These people knew how true it is that:

“Confession is good for the soul.”

(9 February 1976, in reference to the sacrament of penance, Jesus said) "Child, (when you go to confession, carry everyone in your heart). Go as often as possible! I will show you even more. Only here is the soul able to stand up against every storm. It will always be possible to find a priest ready to confess. Many are still led by the Holy Spirit: they are those who comprehend the great value of this sacrament. If man does not avail of it, every grace withers! "If only you knew how willingly I forgive! It can’t be expressed in words! If all were to repent of their sins, it would rain flowers …

"Do you know that repentance is a great gift? Man cannot kindle it by himself. It is a great virtue that comes from the Holy Spirit. He penetrates the whole soul with his Light. Thanks to repentance man grows beyond nature; it makes the soul fly. “Always nurture profound repentance! All one's past will be cancelled. God is full of Mercy for each individual soul. It is my desire to demolish everything that keeps distance (between) me (and souls), that is caused by evil, the wickedness of which is without comparison. All is mine, child, everything!

"In the sacrament of penance the soul is constantly renewed and given back to the Father. It is a font in which the soul is baptized anew. No man can imagine what happens in this sacrament. (…) "Woe! Woe! If this sacrament is not preserved! Who will want to free you from sin? Could there be anyone else (who would do it)? "Child, my Heart bleeds when I see how my love has been ignored.
"How the devil hates men! This is why you must help each other. Only Love can win." (On the subject of collective confessions, Jesus said):

“Those priests have much to answer for, as they are attacking the foundations! Indifference will spread and soon no one will go to receive the sacraments. Men will trust only in themselves and the enemy will have easy access to them.

"When someone kisses the cross I am united to him. It was erected, to my shame, to torment my soul. It was as being in a den of assassins, surrounded by enemies. How they offended my Mother, and her love for her Son! She knew my greatness; I knew her tender soul, how she cared for souls and for me. She saw me in everyone; she saw how I was despised. "All my blood flowed back to the father, who took every drop of it. It was for the purification of your souls. Every drop was shed for the sacrament of Penance which I managed to obtain from the Father as a gift. "My love was solemnly crowned. God cancelled man's debts once and for all! How many sins foundered in the stream of my Love! Thus, I approached sinners, I breathed on them so they could receive the Holy Spirit.

"Yes, the harvest is great! The Father grants with such abundance of Grace through the Holy Spirit. Come and draw from this Grace that God grants through this Sacrament. How the Father is near to you in this Sacrament! (He receives you) as the father received the prodigal son with such merciful love! It should always be so! To both souls and priests I say to keep this in mind and to believe! Kneel in humbleness and bow before the Father, for HE has said AMEN! "AND THEN, KISS MY WOUNDS; I POURED OUT MY BLOOD FROM THEM TO GIVE YOU THE NEW LIFE THAT ONLY I CAN GIVE! How hard it was when I carried the cross for you, to free you from sin and death! ONLY GOD, IN HIS INFINITE MERCY, CAN LOVE AS MUCH!
Here is a prayer to the Holy Spirit before receiving the Sacrament of Reconciliation. Let us ask God to give us the strength to always make a good confession.

Come, Holy Spirit, into my soul. Enlighten my mind that I may know the sins I ought to confess, and grant me the grace to confess them fully, humbly, and with a contrite heart. Help me to firmly resolve not to commit them again.

O Blessed Virgin, Mother of my Redeemer, mirror of innocence and sanctity and refuge of penitent sinners, intercede for me that I may obtain the grace to make a good confession.

All you blessed Angels and Saints of God, pray for me, a sinner, that I may repent from my sinful ways and that I may be forever united with you. Amen.

The general examination of conscience is most effective when it is practiced daily and once it becomes habitual, does not take more than a few minutes. Saint Ignatius in his Spiritual Exercises suggests five points for the examination of conscience.

1. An act of gratitude to God for all His benefits. (This will dispose the soul to the correct attitude for contrition.)
2. A petition for grace to know and detest one’s sins.
3. An accurate examination of one’s actions, thoughts, and motives throughout the day.
4. An Act of Contrition and an appeal for pardon, the principal point of the whole exercise.
5. A resolution to amend, a petition for God’s assisting grace, and finally an Our Father.
Catholic Prayer Book (CPB)

The ‘Particular’ examination of conscience is a specific method employed to assist in acquisition of one particular virtue or in the elimination of one particular vice. As such, it is very useful for anyone who wants to grow in holiness.

<table>
<thead>
<tr>
<th>Sin</th>
<th>Virtue</th>
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<tbody>
<tr>
<td>For those sins of Lust</td>
<td>May we be given the virtue of Chastity (purity)</td>
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<tr>
<td>(excessive sexual appetites)</td>
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<tr>
<td>For those sins of Gluttony</td>
<td>May we be given the virtue of Temperance (self-restraint)</td>
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<tr>
<td>(over-indulgence)</td>
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<tr>
<td>For those sins of Greed</td>
<td>May we be given the virtue of Charity (giving)</td>
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<tr>
<td>(avarice)</td>
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<tr>
<td>For those sins of Sloth</td>
<td>May we be given the virtue of Diligence (zeal/ integrity/ Labor)</td>
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<tr>
<td>(laziness/idleness)</td>
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<tr>
<td>For those sins of Wrath</td>
<td>May we be given the virtue of Forgiveness (composure)</td>
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<tr>
<td>(anger)</td>
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<tr>
<td>For those sins of Envy</td>
<td>May we be given the virtue of Kindness (admiration)</td>
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<tr>
<td>(jealousy)</td>
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<tr>
<td>For those sins of Pride</td>
<td>May we be given the virtue of Humility (humbleness)</td>
</tr>
<tr>
<td>(vanity)</td>
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Act of Contrition
(Pieta Prayer Book)
http://www.iipg.org/pieta.htm

Oh my God, I am heartily sorry for having offended thee, and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all because I have offended thee, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of thy grace, to confess my sins, to do penance, and to amend my life. Amen
Prayer After Confession

(To Re-Claim Ground Taken by Satan)

Dear Heavenly Father, strengthened by the intercession of the Immaculate Virgin Mary, Mother of God, of Blessed Michael the Archangel, of the Blessed Apostles Peter and Paul, and all the Saints and Angels in Heaven, and powerful in the holy authority of His Name, I cancel all ground that evil spirits have gained through my willful involvement in sin. I reclaim that ground and my life for Christ. Amen.
1. The anointing of the sick is administered to bring spiritual and even physical strength during an illness, especially near the time of death. It is most likely one of the last sacraments we will receive. A sacrament is an outward sign established by Jesus Christ to confer inward grace. In more basic terms, it is a rite that is performed to convey God’s grace to the recipient, through the power of the Holy Spirit.

2. The Catholic Church teaches that the Sacred Anointing of the Sick is one of the seven Sacraments of the New Testament, that it was instituted by Christ and that it is "alluded to in Mark (Mk. 6:13) and recommended to the faithful by James the Apostle.

3. The anointing of the sick conveys several graces and imparts gifts of strengthening in the Holy Spirit against anxiety, discouragement, and temptation, and conveys peace and fortitude (CCC 1520). These graces flow from the atoning death of Jesus Christ, for "this was to fulfill what
was spoken by the prophet Isaiah, ‘He took our infirmities and bore our diseases’” (Matt. 8:17).

4. In his steadfast love for us, the Lord gives us the sacraments involved in the last rites to comfort us in our final days and prepare us for the journey ahead. These include penance (or confession), confirmation (when lacking), anointing of the sick . . . and Viaticum (which is meant to be the last reception of Communion for the journey from this life to eternity). . . . How many may have avoided Purgatory had they received the anointing of the sick when dying.

5. Does a person have to be dying to receive this sacrament? No. The Catechism says, "The anointing of the sick is not a sacrament for those only who are at the point of death. Hence, as soon as anyone of the faithful begins to be in danger of death from sickness or old age, the fitting time for him to receive this sacrament has certainly already arrived" (CCC 1514). It can also be given just prior to a serious operation. The anointing can also be given repeatedly to someone if his/her condition becomes worse as well as for the elderly whose frailty becomes worse.

6. Therefore we have the sacrament of the Anointing of the Sick. It gives us graces as strengthening, peace and courage to overcome the difficulties that are associated with disease, illness and dying. It is a gift of the Holy Spirit. It also creates a union with the Passion of Christ. Just as Christ suffered and was glorified, we also receive grace through suffering, a consequence of original sin, so that there is healing of the soul.

Like almost all sacraments bishops and priests are the ordinary ministers. The faithful are encouraged to call upon a priest to perform this sacrament when it is known that someone is sick and/or dying. The priest or bishop will pray in silence and then anoint the sick person with oil. The sacramental act begins with the priest administering a short rite of penance, signifying forgiveness and reconciliation. This is followed by a reading. Then, in silence, the priest lays his hands on the sick person, and anoints the forehead and palms with oil, saying:

‘Is anyone sick among you? Let him bring in the priests of the Church; And let them pray over him, Anointing him with oil in the name of the Lord And the prayer of faith will save the sick man; And the Lord will raise him up; And if he has committed sins he will be forgiven’ (James 5:14-15).
**Why it is important to call for a priest to administer the Sacrament of Anointing of the Sick to a loved one who is near death?**

1. The sacrament of the Anointing of the Sick takes away all mortal and venial sins, even if the person is unconscious. To hear the person's last confession and to provide them with the Viaticum (Holy Eucharist), prepares them for their journey to Our Lord. In addition, the apostolic pardon takes away any temporal punishment (purgatory time) that remains for the soul. **Apostolic Pardon:** *(to be given by a priest only):* "By the authority granted me by the Holy See, I hereby grant you full pardon and remission of all your sins: In the Name of the Father + and of the Son and of the Holy Spirit. Amen."

2. The devil at the time of death tempts the soul to despair by accusing it of its sins. Among other reasons, Our Lord instituted the Chaplet of Divine Mercy to drive him away at this time.

3. To restore the dying person to health. Although this is not a primary reason for the last sacrament, God sometimes allows a dying person to become fully recovered after receiving this sacrament, when the healing of the body is of spiritual benefit to the soul.

4. To save the soul of a person who is estranged from God by being in an unrepentant state of mortal sin. I have personal knowledge of such a case where a priest was called in to administer the last sacrament, where the dying person became repentant as a result of prayers from his family, especially the recitation of the Divine Mercy Chaplet.

5. To give the dying person the courage and strength to withstand their sufferings, knowing that they are fully prepared to meet Our Divine Savior.

If a person is unconscious should you call the priest? Yes! The priest will administer a conditional anointing which will take away all mortal and venial sins, and if he gives the apostolic pardon, all purgatory time will be removed.

Theologians differ as to when exactly the soul departs. Many teach that the
soul remains for several hours in the vicinity of its body and can be conditionally anointed and given the apostolic pardon during this time.

The proper time for receiving this holy anointing has certainly arrived when the believer begins to be in danger of death because of illness or old age. The celebration of the Anointing of the Sick consists essentially in the anointing of the forehead and hands of the sick person (in the Roman Rite) or of other parts of the body (in the Eastern rite), the anointing being accompanied by the liturgical prayer of the celebrant asking for the special grace of this sacrament.

The special grace of the sacrament of the Anointing of the Sick has as its effects:
1. The uniting of the sick person to the passion of Christ, for his own good and that of the whole Church;
2. The strengthening, peace, and courage to endure in a Christian manner the sufferings of illness or old age;
3. The forgiveness of sins, if the sick person was not able to obtain it through the sacrament of Reconciliation;
4. The restoration of health, if it is conducive to the salvation of their soul;
5. The preparation of passing over to eternal life.

Through the Sacrament of the Anointing of the Sick we are assured that God will raise us up, like Jesus, from our bed of pain and sickness and lead us to eternal life. Through it we are comforted when we feel most abandoned.
Prayers for those Dying Today

(Pick prayers that you find appropriate)

Every day an average of 290,000 persons die, are judged and begin an eternity of endless bliss or hopeless misery.

Alas! it is to be feared that vast is the number of the dying who are in mortal sin, yet to be saved they need but the grace of a good confession or of an act of perfect contrition. Will you refuse to beg this grace for them from the Agonizing Heart of Jesus?

Do it now, tomorrow it will be too late to pray for those who are dying today!

PRAY FOR THE DYING-----Souls were purchased with the Blood of Christ, 290,000 will be judged today. Do not let the demons drag them into Hell. As you love Jesus, save them and bring joy to His Sacred Heart.
PRAY FOR THE DYING-----Have pity on the untold multitude of unbaptized children in danger of death; ask for them the grace of Baptism, and for the just in agony-----the grace of perseverance.

PRAY FOR THE DYING-----It is continuing the work of Jesus on earth, saving souls, aye, it is going into the very jaws of death to snatch souls from Hell to give them to Christ for eternity.

PRAY FOR THE DYING-----Justice demands it, if through your fault some souls have been lost, or are on the way to perdition. Save the dying if you have been a stumbling block to the living.

PRAY FOR THE DYING-----If you save but one soul a day, in ten years you will give 3650 elect to Heaven. What a crown for eternity! In return for your charity, consider the graces you will receive in time and the reward in store for you in eternity from our dear Lord, Who died for these souls. Think of the eternal gratitude of the loving Heart of Mary their Mother, of their Guardian Angels, and of the redeemed souls themselves. How well they will plead your cause, when your time comes to die. There is gratitude on earth, how much more there must be in Heaven.

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A Daily Prayer for the Dying

God's mercy is so abundant that He wants to shower it upon earth. He sent His only Son, Our Lord to redeem sinners at the cost of Calvary. Christ would have died on that Cross to redeem but one soul, yet the One Sacrifice was sufficient for all. Redemption, however, does not suffice for salvation, as St. Paul warns us to work out our salvation "in fear and trembling."

When the great Apostasy predicted by the Apostle to the Gentiles come upon us in these last days many souls are going to Hell: they either do not know how, or cannot pray for themselves.

But Jesus Christ is waiting and now is the acceptable time, if only we, who do believe and do pray, would only make it a daily habit of unfathomable charity and mercy, to pray for the dying. Here is a short invocation that can be said daily:

For those dying today …. 
• may Thy Blessed Mother guide them in asking for forgiveness
• may St. Joseph intercede for them at the Throne of God
• may they be given the grace to ask for or accept the Sacrament of the Sick
• may they be given the grace of a good confession or an act of perfect contrition
(For non-Catholics Pray “Lord be merciful to me a sinner” and receive my mercy and forgiveness)
• may they be inspired to ask God to receive their soul when they die.

If it should please Thy Majesty to send me a sufferings this day in exchange for the grace I ask for the souls dying today, then, it too, shall please me very much, and I thank Thee, Most Sweet Jesus.

Three Beautiful Prayers for those Dying Today
(Pieta Prayer Book)
http://www.medjugorje.org/pieta.htm

It is related that there once was a Pope in Rome who was surrounded by many sins. The Lord struck him with a fatal illness. When he saw that he was dying, he summoned Cardinals, bishops and learned persons and said to them: “My dear friends! What comfort can you give me now that I must die, and when I deserve eternal damnation for my sins?” No one answered him. One of them, a pious curate named John, said. “father, why do you doubt the Mercy of God?” The Pope replied, “What comfort can you give me now that I must die and fear that I’ll be damned for my sins’ John replied, “I’ll read three prayers over you; I hope you’ll be comforted and that you’ll obtain mercy from God.” The Pope was unable to say more. The curate and all those present knelt and said the following prayers:
Our Father

1. Lord Jesus Christ! Thou Son of God and Son of the Virgin Mary, God and Man! Thou Who in fear sweated blood for us on the mount of Olives in order to bring peace and to offer Thy Most Holy Death to God, Thy Heavenly Father, for the salvation of those dying today (State name here)… If it be, however, that by their sins they merit eternal damnation, then may it be deflected from them. This, O Eternal Father, through Our Lord Jesus Christ, Thy Dear Son, Who liveth and reigneth in union with thee and The Holy Spirit, now and forever. Amen

2. Lord Jesus Christ! Thou Who meekly died on the trunk of the Cross for us, submitting Thy Will completely to thy Heavenly Father in order to bring peace and to offer thy most Holy Death to thy Heavenly Father in order to free those dying today (State name here) and to hide from them what they have earned with their sins, grant this O Eternal Father! Through Our Lord Jesus, Thy Son, Who liveth and reigneth with thee in union with the Holy Spirit now and forever. Amen

3. Lord Jesus Christ! Thou Who remained silent to speak through the mouths of the prophets: I have drawn Thee to me through Eternal Love, which love drew Thee from heaven into the body of the Virgin, which love drew Thee from the body of the Virgin into the valley of this needful world, which Love kept Thee thirty-three years in this world. As a sign of great Love, thou has given Thy Holy Body as true food and Thy Holy Blood as true drink. As a sign of great love, Thou has consented to be a prisoner and to be led from one judge to another. As a sign of great
love, thou has consented to be condemned to death, and hast consented to die and to be buried and truly risen, and to appear to thy Holy Mother and all the holy apostles. As a sign of great love, Thou hast ascended under thy own strength and power, and sitteth at the right hand of God, Thy Heavenly Father. Thou has sent Thy Holy Spirit into the hearts of thy apostles and the hearts of all who hope and believe in thee. Through Thy sign of eternal love, open heaven today and take those dying today (State name here) …. And all their forgiven sins into the realm of Thy Heavenly Father, that they may reign with Thee now and forever. Amen

Meanwhile the Pope died. The curate persevered to the third hour. Then the Pope appeared to him in body and comforted him; his countenance as brilliant as the sun, his clothes as white as snow, and he said: “My dear brother! Whereas I was supposed to be a child of damnation, I’ve become a child of happiness. As you recited the first prayer, many of my sins fell from me as rain from heaven, and as you recited the second prayer, I was purified, as a goldsmith purifies gold in a hot fire. I was still further purified as you recited the third prayer. Then I saw heaven open and the Lord Jesus standing at the right hand of God the Father, who said to me: “Come, all thy sins are forgiven thee; you’ll be and remain in the realm of My Father forever. Amen!”

If these prayers are recited in the presence of a great sinner who is about to die, will aid them with many graces and even assist them in their suffering in purgatory so that they will be freed from any punishments that are due to their sins.

(Indulgenced by Pope Leo XIII, May 21, 1892)
The Lady of All Nations Prayer
http://www.marypages.com/AmsterdamEng.htm

The Lady of All Nations promised that the proclamation of the fifth and final Marian dogma would bring about a descent of the Holy Spirit in a fashion akin to the Pentecost and the founding of the Holy Catholic Church after Christ’s Ascension from earth to heaven.
During a series of 56 apparitions, lasting 14 years, a wide array of prophecies were given to Ida Peederman, a 40-year old office worker at an industrial firm, along with an image of the Blessed Mother standing on a globe with a cross behind her and a prayer. The revelations to Ida Peerdeman by the Lady of All Nations emphasize the importance of the Eucharist and portray in detail the events that precede and that will bring about the Triumph of the Immaculate Heart, most importantly the declaration of the final Marian dogma of Mary as The Lady of All Nations: Co-redemptrix, Mediatrix, and Advocate.

To prepare the world for this mysterious new Pentecost, the Lady of All Nations asked the faithful to share the image of her apparition in Amsterdam and to daily recite a short prayer:

**Lord Jesus Christ, Son of the Father, send now your Spirit over the earth. Let the Holy Spirit live in the hearts of all nations, that they may be preserved from degeneration, disaster, and war. May the Lady of All Nations, the Blessed Virgin Mary, be our Advocate. Amen.**

The previous four Marian Doctrines are:
1. Mary is the Mother of God (Council of Ephesus, 431)
2. Mary is a Perpetual Virgin (Lateran Council, 649)
3. The Immaculate Conception, Mary was born without original sin (Bl. Pius IV, 1854)
4. Mary was assumed body and soul into heaven (Pius XII, 1950)

**The Act of Love Prayer**
(For the Salvation of Souls)
(Can be said throughout the Day)
God has allowed Satan and his minions an allotted time to use his increase in power in the 20th and onto the 21st Century to attempt to destroy his (Catholic) church. Check out the following website.  
http://www.wjpbr.com/leoxiii.html

At the same time Mary, the blessed mother of God, has come at various times (LaSalette, Lourdes, Fatima, Garabandal, Medjugorje, etc.) to strengthen and prepare mankind for Satan’s onslaught. Different ages need different prayers, saints, mystics, etc. for divine assistance based on the condition of mankind at that time. So in the 20th Century God foresaw the abandonment of belief, increase in sects, new age, occults, etc. thus mankind, in general, need help to even reach a state of grace for salvation. Justine Klutz, a German mystic, who Jesus revealed the THE ACT OF LOVE prayer. This prayer is an extension of the prayer revealed by Jesus to Sister Consolata Betrone:

"Jesus, Mary, I love you! Save souls!" Consolata's prayer promised the salvation of one soul each time it is said. Jesus now asks us to pray the following, while USING the word THOUSAND, and promises the salvation of a thousand souls! This is how He asks us to pray:

**Jesus, Mary, I love you! Save priestly souls, save souls, I beseech You, and grant me to repeat this ACT OF LOVE A THOUSAND TIMES With my every breath, my every heartbeat.**

This is why Jesus defines this prayer a "nuclear part without equal... always begin the day like this and never call it otherwise!... I give you the word "thousand." It has never been this way! It is a gift of love of my divine soul... everyone is called to make this ACT OF LOVE. This is why it has to be spread and let be spread. It will become a giant flame, I promise you. Start with courage and always include the word "THOUSAND"! You cannot imagine what you
bring about with this ... "They are my words," says Jesus. "I wrote them into your heart." Let us trust in His infinite mercy, and adopt this new consignment to save those who risk losing their souls, by praying the Act of Love.

Note: Imprimatur e Vicariatu Urbis, die 29.11.13

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**Prayer to St. Jude**

https://secure2.convio.net/posh/site/Ecommerce?VIEW_PRODUCT=true&product_id=1111&store_id=1201

O glorious apostle St. Jude, true relative of Jesus and Mary, I salute you through the most Sacred Heart of Jesus. Through this Heart, I praise and thank God for all the graces He has bestowed upon you.

Humbly prostrate before you. I implore you through this Heart to look down upon me with compassion. Despise not my poor prayer and let not my trust be in vain. To you has been assigned the privilege of aiding mankind in the most desperate cases.

Oh come to my and the worlds aid that I may praise the mercies of God.

(List Here)

All my life I will be grateful to you and will be your faithful client until I can thank you in heaven. Amen
O MY GOD! Source of all mercy! I acknowledge Thy sovereign power. While recalling the wasted years that are past, I believe that Thou, Lord, can in an instant turn this loss to gain. Miserable as I am, yet I firmly believe that Thou can do all things. Please restore to me the time lost, giving me Thy grace, both now and the future, that I may appear before Thee in "wedding garments." Amen
O merciful God, we cry to Thee for pardon and for mercy.  
We are an unbelieving and perverse generation.  
We are disobedient, disloyal and ungrateful to Thee.  
We have excluded Thee from our homes, our schools, our places of business.  
We are no longer worthy to be called Thy children.  
Merciful Father, spare America!  Forgive us!  
Save us from the scourge we deserve.  
Teach us Thy law, and move our wills to serve Thee today and everyday.  
Merciful God, please spare America!  
O Immaculate Heart of Mary, Pray for us!
Through St. Faustina, the Merciful Savior has given the aching world new channels for the outpouring of His grace. These new channels include:

1. **The Chaplet of Divine Mercy**  
   (Said daily at 3 o’clock in the afternoon, the Hour of Great Mercy)

2. **The Novena to The Divine Mercy**  
   (The 9 days before Divine Mercy Sunday)

3. **The Feast of Divine Mercy** -  
   Sunday after Easter Sunday

4. **The Divine Mercy Image**

Although these means of receiving God’s mercy are new in form, they all proclaim the timeless message of God’s merciful love. They also draw us back to the great Sacrament of Mercy, the Holy Eucharist, where the living Lord, who suffered and died on the Cross and whose Heart was pierced with a lance, pours forth His mercy on all mankind, and grants pardon to all who draw near and honor Him. As Jesus told St. Faustina.
1. **The Chaplet of Divine Mercy**

   (Pieta Prayer Book)
   (Said daily At 3 o’clock in the afternoon - The Hour of Great Mercy)

   “At three o’clock implore My mercy especially for sinners; and, if only for a brief moment, immerse yourself in My Passion, particularly in My abandonment at the moment of agony.

   This is the hour of great mercy for the whole world. I will allow you to enter my mortal sorrow. In that hour, I will refuse nothing to the soul that makes a request of Me in virtue of My Passion.” (1320)

   ![Image of Jesus and Saint Faustina]

   **Divine Mercy in Song**
   
   https://www.youtube.com/watch?v=p5TGfisOKMM

   **Make the Sign of the Cross** - In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

   **Optional Opening Prayers** - You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelope the whole world and empty Yourself out upon us.

   **O Blood and Water** - O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You!
   (Repeat this line 3 times)
Our Father - Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil, Amen.

Hail Mary - Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen.

The Apostle's Creed - I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, Who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified; died, and was buried. He descended into Hell; the third day He arose again from the dead; He ascended into Heaven, sitteth at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Eternal Father - Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

On the Ten Small Beads of Each Decade - For the sake of His sorrowful Passion, have mercy on us and on the whole world.

Repeat for the Remaining Decades - Saying the "Eternal Father" on the "Our Father" bead and then "For the sake of His sorrowful Passion" on the following "Hail Mary" beads.
Conclude with Holy God (Repeat three times) - Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

Optional Closing Prayer - Eternal God, in whom mercy is endless and the treasury of compassion — inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

2. Novena to the Divine Mercy

http://www.divinemercysunday.com/novena.htm

(Divine Mercy 9 Day Novena which would begin on Good Friday.)

Jesus further asked that this Feast of the Divine Mercy be preceded by a Divine Mercy Novena which would begin on Good Friday. "On each day of the novena you will bring to My heart a different group of souls and you will immerse them in this ocean of My mercy."
First Day (Good Friday) - Today bring Me all mankind, especially all sinners.
Most Merciful Jesus, whose very nature it is to have compassion on us and to forgive us, do not look upon our sins, but upon our trust which we place in Your infinite goodness. Receive us all into the abode of Your Most Compassionate Heart, and never let us escape from It. We beg this of You by Your love which unites You to the Father and the Holy Spirit. Eternal Father, turn Your merciful gaze upon all mankind and especially upon poor sinners, all enfolded in the Most Compassionate Heart of Jesus. For the sake of His Sorrowful Passion show us Your mercy, that we may praise the omnipotence of Your mercy for ever and ever. Amen.

Second Day (Holy Saturday) - Today Bring Me the Souls of Priests and Religious.
Most Merciful Jesus, from whom comes all that is good, increase Your grace in us, that we may perform worthy works of mercy, and that all who see us may glorify the Father of Mercy who is in heaven. Eternal Father, turn Your merciful gaze upon the company [of chosen souls] in Your vineyard - upon the souls of priests and religious; and endow them with the strength of Your blessing. For the love of the Heart of Your Son in which they are enfolded, impart to them Your power and light, that they may be able to guide others in the way of salvation, and with one voice sing praise to Your boundless mercy for ages without end. Amen.
Third Day (Easter Sunday) - Today Bring Me All Devout and Faithful Souls.

Most Merciful Jesus, from the treasury of Your mercy, You impart Your graces in the great abundance to each and all. Receive us into the abode of Your Most Compassionate Heart and never let us escape from It. We beg this of You by that most wondrous love for the heavenly Father with which Your Heart burns so fiercely.

Eternal Father, turn Your Merciful gaze upon faithful souls, as upon the inheritance of Your Son. For the sake of His Sorrowful Passion, grant them Your blessing and surround them with Your constant protection. Thus may they never fail in love or lose the treasure of the holy faith, but rather, with all the hosts of Angels and Saints, may they glorify Your boundless mercy for endless ages. Amen.

Fourth Day (Monday) - Today Bring Me The Pagans and Those Who Do Not Know Me

Most Compassionate Jesus, You are the Light of the whole world. Receive into the abode of Your Most Compassionate Heart the souls of pagans who as yet do not know You. Let the rays of Your grace enlighten them that they, too, together with us, may extol Your wonderful mercy; and do not let them escape from the abode which is Your Most Compassionate Heart. Eternal Father, turn Your merciful gaze upon the souls of pagans and of those who as yet do not know You, but who are enclosed in the Most Compassionate Heart of Jesus. Draw them to the light of the Gospel. These souls do not know what great happiness it is to love You.
Grant that they, too, may extol the generosity of Your mercy for endless ages. Amen.

Fifth Day (Tuesday) - Today Bring to Me the Souls of Heretics and Schismatics

Most Merciful Jesus, Goodness Itself, You do not refuse light to those who seek it of You. Receive into the abode of Your Most Compassionate Heart the souls of heretics and schematics. Draw them by Your light into the unity of the Church, and do not let them escape from the abode of Your Most Compassionate Heart; but bring it about that they, too, come to glorify the generosity of Your mercy. Eternal Father, turn Your merciful gaze upon the souls of heretics, and schematics, who have squandered Your blessings and misused Your graces obstinately persisting in their errors. Do not look upon their errors, but upon the love of Your Own Son and upon His bitter Passion, which He underwent for their sake, since they, too, are enclosed in the Most Compassionate Heart of Jesus. Bring it about that they also may glorify Your great mercy for endless ages. Amen.

Sixth Day (Wednesday) - Today Bring Me The Meek and Humble Souls and the Souls of Little Children

Most Merciful Jesus, You Yourself have said, "Learn from Me for I am meek and humble of heart." Receive into the abode of Your Most Compassionate Heart all meek and humble souls and the souls of little children. These souls send all heaven into ecstasy, and they are the heavenly Father's favorites. They are a sweet-smelling bouquet before the throne of God; God Himself takes delight in their fragrance.
These souls have a permanent abode in Your Most Compassionate Heart, O Jesus, and they unceasingly sing out a hymn of love and mercy. Eternal Father, turn Your merciful gaze upon meek and humble souls, and upon the souls of little children, who are enfolded in the abode of the Most Compassionate Heart of Jesus. These souls bear the closest resemblance to Your Son. Their fragrance rises from the earth and reaches Your very throne. Father of mercy and of all goodness, I beg You by the love You bear these souls and by the delight you take in them: bless the whole world, that all souls together may sing out the praises of Your mercy for endless ages. Amen

Seventh Day (Thursday) - Today Bring Me The Souls Who Especially Venerate and Glorify My Mercy

Most Merciful Jesus, whose Heart is Love Itself, receive into the abode of Your Most Compassionate Heart the souls of those who particularly extol and venerate the greatness of Your Mercy. These souls are mighty with the very power of God Himself. In the midst of all afflictions and adversities they go forward, confident in Your Mercy. These souls are united to Jesus and carry all mankind on their shoulders. These souls will not be judged severely, but Your mercy will embrace them as they depart from this life.

Eternal Father, turn Your merciful gaze upon the souls who glorify and venerate Your greatest attribute, that of Your fathomless mercy, and who are enclosed in the Most Compassionate Heart of Jesus. These souls are a living Gospel; their hands are full of deeds of mercy and their spirit, overflowing with joy, sings a canticle of mercy to You, O Most High! I beg You O God: Show them Your mercy
according to the hope and trust they have placed in You. Let there be accomplished in them the promise of Jesus, who said to them, "I Myself will defend as My own glory, during their lifetime, and especially at the hour of their death, those souls who will venerate My fathomless mercy."

Eighth Day (Friday) - Today Bring Me The Souls Who Are In the Prison Of Purgatory
Most Merciful Jesus, You Yourself have said that You desire mercy; so I bring into the abode of Your Most Compassionate Heart the souls in Purgatory, souls who are very dear to You, and yet who must make retribution to Your justice. May the streams of Blood and Water which gushed forth from Your Heart put out the flames of purifying fire, that in that place, too, the power of Your mercy may be praised. Eternal Father, turn Your most merciful gaze upon the souls suffering in Purgatory, who are enfolded in the Most Compassionate Heart of Jesus. I beg You, by the sorrowful Passion of Jesus Your Son, and by all the bitterness with which His most sacred Soul was flooded, manifest Your mercy to the souls who are under Your just scrutiny. Look upon them in no other way than through the Wounds of Jesus, Your dearly beloved Son; for we firmly believe that there is no limit to Your goodness and compassion. Amen.

Ninth Day (Saturday) - Today Bring Me The Souls Who Have Become Lukewarm
Most Compassionate Jesus, You are Compassion Itself. I bring lukewarm souls into the abode of Your Most
Compassionate Heart. In this fire of Your pure love let these tepid souls, who, like corpses, filled You with such deep loathing, be once again set aflame. O Most Compassionate Jesus, exercise the omnipotence of Your mercy and draw them into the very ardor of Your love; and bestow upon them the gift of holy love, for nothing is beyond Your power.

Eternal Father, turn Your merciful gaze upon lukewarm souls who are nonetheless enfolded in the Most Compassionate Heart of Jesus. Father of Mercy, I beg You by the bitter Passion of Your Son and by His three-hour agony on the Cross: let them, too, glorify the abyss of Your mercy. Amen
Divine Mercy Sunday is a very special Sunday when the Divine Floodgates from Heaven are wide-opened and Jesus offers us the total forgiveness of all sins and punishment to any soul, who goes to Confession and receives Him in Holy Communion, on that day.

Note: To properly celebrate the Feast of Divine Mercy and to receive the forgiveness of all sins and punishment you must go to Confession to a Catholic priest within 20 days before or after Divine Mercy Sunday.

Or if you are in the state of very serious or mortal sin, you must always confess them before receiving Jesus in Holy Communion, or you will also commit a sacrilege, which is also a very serious sin. If you haven’t been going to Sunday Mass without any good reason, you may be in a state of serious sin and you must confess before receiving Jesus in Holy Communion.
Devotions to the Sacred Heart of Jesus
(Pick prayers that you find appropriate)

Sacred Heart Devotion (Nine First Fridays)

www.prayerbook.com/Devotions/Sacred%20Heart/sacredHe.htm
http://www.catholictradition.org/Two-Hearts/devotion12.htm

Read about Don Bosco’s dream of the two Pillars of the Catholic Church. (Sacred & Immaculate Heart)

http://www.todayscatholicworld.com/two-pillars-bosco.htm

Listed below are the “12 Promises” of the Sacred Heart of Jesus to St. Margaret Mary to encourage all Catholics to know and understand the benefit of practicing the Devotion and to encourage all to take up its immediate practice.

1. I will give them all the graces necessary in their state of life.
2. I will give peace in their families and will unite families that are divided.
3. I will console them in all their troubles.
4. I will be their refuge during life and above all in death.
5. I will bestow the blessings of Heaven on all their enterprises.
6. Sinners shall find in my Heart the source and infinite ocean of mercy.
7. Tepid souls shall become fervent.
8. Fervent souls shall rise quickly to great perfection.
9. I will bless those places wherein the image of My Heart shall be exposed and honored and will imprint My love on the hearts of those who would wear this image on their person. I will also destroy in them all disordered movements.
10. I will give to priests who are animated by a tender devotion to my Divine Heart the gift of touching the most hardened hearts.
11. Those who promote this devotion shall have their names written in my Heart, never to be effaced.
12. I promise you in the excessive mercy of my Heart that my all-powerful love will grant to all those who communicate on the First Friday in nine consecutive months, the grace of final penitence: they will not die in my disgrace, nor without receiving their Sacraments. My Divine Heart shall be their safe refuge in this last moment.

The devotions attached to these promises are:

- Receiving Communion frequently
- First Fridays: going to Confession (within 8 days) and receiving the Eucharist on the First Friday of each month for nine consecutive months. Many parishes will offer public First Friday devotions; if they do, you must perform First Fridays publicly. If it isn't so offered in your parish, you can do this privately, going to Confession, receiving the Eucharist, and offering your prayers for the intention of the Holy Father.
- Holy Hour: Eucharistic Adoration for one hour (typically on First Friday) "Could you not watch one hour with me?" Holy Hour can be made alone or as part of a group with formal prayers.
- Celebrating of the Feast of the Sacred Heart (see below)
Behold this heart that has loved men so much, and that finds only indifference, neglect, and ingratitude among most men ---- and even among those whom it has honored with a special love.

Lord, we have heard your sorrowful complaints. You have revealed to the blessed servant and disciple of your heart, St. Margaret Mary, that you felt greater sorrow over this ingratitude than over all the sufferings You endured in your passion, that if men would only make some return of love, you would count as nothing all you have done for them.

Therefore lord we will try to return love for love. Through our grateful compassionate love we shall be able to offer you at least some consolation. We want to live a life perfect, in immolation, in service, in love as your heart so greatly desired.
Just as Mary Magdalen poured ointment over your feet and sacred head we likewise offer you adoration, love, humility and loyalty. With Veronica, we desire to console you for all abuse that has been heaped upon you. And finally, with your Blessed Mother, St. John, and all the loyal and devoted friends standing on Calvary, we will stand by you faithfully to make up for your many loved ones who have deserted you.

May the Sacred Heart of Jesus be loved everywhere.

To the heart of Jesus most worthy of adoration, be praised, thanksgiving, and consolation throughout the whole world, now and forever. Amen

Consecration to the Sacred Heart of Jesus
(Renew this every First Friday)

Most Sacred Heart of Jesus, Abyss of Mercy and Source of every grace and blessing, I consecrate and unite myself to You without exception or reserve - all that I am and all that I have, both temporal and spiritual, past present and future, through the Immaculate Heart of Mary, your Mother. I leave myself entirely at Your disposal with complete confidence in Your Mercy and Love and I beg You to look upon this offering of my nothingness before You and to use me for Your own glory, for
the honor of Your Mother and for the salvation of souls. Help me to seek You alone in all things. Hide me in the shelter of Your Most Sacred Heart and be my only Consolation and Refuge.

Grant me the graces I need to joyfully accept Your Cross daily, to lead a holy life and to die a holy death in Your service. Help me to trust completely in Your Mercy and Love and never to fear to humbly throw myself before the infinite Ocean of mercy which is Your Most Sacred Heart, especially at those times when I may fail in my faithfulness in Your service. Through this weak and miserable instrument, may Your Mercy, Love, glory and power shine forth. Above all, set my poor heart on fire with the Flame of Love which burns in Your Most Sacred Heart, and teach me how to return love for Love. Most Sacred Heart of Jesus, have mercy on me - for I place all my trust in You.

Consecration of the Human Race to the Sacred Heart of Jesus


Most sweet Jesus, Redeemer of the human race, look down upon us humbly prostrate before Your altar (or in Your presence). We are Yours, and Yours we wish to be; but, to be more surely united with You, behold each one of us freely consecrates himself today to
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Your Most Sacred Heart. Many indeed have never known You; many too, despising Your precepts, have rejected You. Have mercy on them all, most merciful Jesus, and draw them to Your Sacred Heart.

Be King, O Lord, not only of the faithful who have never forsaken You, but also of the prodigal children who have abandoned You; grant that they may quickly return to their Father's house lest they die of wretchedness and hunger.

Be King of those who are deceived by erroneous opinions, or whom discord keeps aloof; call them back to the harbor of truth and unity of faith, so that soon there may be but one flock and one Shepherd.

Grant, O Lord, to Your Church assurance of freedom and immunity from harm; give peace and order to all nations, and make the earth resound from pole to pole with one cry: Praise to the Divine Heart that wrought our salvation; to It be glory and honor forever. Amen.
Consecration of Families to the Sacred Heart of Jesus


O most Sacred Heart of Jesus, Thou didst reveal to the blessed Margaret Mary Thy desire to rule over Christian families; behold, in order to please Thee, we stand before Thee this day, to proclaim Thy full sovereignty over our family. We desire henceforth to live Thy life, we desire that the virtues, to which Thou hast promised peace on earth, may.

flower in the bosom of our family; we desire to keep far from us the spirit of the world, which Thou hast condemned

Thou art King of our hearts by our love of Thee alone, with which our hearts are on fire and whose flame we shall nourish by frequent reception of the Holy Eucharist. Be pleased, O Sacred Heart, to preside over our gathering together, to bless our spiritual and temporal affairs, to ward off all annoyance from us, to bless our joys and comfort our sorrows. If any of us has ever been so unhappy as to fall into the misery of displeasing Thee, grant that he may remember, O Heart of Jesus, that Thou art full of goodness and mercy toward the repentant sinner. And when the hour of separation strikes and
death enters our family circle, whether we go or whether we stay, we shall all bow meekly before Thine eternal decrees. This shall be our consolation, to remember that the day will come, when our entire family, once more united in heaven, shall be able to sing of Thy glory and Thy goodness forever.

May the immaculate Heart of Mary and the glorious Patriarch Saint Joseph vouchsafe to offer Thee this our act of consecration, and to keep the memory thereof alive in us all the days of our lives.

Glory to the Heart of Jesus, our King and our Father! Amen.

O most holy Heart of Jesus, fountain of every blessing, I adore You, I love You, and with a lively sorrow for my sins, I offer You this poor heart of mine. Make me humble, patient, pure and wholly obedient to Your will. Grant good Jesus, that I may live in You and for You.

Protect me in the midst of danger; comfort me in my afflictions; give me health of body, assistance in my temporal needs, Your blessing on all that I do, and the grace of a holy death.
1 In Message #25, "My Faithful Cohort," Mary explains what is expected of the religious and lay members of her Movement.

2 "Of the faithful, who are supporters of my Movement, I ask:"

1. That they consecrate themselves in a special way to my Immaculate Heart,
"That they consecrate themselves in a special way to my Immaculate Heart, without being concerned for external or juridical bonds, but only for giving themselves completely to me, so that I may dispose freely of their whole being and arrange their whole life according to my plans.

They must let themselves be led by me, like little children. They must begin again to pray more, to love Jesus more, to adore Him more in the mystery of the Eucharist, so that He becomes the sun which illuminates their whole life. What joy and what a gift of love will Jesus in the Eucharist communicate to these faithful who are consecrated to me!

Let them recite the holy rosary every day so as to hasten my great return." (25ijk) "This is then the hour to have recourse to the great remedy that the Father offers you to resist the seductions of the Evil One and to oppose the real apostasy which is spreading more and more among my poor children. Consecrate yourselves to my Immaculate Heart.

To everyone who consecrates himself to me, I again promise: safety from error in this world and eternal salvation. You will obtain this through my special motherly intervention. Thus I will prevent you from falling into the enticements of Satan. You will be protected and defended by me personally; you will be consoled and strengthened by me." (99ijk, May 13, 1976)

2. That they be faithful to the Pope and to the Church united to him.

"That they be faithful to the Pope and to the Church united to him, by a total obedience to his commands, anticipating and seconding his desires, spreading his teachings, defending him from every attack, ready to fight even to the shedding of their blood in order to remain united to him and faithful to the Gospel. There will soon come a time when only those who are with the Pope will succeed in keeping the faith of my Son and being preserved from the great apostasy that will be spread everywhere." (25 lm)

3. That they must observe the commandments of God . . .

"That they must observe the commandments of God and carry out everything that my Son Jesus has taught so that they may be his true disciples. Thus they will be a good example to all. Let them be just that, especially by an austere
manner of life, by repudiating styles which are ever increasingly provocative and indecent, by opposing in every way possible the spread of immoral literature and entertainment and this continual flooding from a sea of filth that is submerging everything. Let them be a good example to all by their purity, their sobriety and their modesty." (25n-p)

"These faithful children of mine will be called by me and formed for this great task: to prepare this world for the great purification which awaits it, so that at last a new world may be born, completely renewed by the light and the love of my Son Jesus, who will reign over all." (25r)

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**Immaculate Heart Devotion (5 First Saturdays)**

_The Great Promise of Our Lady of Fatima to Those Who Make the Five First Saturdays_

[http://www.shrineofsaintjude.net/home1211.html#The Great Promise](http://www.shrineofsaintjude.net/home1211.html#The Great Promise)

Read about Don Bosco’s dream of the two Pillars of the Catholic Church.

(Sacred Heart & Immaculate Heart)

"I promise to help at the hour of death, with the Graces needed for salvation, whoever on the First Saturday of five consecutive months, shall:

1. Confess;
2. And receive Communion;
3. Recite five decades of the Rosary;
4. And keep me company for fifteen minutes while meditating on the mysteries of the Rosary, with the intention of making reparation to me."

Note that the reception of the Sacrament of Penance may be made eight days before or after the reception of the Sacrament of the Most Holy Eucharist which must be received on each of the Five Consecutive First Saturdays. A sermon, of any length, may take the place of the 15 minutes of meditation on the mysteries of the Rosary. It is well worth the effort involved to make the Five First Saturdays, and do so frequently, because Our Lady promised that she will assist those who do these things at the hour of death with the graces necessary for salvation!

The 5 Saturdays Honoring Mary are for:
1. Blasphemies against the Immaculate Conception
2. Blasphemies against her perpetual virginity
3. Blasphemies against the divine and spiritual maternity of Mary
4. Blasphemies involving the rejection and dishonoring of her images
5. The neglect of implanting in the hearts of children a knowledge and love of this Immaculate Mother.

"O my Jesus, I offer this for love of Thee, for the conversion of sinners, and in reparation for the sins committed against the Immaculate Heart of Mary. (Sacrifice Prayer)"

Act of Reparation for First Saturdays
http://www.miraclerosarymission.org/ihm1.htm
Most holy Virgin and our beloved Mother, we listen with grief to the complaints of your Immaculate Heart surrounded with the thorns that ungrateful people place therein at every moment by their blasphemes and ingratitude. Moved by the ardent desire of loving you as our Mother and promoting a true devotion to your Immaculate Heart, we prostrate ourselves at your feet to prove the sorrow we feel for the grief that people cause you, and to atone by means of our prayers and sacrifices, for the offences which people repay your tender love. Obtain for them and for us the pardon of so many sins. A word from you will obtain grace and forgiveness for us all.

Hasten, O Lady, the conversion of sinners, so they may love Jesus and cease to offend God, already so much offended, and thus avoid eternal punishment. Turn your eyes of mercy towards us, so that henceforth we may love God with all our heart while on earth and enjoy Him forever in heaven. Amen

Jesus, savior of the world sanctify your priests and sacred ministers.

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**Rosary - The Power of Group Prayer**

[http://www.rosary-center.org/secret.htm](http://www.rosary-center.org/secret.htm)

During one of the cenacles which Fr. Gobbi held in the United States, he was urged by many concerned people to ask Our Lady specifically what could be done to save the youth from the seductions of the world which were leading many of them astray and causing them to leave the Church. Our Lady gave Fr. Gobbi this definite and final solution to console the parents who are so
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concerned about the salvation of their children. Every time you pray the Rosary say:

"With this Rosary I bind all my children to the Immaculate Heart of Mary."

Go to this website to pray the Rosary in group prayer: www.rosary-center.org/comepray.htm

Or catch it on YouTube. www.youtube.com/watch?v=4l3pSrH_xEs

"Praying in common is of the greatest benefit to us because, when we pray in common, the prayer of each one belongs to the whole group to make all together one prayer.

So that if one person is not praying well, someone else in the same gathering who is praying better makes up for his deficiency.

"One who says his rosary alone only gains the merits of one rosary, but if he says it with 30 other people he gains the merit of 30 rosaries. That's the law of public prayer. How profitable. How advantageous this is...

"Public prayer is more powerful than private prayer to appease the anger of God, to call down His mercy.

The Promises of the Rosary

http://www.themostholyrosary.com/15promises.htm
Fifteen promises of Our Lady to Christians who recite the rosary (from the Sisters of Carmel, Given to St. Dominic and Blessed Alan)

1. Whoever shall faithfully serve me by the recitation of the rosary shall receive signal graces.
2. I promise my special protection and the greatest graces to all those who shall recite the rosary.
3. The rosary shall be a powerful armor against hell; it will destroy vice, decrease sin and defeat heresies.
4. It will cause virtue and good works to flourish; it will obtain for souls the abundant mercy of God; it will withdraw the hearts of men from the love of the world and its vanities and will lift them to the desire of eternal things. Oh, that souls would sanctify themselves by this means!
5. The soul which recommends itself to me by the recitation of the rosary shall not perish.
6. Whoever shall recite the rosary devoutly, applying himself to the consideration of its sacred mysteries, shall never be conquered by misfortune. God will not chastise him in His justice, he shall not perish by an unprovided death; if he be just, he shall remain in the grace of God and become worthy of eternal life.
7. Whoever shall have a true devotion for the rosary shall not die without the sacraments of the Church.
8. Those who are faithful to recite the rosary shall have during their life and at their death the light of God and the plenitude of His graces; at the moment of death, they shall participate in the merits of the saints in paradise.
9. I shall deliver from purgatory those who have been devoted to the rosary.
10. The faithful children of the rosary shall merit a high degree of glory in heaven.
11. You shall obtain all you ask of me by the recitation of the rosary.
12. All those who propagate the holy rosary shall be aided by me in their necessities.
13. I have obtained from my Divine Son that all the advocates of the rosary shall have for intercessors the entire celestial court during their life and at the hour of death.

14. All who recite the rosary are my sons, and brothers of my only son Jesus Christ.

15. Devotion to my rosary is a great sign of predestination.

I saw another group ...with some luminous rosaries in their hands....One of them carried a very large open book. He would read, and after listening they silently meditated. They appeared to be as if in prayer. After this period of prayer in silence they then prayed the Our Father and ten Hail Mary's. I prayed with them. When the Rosary was finished, Our Lady said to me:

"These are the first one to whom I gave the Rosary. That is the way that I want all of you to pray the Rosary." (Read a scripture, meditate, then pray)
~ Our Lady of Nicaragua, 1980****

Total Consecration to the Immaculate Heart of Mary

(Can be said once or periodically renewed)
St. Louis de Montfort (A.D. 31 January 1673 - 28 April 1716)
Read the “Total Consecration” Process on this website
www.fisheaters.com/totalconsecrationmontfort.html

"I am all thine and all I have is thine, O dear Jesus, through Mary, Thy holy Mother."
"We never give more honour to Jesus than when we honour his Mother, and we honour her simply and solely to honour him all the more perfectly. We go to her only as a way leading to the goal we seek - Jesus, her Son."

-Saint Louis Marie de Montfort

Consecration to Jesus through Mary

(Renew every First Saturday)

http://www.catholicbible101.com/Prayers%20to%20Mary.pdf
I, (your name), a faithless sinner—renew and ratify today in thy hands, O Immaculate Mother, the vows of my Baptism; I renounce forever Satan, his pomp's and works; and I give myself entirely to Jesus Christ, the Incarnate Wisdom, to carry my cross after Him all the days of my life, and to be more faithful to Him than I have ever been before. In the presence of all the heavenly court I choose thee this day, for my Mother and Mistress. I deliver and consecrate to thee, as thy slave, my body and soul, my goods, both interior and exterior, and even the value of all my good actions, past, present and future; leaving to thee the entire and full right of disposing of me, and all that belongs to me, without exception, according to thy good pleasure, for the greater glory of God, in time and in eternity. Amen.
Queen of the Most Holy Rosary, I renew my consecration to you and to your Immaculate Heart. Please accept me, my dear Mother, and use me as you wish to accomplish your designs upon the world. I am all yours, my Mother, my Queen, and all that I have is yours.
Every Wednesday is dedicated in a special way to St. Joseph. Make the Nine First Wednesdays [in a manner similar to the Nine First Fridays of the Sacred Heart] in honor of St. Joseph for a happy death, for yourself and your dear ones.

As charity is one of the best ways to be worthy of the grace of a happy death, offer your First Wednesday Mass and Communion and devotions in honor of St. Joseph in a special way for the salvation of the dying, most especially for an undying sinner who is to lose his soul without the grace of final repentance.

Our Lord permits St. Joseph to take from His Divine treasury with full hands in order to give souls the treasures of Divine grace and mercy, like Joseph, the son of Jacob, who took corn from the granaries of the King of Egypt to feed his brethren and all who had recourse to him. From the heights of Heaven, the King of Glory speaks to us the same words as Pharaoh spoke to the starving people of Egypt: "Go to Joseph."

The Go to Joseph Prayers

I - In the miseries of this vale of tears, to whom shall we have recourse, O blessed Joseph, if not to thee, to whom thy beloved spouse Mary entrusted all her rich treasures, that thou might keep them to our advantage? "go to my spouse, Joseph," Mary
seems to say to us, "and he will comfort you, he will deliver you from the misfortunes which now oppress you and will make you happy and contented" Have pity on us, therefore, O St. Joseph; have pity on us through that love which thou didst cherish toward a spouse so worthy and amiable.

Our Father ... Hail Mary ... Glory Be ...

II - We are fully conscious that we have offended the justice of God by our sins and deserve His most severe chastisements. Now what shall be our place of refuge? "go to Joseph," Jesus seems to say to us; "Go to Joseph, in whom I was well pleased and whom I had for My foster father. To him, as to a father, I have communicated all power, that he may use it for your good according to his own desire." Pity us, therefore, O blessed Joseph, pity us, for the great love thou didst bear toward a Son so admirable and so dear.

Our Father ... Hail Mary ... Glory Be ...

III - Unhappily the sins we have committed call down upon the heaviest scourges: this we must confess. In what ark shall we take refuge in order to be saved? Where shall we find the blessed rainbow that shall give us comfort and hope in the midst of our afflictions? "Go to Joseph," the Eternal father seems to say to us: "Go to him who took My place on earth with regard to My Son made man. I entrusted to his keeping My Son, who is the unfailing source of grace; therefore, every grace is in his hands." Pity us, then, dear St. Joseph, pity us by thy great love for Almighty God, Who has been so generous to thee.

Our Father ... Hail Mary ... Glory Be ...
Saint Joseph, I offer this prayer daily for family and friends. I ask you to pick each day the one in most need.

O GLORIOUS PATRIARCH St. Joseph, who merited to be called "just" by the Holy Ghost, I urgently recommend to you the soul of [a family or friend in most need], which Jesus redeemed at the price of His Precious Blood. Thou knowest how deplorable is the state and how unhappy the life of those who have banished this loving Savior from their hearts, and how greatly they are exposed to the danger of losing Him eternally. Permit not, I beseech thee, that a soul so dear to me should continue any longer in its evil ways; preserve it from the danger that threatens it; touch the heart of the prodigal child and conduct them back to the bosom of the fondest of fathers.

Abandon them not, I implore thee, till thou hast opened to them the gates of the Heavenly city, where they will praise and bless thee throughout eternity for the happiness which they will owe to thy powerful intercession. Amen.
This prayer was found in the 50th year of our Lord and Savior Jesus Christ. In 1505 it was sent from the Pope to Emperor Charles when he was going into battle. Whoever shall read this prayer or hear it or keep it about themselves shall never die a sudden death or be drowned, nor shall poison take effect on them ---- neither shall they fall into the hands of the enemy or be burned in any fire or be overpowered in battle. Say for nine mornings for anything you desire. It has never been known to fail, provided that the request is for one’s spiritual benefit or for those we are praying for. (Imprimatur - Most Rev. George V. Ahr, Bishop of Trenton)

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires. O St. Joseph, do assist me by your powerful intersession and obtain for me from your Divine Son all spiritual blessing through Jesus Christ, our Lord; so that
having engaged here below your heavenly power, I may offer thanksgiving and homage to the most loving of Fathers. O St. Joseph, I never weary of contemplating you and Jesus sleeping in your arms. I dare not approach while He reposes near your heart. Press Him in my name and kiss his fine head for me, and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for me. Amen
St. Gertrude Purgatory Prayer - Our Lord dictated the following prayer to St. Gertrude the Great to release a vast number of Souls from Purgatory each time it is said.

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the masses said throughout the world today, for all the holy souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

Suggestion: When praying for a Living family, relative or friend’s intentions (health, sickness, operation, job, finances, spiritual, etc.) suggest using this prayer. Ask our lady to release from purgatory family and friends of this individual and that they, in turn, petition our lord for their intentions. They will then have a “vast number” of souls in heaven continually praying for them.
The “Heroic Act of Charity” for the Holy Souls

(Can be said once or periodically renewed)

http://www.copiosa.org/prayer_sinners/purgatory_heroic_act.htm

The heroic act of charity is made by offering for the faithful departed all of your works in this life as well as the prayers offered for you after your death. All of these are put in the hands of the Virgin Mary to use for the benefit of the Holy Souls. This act has great benefits.

One who has made it can gain many indulgences, innumerable souls are released in this way from Purgatory, it obtains the special love of the Holy Trinity, Our Lord, the saints and Our Blessed Mother. After you have made this act the Holy Souls become your particular debtors and will labor for your benefit so that you will not be lost or undergo severe purgatory. It gives great honor to the Blessed Virgin and is not in any way to be feared as God is never, never outdone in generosity. It goes as follows:

"O my God, in union with the merits of Jesus and Mary, I offer Thee for the souls in Purgatory, all my satisfactory works, as well as those which may be applied to me by others during my life and after my death. And so as to be more agreeable to the Divine Heart of Jesus and more helpful to the departed I place them all in the hands of the merciful Virgin Mary. Amen."

All the faithful who have made this act may obtain a plenary indulgence applicable only to the departed every time they receive Holy Communion, provided they visit a church and pray for the intentions of the Holy Father. St. John Vianney once said:
“The good God will render us back the good we do for them (poor souls in Purgatory) a hundred fold.”

**Novena for the Holy Souls**

(Sign up living or deceased family or friends to be perpetually prayed for)

FRIENDS OF THE SUFFERING SOULS (FOSS)

http://www.knocknoven.com/index.htm

Sign as many members of your family as you wish to this “Novena for the Suffering Souls” website. Its advantages – Each family member, including you, you sign up, living or dead, is benefited by “all” the masses. For example from 2012 on over 100 Masses were said daily for those souls signed up. Its obligations – Have a mass said “yearly” for each family member signed up. The Mass said will read as follows “For the Holy Souls in Purgatory.” Note: not sure how a living member is benefited but as Christ said. “I shall never be outdone in generosity to those who pray for the souls in purgatory.”

Other websites on “Act of Charity” to suffering souls

www.copiosoa.org/prayer_sinners/purgatory_heroic_act.htm

www.newadvent.org/cathen/07292b.htm
"I adore Thee, O Holy Cross, which has been adorned with the tender, delicate and venerable hands and feet of my Savior, Jesus Christ, and immured with the Precious Blood. I adore Thee, my God, nailed to the Cross for me. I adore Thee again, O Holy Cross, for the love of my Lord and Savior, Jesus Christ. Amen."

(Revealed to St. Bridget that if said devoutly 33 times on Good Friday-- 33 souls will be released from Purgatory. 3 souls on ordinary Fridays.)
During November, Holy Church promotes prayers for the souls in purgatory. We can help (plenary or partial indulgences) the souls in Purgatory through our good works as assigned by the Church, who has the authority from Christ to apply to them the merits of His Passion and death, and the merits of the saints.

**To obtain a Plenary Indulgence on November 2, All Souls Day:**
- Make a good confession within a week before or after All Souls
- Be free from all attachment to sin, even venial sin, for a plenary indulgence
- Visit a church to pray for the faithful departed
- Say one “Our Father” and the “Creed” during a visit to the church
- Say one “Our Father” and one “Hail Mary” for the Pope’s monthly intentions
- Receive Holy Communion, on the same day or soon after

**To obtain a Plenary Indulgence from 1-8 November**
- Make a good Confession within a week of before or after All Souls Day
- Be free from all attachment to sin, even venial sin, for a plenary indulgence
- Visit a cemetery and pray for the dead
- Say one “Our Father” and one “Hail Mary” for the monthly intentions set by the Pope
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- Receive Holy Communion worthily on the same day or soon after
- Several indulgences may be gained on the basis of a single confession but only one may be gained after a single good reception of Communion and prayer for the Pope’s intentions.
- If you are not correctly disposed or if you don’t fulfill the prescribed works and/or the three conditions the indulgence will be partial and not plenary.

Even if you do not obtain a full Plenary Indulgence there can be no doubt that these above practices will be immensely beneficial to the Holy Souls. Note: This indulgence is applicable only to the souls in purgatory.

Eternal Rest Prayer

https://praycatholic.wordpress.com/common/eternal-rest/

(When visiting or passing a cemetery or viewing this image pray...)

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.
Evening Prayers
(Pick prayers that you find appropriate)

Accept with a Joyful and Resigned Heart

https://www.ewtn.com/library/SPRIT/AVOIDPRG.TXT
(Chapter 8)

The idea of Pope St. Pius X was the same when he granted a plenary indulgence at the hour of death to those who say at least once after one Holy Communion the following prayer:

**Eternal Father, from this day forward, I accept with a joyful and resigned heart the death it will please You to send me, with all its pains and sufferings.**
Eternal Father, I offer Thee the Most precious blood in the Most Sacred Heart of Jesus with all of its Love, all of its Sufferings and all of its Merits.

First, To expiate for all of the sins that I have committed today and every day of my entire life.   Glory be to the Father…..

Second, To purify all the good I have done poorly today and every day of my entire life.   Glory be to the Father…..

Third, To supply for the good that I ought to have done and neglected today and every day of my entire life.   Glory be to the Father…..

A Poor Clare Nun, who had just died, appeared to her Abbess who was praying for her and told her: "I went straight to Heaven, for, by means of this prayer, recited every evening, I paid all of my debts." Of course this does not, and cannot, replace the Sacrament of Penance, but it is prudent and wise to use it nonetheless.
Canticle of Mary: Magnificat
(Pieta Prayer Book)
https://www.ewtn.com/Devotionals/prayers/magnificat.htm

The text of the canticle is taken directly from the Gospel of Luke (Luke 1:46-55) where it is spoken by the Virgin Mary upon the occasion of her Visitation to her cousin Elizabeth. In the narrative, after Mary greets Elizabeth, who is pregnant with John the Baptist, the child moves within Elizabeth's womb. When Elizabeth praises Mary for her faith, Mary sings what is now known as the Magnificat in response.

My soul magnifies the Lord And my spirit rejoices in God my Savior; Because He has regarded the lowliness of His handmaid; For behold, henceforth all generations shall call me blessed; Because He who is mighty has done great things for me, and holy is His name; and His mercy is from generation to generation on those who fear Him. He has shown might with His arm, He has scattered the proud in the conceit of their heart. He has put down the mighty from their thrones, and has exalted the lowly. He has filled the hungry with good things,
and the rich He has sent away empty. He has given help to Israel, his servant, mindful of His mercy even as he spoke to our fathers, to Abraham and to his posterity forever.

Antiphon – Who is she that cometh forth as the morning rising, fair as the moon, bright as the sun, terrible as an army set in battle array?

A Prayer for the Virtue of Humility


Lord Jesus, when You walked the earth, Your humility obscured Your Kingship. Your meekness confused the arrogant, hindering them from grasping Your purpose, Your nobleness attending to the destitute.

Teach me to model after Your eminence, to subject my human nature to humility. Grant me a natural inclination to never view myself greater than anyone.

Banish all lingering sparks of self-importance that could elevate me greater than You. Let my heart always imitate Your humility.

Prayer for Protection in Time of Storm or Danger

http://www.miraclerosarymission.org/protect.html
Lord and Holy Protector, like the disciples who were caught in their tiny boat in the midst of a mighty storm, we come to beg Your Help.

We are fearful as we are surrounded by danger. We feel helpless and small before the great power of this storm which is beyond our control. While everything seems dark and dangerous, we place our trust in You, our Lord and God.

Sheltered here in our home, we are also shielded by Your Love against all that might harm us. We know that You hear all prayers; so we now, filled with confidence, lift up our petitions to You, our God.

(silent prayer)

Lord, we fear for our home, for our lives and for all we hold dear. Your Sacred Blessing is upon this home and upon each of us as well. We are secure in the power of that blessing. May the saving power of the Cross of Your Son, Jesus, encircle us and our home. May all evil, all harm and injury be repelled by that Sacred Sign of the Cross. May the light of this blessed candle be for us a holy sign of Your Divine Presence that fills our home in the midst of this danger. Lord and Creator of Storms and of Rainbows, be with us in this time of danger. Amen +
Prayer to My Guardian Angel

Angel of God, my guardian dear, to whom His love commits me here, ever this day/night be at my side, to light and guard, to rule and guide. Amen

Prayer of Thanksgiving

Thanks be to God through Jesus Christ our Lord. -Rom 7:25a

Divine Infant Jesus, I know You love me and would never leave me. I thank You for Your close Presence in my life.
Miraculous Infant, I believe in Your promise of peace, blessings, and freedom from want. I place every need and care in Your hands.

Lord Jesus, may I always trust in Your generous mercy and love. I want to honor and praise You, now and forever. Amen.

Night Prayer Request from our Lord

http://www.catholictradition.org/prayers1.htm#REDEEM

ETERNAL FATHER, I desire to rest in Thy Heart this night. I make the intention of offering to Thee every beat of my heart, joining to them as many acts of love and desire. I pray that even while I am asleep, I will bring back to Thee souls that offend Thee. I ask forgiveness for the whole world, especially for those who know Thee and yet sin. I offer to Thee my every breath and heartbeat as a prayer of reparation. Amen
Sacramentals are those rites, actions, prayers and objects, instituted by the Church as a means to obtain for the faithful spiritual and temporal favors’ from God. The sacramentals benefit the faithful by obtaining actual grace, forgiveness of venial sin, remission of temporal punishment, health of body, material blessings, conversion of hearts, and protection from evil spirits.

These effects depend upon the mercy of God Who regards the prayers of the Church, and upon the dispositions of those who use the sacramentals. The chief sacramentals are the many blessings given by members of the clergy, exorcism, and the blessing and use of such objects of devotion as holy water, oil, candles, medals, rosaries and incense.

It should be noted that Jesus instituted the Sacraments; the Catholic Church instituted the Sacramentals. Another difference is that the Sacraments are said to work by the direct power of Christ, while a Sacramental obtains grace or power by the prayers of the Church. The purpose of all Sacramentals is to help people grow in faith. In essence, they are contact points that represent Catholic faith.

Sacramentals are a symbol of God’s grace at work through the faith of the believer. Such faith must be Jesus-centered, as was the faith of the blind man in John 9; he had faith in Jesus, not in the mud and spittle used by Jesus to heal him. All will work wonders for you if you are in a “state of grace.”
Can you imagine! An indulgence of 50 days every time you reverently make the sign of the cross. Let’s take a day out of the life of a pious Catholic. Before and after each morning and evening prayers and meals he makes the sign of the cross. That’s 500 days right there, not counting the times he crosses himself when entering and leaving church and during Mass. If you have offered up your days in the “Heroic Act” for Holy Souls prayer, that is 500 days of relief to souls in purgatory.

The Sign of the Cross – both the formula that we say and the sign we make – is the chief sacramental used in the Church. When we make the Sign of the Cross we profess our belief in the chief mysteries of the Catholic Faith. It expresses the mystery of the Incarnation by reminding us that the Son of God became man to suffer death on the cross for our redemption.

We make the sign of the cross before we pray to recollect ourselves and to fix our minds and hearts on God. We make it when we finish praying to
thank God for the gifts received. In temptations we make the Sign of the Cross to be strengthened; in dangers, to be protected.

The Spanish people use to precede the words of the Sign of the Cross with this beautiful invocation: "By the sign of the Holy Cross deliver us from our enemies, O, God Our Lord! In the name of the Father, and of the Son, and of the Holy Ghost, Amen, Jesus."

Sacramental – Blessed Crucifix

http://www.traditioninaction.org/religious/d012rpSacramentals_Fitzgerald.html

Crucifixes, like the Sign of the Cross, remind us of how Christ suffered and died to redeem mankind. Of all the sacramentals, we venerate the crucifix the most. It is the sign of our redemption; a graphic, pictorial representation of the love of our Savior. It keeps before our minds the incalculable price paid for us and our reciprocal duty to Him. It fosters an all-important tone of seriousness to our lives and in our families. It should occupy the place of honor in every Catholic home and accompany us in every step of our life until it is placed in our dying hands.
This prayer which appears on the Miraculous Medal was given to St. Catherine Laboure Nov 27, 1830

_O Mary, conceived without sin, pray for us who have recourse to thee._ (3 times.)

**VIRGIN** Mother of God, Mary Immaculate, we dedicate and consecrate ourselves to you under the title of Our Lady of the Miraculous Medal. May this Medal be for each one of us a sure sign of your affection for us and a constant reminder of our duties toward you. Ever while wearing it, may we be blessed by your loving protection and preserved in the grace of your Son. Most powerful Virgin, Mother of our Savior, keep us close to you every moment of our lives. Obtain for us, your children, the grace of a happy death; so that, in union with you, we may enjoy the blessing of heaven forever. Amen.

The **Miraculous Medal**, was struck from the explicit instructions of Our Lady herself. She appeared to St. Catherine Labouré in 1830 and gave her precise instructions about a medal she wanted distributed and a devotion established in honor of her Immaculate Conception. She promised many miracles where the medal was worn and the devotion established. One such miracle was the conversion of the French Jew named Alphonse Ratisbonne in 1842 [click here].

The miraculous medal
Every Catholic home should have in it a supply of holy water. Holy water is a sacramental that remits venial sin. Releases and/or alleviates the holy souls suffering in purgatory, family and friends either present or absent may be blessed when sprinkled with holy water.

Suggestions: 1) Put small cup with Holy Water by your bathroom sink & bless yourself & family morning & evening. 2) Sprinkle Holy Water on all windows and exit doors, better than a security system. 3) Keep a small bottle of Holy Water in your car. Note: Any water container will do. Holy water can be found in a holy water container either in the front or back of a church.

In a beautiful little booklet called 'How to Avoid Purgatory', the author tells us:

"Only in Purgatory can one understand ardently the poor souls longing for Holy Water. If we desire to make a host of intercessors for ourselves, let us try to realize now some of their yearnings, and never forget them at the Holy Water font.

When sprinkling Holy Water for your loved ones, your friends, etc., do not forget the priests, especially those of your own parish, who have served the sacraments and holy masses. In gratitude, you should give them sprinkling of Holy Water several times daily and have Masses offered up for the repose of their souls.

Sprinkle a few drops of Holy Water and pray fervently:
“O God, in Your Mercy multiply these drops into as many drops of Holy Water as there are souls in Purgatory, and allow them not to fear the pains of Purgatory, as long as the moisture of Holy Water is present.”

Sacramental - Blessed Oil

https://www.rodco-ltd.com/anointany.htm
http://www.straphaeloil.com/about-holy-oil/

Anointing and Blessing - Anoint anyone or anything at anytime for whatever Christian purpose with anointing oils or balms of the Bible.

This information has been compiled as suggestive words for Christians to use in anointing and blessing.

AUTHORITY: The authority given you for the purpose of anointing and blessing is found in the book of John 1:11-13 KJV You are a child of God.

CONSECRATING THE OIL: (To render Holy) - Oil or balm should be consecrated (blessed) before it is used for anointing. A good quality pure olive oil (scented if desired as was done in the early Church) should be secured, and, those Christian brothers and sisters laboring for the cause of Jesus Christ, standing in His stead, performing His work on earth should consecrate it, and, set it apart for its holy purposes.

1. Hold the open container of oil
2. Address Heavenly Father as in prayer
3. State authority (The Lord Jesus Christ) by which the oil is consecrated.
4. Consecrate the oil (not the container), setting it apart for the anointing of anyone or anything at any time for any Christian purpose.
5. Close in the name of Jesus Christ

Example: “Heavenly Father, by authority of The Lord Jesus Christ, I consecrate, dedicate and set apart this special oil for anointing anyone or anything at any time for any Christian purpose, and, I do this in the name of The Lord Jesus Christ. Amen” (Once the oil is consecrated, it is permanent and not necessary to do again.)

ANOINTING: (Words to be modified to individual situation)

1. Using a very small amount of oil or balm, “draw” a cross on the forehead, or, object to be anointed.
2. While applying the oil or balm, call the person by name — Brother/Sister Smith, etc.
3. State authority (The Lord Jesus Christ).
4. State that you are anointing with consecrated/blessed oil.

Example: (While applying the oil or balm)... “Brother John Smith, by the authority of the Lord Jesus Christ, I anoint you with oil that has been consecrated and set apart for anointing anyone or anything at any time for any Christian purpose and I do this in the name of our Lord Jesus Christ, Amen.”

SEALING THE ANOINTING AND BLESSING: Immediately following the anointing, the Christian brother or sister (and any other Christians present) may lay hands on the head of the person. One of them acts as voice.

1. With eyes closed in prayer, call the person by name.
2. State authority (The Lord Jesus Christ) by which the anointing was performed.
3. Seal and confirm the anointing.
4. Pronounce a blessing as the Holy Spirit dictates.
5. Close in the name of Jesus Christ
Note to the administering brother/sister: Let the prayer be suited to the situation. It stands to reason prior to visitation the circumstances be pondered. You may even fast for greater spirituality — a clear channel between you and The Lord, as YOU are the instrument by which He is working through. The leading of a spiritual, exemplary life is extremely helpful to you in standing in The Lord’s stead.

Commencing with “Brother / Sister Smith, by authority of The Lord Jesus Christ, I / we lay my / our hands upon your head, seal and confirm the anointing and hereby pronounce a blessing upon you / your life, etc., that ___________________” (the blessing will now be dictated through / by The Holy Spirit). You pray this prayer vocally in behalf of the afflicted by inspiration and prodding from The Holy Spirit. It may be long or short, depending on what The Spirit has to say. Prayer must proceed from and be accompanied with a lively faith in the person praying and in the person prayed for. Try to instill faith in the person that by his / her faith in The Lord, that healing can and will happen. When the prayer is complete, close in the name of The Lord Jesus Christ.

Blessed Oil should not be associated with superstitions such as the Blessed Oil having a magical power in itself. Blessed Oil is a symbol of God’s grace at work through the faith of the believer. Such faith must be Jesus-centered, as was the faith of the blind man in John 9; he had faith in Jesus, not in the mud and spittle used by Jesus to heal him.

Otherwise, the Blessed Oil can be used in similar fashion as Holy Water. You can bless yourself or another by proxy, you can place a cross of the oil, above your doorposts and windows, and in other ways similar to how we use Holy Water. It is used as a healing balm and/or a protection against evil.

The usage of Blessed Oil by lay people is an ancient custom of the Catholic Church. It can be used when praying for the sick as long as a clear distinction is being made between the Sacrament of the sick and...
Catholic Prayer Book (CPB)

Sacramental use of the blessed oil. In this particular usage, the Blessed Oil as a Sacramental is no different than the usage of blessed salt, palms, ashes, etc.

Remember it is your faith, combined with Almighty God’s power and Will, in the Holy Name of JESUS, through the powerful intercession of the Archangel St. Raphael, all the prayers that go into the oil as it is being prepared, and the priestly blessing that heal you through this blessed oil. It is good to remember that the blessed oil is just a vehicle that God uses to heal us. We are all instruments of God, only God is the Divine Physician and healer.

Some are healed instantly, some progressively, some spiritually, some physically, and some mentally. Some are healed in all three areas. You may be healed of something other than what you ask for. Whatever Almighty God’s Will is for you and your particular spiritual mission on this earth.

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Sacramental - Blessed Candle
http://miraculousrosary.blogspot.com/p/three-days-of-darkness.html

Prophecy - 3 Days of Darkness Padre Pio's Letter
https://www.youtube.com/watch?v=0I05O7eOkto

Catholics and other Christians who study prophecy have at least once run across a coming "Three Days of Darkness." Reading the prophecy can instill fear, especially if one isn't prepared. Many prophets have outlined their visions over the centuries. Among the scariest of them is that of Marie Julie Jahenny, French mystic and stigmatist who lived from 1850 to 1941:

Blessed Candles are another beautiful tradition used by the Church in the Sacraments and other devotions. God made use of fire and flames many times in the Old and New Testaments.
He appeared to Moses in the form of a fiery bush; the Holy Spirit descended on the Apostles in the form of fiery tongues; and Christ is often referred to as the “light of the world to enlighten them that sit in the darkness and the shadow of death.” The lighted candles remind us of all this. They have the effect of expelling devils and bringing blessings to the places where they are lighted. The prayer that the priest says for the blessing of the candles is beautiful:

“O Lord Jesus Christ, Son of the Living God, we implore Thee to bless these candles and through the power of the holy Cross, to bestow upon them Thy heavenly benediction, who has given them to mankind to dispel darkness.

"May they, through the sign of the Holy Cross, obtain such blessing that wherever they may be lighted or wherever they be placed the powers of darkness may vanish, trembling and affrighted, with all their aids and accomplices and be driven from these dwellings, and never again dare disquiet or molest them that serve Thee, Almighty God.”

Blessed candles are made with pure beeswax to symbolize the pure flesh of Christ received from His Virgin Mother; the wick symbolizes the soul of Christ, and the flame that emits light and heat, His Divinity. During exposition of the Blessed Sacrament, the Host is surrounded by candles. A sanctuary lamp burns continuously before all tabernacles to honor His Divine Presence.

Many pious Catholics light votive candles as a symbol of their prayers rising constantly before the throne of God, Our Lady, or the specific Saint to which he is praying. Candles add beauty, symbolism and solemnity to all the liturgical functions.
There is a renewed interest today in the ancient sacramental of blessed salt, especially by charismatics, in healing and deliverance situations, etc. To understand its proper use and its efficacy, it would be helpful to review the Scriptural symbolism and its history, since Vatican II urges us to participate “intelligently and actively” in the use of sacramentals, just as in the use of Sacraments.

Salt in the ancient world was a precious commodity (even monopolized by the royalty in Egypt and Persia). Roman soldiers were partially paid with packets of salt (“sal” in Latin); this was the origin of our word “salary” and of phrases like “worth his salt,” etc. Being costly, it was an appropriate offering to God as a “covenant of salt” (Lev. 2:13; II Chron. 13:5; Num. 18:19) used in sacrifices by the Isrealites (Ezek. 43:24) and for the accompanying sacrificial meal (Gen. 31:54). Belief in its preservative and healing properties led to its use to dry and harden the skin of newborns (Ezek. 16:4) and to prevent umbilical cord infection. Used for 3500 years to preserve meats from deterioration, it became a symbol of preservation and spiritual incorruptibility that was to characterize anyone offering sacrificial worship. Shared at the sacrificial meal, salt became a symbol of preservation and spiritual incorruptibility that was to characterize anyone offering sacrificial worship. Shared at the sacrificial meal, salt became a symbol of friendship and hospitality, a custom-symbol still used today in Arab culture. Jesus referred to this salt-symbolized friendship covenant in Mark 9:50: “Have salt in yourselves and be at peace with one another”—that is, “preserve that quality (flavor) that makes you a blessing to one another.” (Note the double symbol of preservation and flavoring.)
This double primary symbolization is also found in Paul’s advice in Col. 4:6: “Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.” That is, let it be wholesome and savory, preserved from the corrupting conversation of worldlings (3:8 and Eph 4:29). (His use of the word salt may also have referred to another of its symbols: spiritual wisdom, since the Latin word for savor or taste, “sapientia”, is the same as for wisdom.)

Some or all of these symbols may have been implied in Jesus’ words to his chosen ones, describing them as the “salt of the earth” (Matt. 5:13). He especially indicated that they were to oppose the world’s corruption, reminding them that, as salt must preserve its own anti-corruptive quality, they too must preserve their anti-corruptive influence in a sin-corrupted world. (See Luke 14:34).

The blessing promised by God on food and water, as well as the prevention of miscarriages and agricultural catastrophes (Exod. 23:25-26) was extended by God through Elisha in Jericho (II Kings 2:20-21), when he was inspired to put salt into the contaminated water. Adding salt to already brackish water to decontaminate it, made the miracle all the more impressive, since one would expect the opposite effect. This first miracle of Elisha is the primary Scriptural basis for the sacramental use of blessed salt today, as the Roman Ritual indicates.

As a Catholic sacramental, salt blessed by the liturgical prayer of a priest may be used by itself, unmixed, as in exorcisms, and formerly in the exorcistic prayer at baptism, or it may be mixed with water to make holy water, as the Ritual prescribes (reminiscent of Elisha’s miracle). In whichever form, it is intended to be an instrument of grace to preserve one from the corruption of evil occurring as sin, sickness, demonic influence, etc.

As in the case of all sacramentals, its power comes not from the sign itself, but by means of the Church’s official (liturgical, not private) prayer of blessing—a power the Church derives from Christ himself (see Matt. 16:19 and 18:18). As the Vatican II document on the Liturgy states (art. 61), both Sacraments and sacramentals sanctify us, not of themselves, but by power flowing from the redemptive act of Jesus, elicited by the
Church’s intercession to be directed through those external signs and
elements. Hence sacramentals like blessed salt, holy water, medals, etc.
are not to be used superstitiously as having self-contained power, but as
“focus-points” funneling one’s faith toward Jesus, just as a flag is used as
a “focus-point” of patriotism, or as handkerchiefs were used to focus faith
for healing and deliverance by Paul (Acts 19:12).

Thus used non-superstitiously, modest amounts of salt may be sprinkled in
one’s bedroom, or across thresholds to prevent burglary, in cars for safety,
etc. A few grains in drinking water or used in cooking or as food seasoning
often bring astonishing spiritual and physical benefits, as I have personally
witnessed many times. As with the use of Sacraments, much depends on
the faith and devotion of the person using salt or any sacramental. This
faith must be Jesus-centered, as was the faith of the blind man in John 9;
he had faith in Jesus, not in the mud and spittle used by Jesus to heal him.

In light of this, we can see why Vatican II states that “there is hardly any
proper use of material things which cannot thus be directed toward the
sanctification of persons and the praise of God.” (art. 61 of Liturgy
document). Hence new sacramentals may also be added when rituals are
revised (art. 79). Blessed salt is certainly not a new sacramental, but the
Holy Spirit seems to be leading many to a new interest in its remarkable
power as an instrument of grace and healing.

Any amount of salt may be presented to a priest for his blessing, using the
following official prayer from the Roman Ritual:

“Almighty God, we ask you to bless this salt, as once you blessed the salt
scattered over the water by the prophet Elisha. Wherever this salt (and
water) is sprinkled, drive away the power of evil, and protect us always by
the presence of your Holy Spirit. Grant this through Christ our Lord.
Amen.”
The **Scapular** another important sacramental, originated as part of the religious habit as a piece of cloth that fit from shoulder to shoulder (scapula is Latin for shoulder), went over the head, and draped over the front and back of the habit.

The Carmelite Scapular, which we Americans call the “Brown Scapular,” was established by Our Lady herself when she appeared to St. Simon Stock in 1251 and spoke these words regarding its use: “This shall be a privilege for you and all Carmelites that anyone dying in this habit shall not suffer eternal fire.”

With time the Church extended this magnificent privilege to all the laity who are invested in it and meet certain conditions. When a person is enrolled in the Confraternity of the Carmelite Scapular and vested in the small piece of brown wool, the priest says to him:

“Receive this blessed Scapular and ask the Most Holy Virgin that, by her merits, it may be worn with no stain of sin and may protect you from all harm and bring you into everlasting life.”

The Blessed Virgin assigned certain conditions which must be fulfilled to receive this privilege: 1. The scapular must be worn continuously; 2. the wearer must observe chastity according to his/her state in life; 3. the wearer must daily recite The Little Office of the Blessed Virgin Mary. The Church permits this devotion to be substituted with any one of the following: to observe the fasts of the Church, to daily recite five decades...
of the Rosary, or with the permission of a priest to do a good work. There is no substitute for the first two conditions. Pope Benedict XV granted 500 days indulgence for devoutly kissing your scapular.

Today the laity wears the scapular under their clothing. It is personal expression of their devotion to Our Lady and a reminder of their commitment to chastity. There are many stories of miracles linked to the wearing of the Scapular.

Following this example of the Carmelite Scapular, other scapulars were instituted by the Church in order to bring this or that specific privilege or protection to the faithful.
These are the 15 prayers Jesus gave to Saint Bridget of Sweden in the Church of St. Paul in Rome. These prayers are approved by Pope Pius IX. St. Bridget is known for the revelations she received on the wounds and passion of Jesus, known as the 15 Prayers of St. Bridget. She died July 23, 1373 and was canonized on October 7, 1391. Saint Bridget prayed for a long time to know how many blows Our Lord suffered during His terrible Passion. Rewarding her patience, one day He appeared to her and said:

"I received 5475 blows upon My Body. If you wish to honor each of them in some way pray the following prayers each day for a whole year. When the year is over, you will have honored each one of My Wounds."

1st Prayer

Our Father, Hail Mary
O Jesus Christ! Eternal sweetness to those who love Thee, joy surpassing all joy and all desire, salvation and hope of all sinners; Thou Who hast proved that Thou hast no greater desire than to be amongst men even assuming human nature during the course of time for the love of men, recall all the sufferings that Thou hast endured from the first moment of Thy Conception, and especially during Thy Passion, as it was decreed and ordained from all eternity in Thy Divine Plan.

Remember, O Lord, that during the Last Supper with Thy Disciples, having washed their feet, Thou gavest them Thy Precious Body and Blood, and while at the same time Thou didst sweetly console them, Thou didst foretell to them of Thy coming Passion. Remember the sadness and bitterness which Thou didst experience in Thy Soul as Thou prayed: "My Soul is sorrowful even unto death."

Remember all the fear, anguish and pain that Thou didst suffer in Thy delicate Body before the Crucifixion, when after having prayed three separate times, bathed in a 'sweat of blood,' Thou wast betrayed by Judas, Thy Disciple, arrested by the people of a nation Thou hadst chosen and elevated, accused by false witnesses, unjustly judged by three judges, all this in the flower of Thy youth and during the Solemn Paschal Season.

Remember that Thou wast despoiled of Thy garments and clothed with the garments of derision; that Thy face and eyes were veiled, that Thou wast buffeted, crowned with thorns, a scepter placed in Thy hands, that Thou wast fastened to a column and crushed with blows and overwhelmed with affronts and outrages.

In memory of all these pains and sufferings which Thou didst endure before Thy Passion on the Cross, grant that before I die, I may with true contrition make a sincere and entire Confession, make worthy
satisfaction and be granted the remission of all my sins. Amen.

2nd Prayer

Our Father, Hail Mary

O Jesus! True liberty of Angels, paradise of delights, remember the horror and sadness which Thou didst endure when Thy enemies, like furious lions, surrounded Thee, and by thousands of blows, insults, lacerations, and other unheard of cruelties, tormented Thee at will.

Through these torments and insulting words, I beg of Thee, O My Saviour to deliver me from all enemies, both visible and invisible, that under Thy protection, I may attain the perfection of Eternal Salvation. Amen.

3rd Prayer

Our Father, Hail Mary

O Jesus! Creator of heaven and earth, Whom nothing can encompass nor limit, Thou Who dost enfold and hold all under Thy loving power, remember the very bitter pain which Thou didst suffer when blow by blow and with hatred the Jews nailed Thy Sacred Hands and Feet to the Cross, with big blunt nails; and, not finding Thee in a pitiable enough state to satisfy their rage, they enlarged Thy wounds, and added pain to pain, and with indescribable cruelty stretched Thy Body on the Cross, and dislocated Thy Bones by pulling them on all sides.
I beg of Thee, O My Saviour to deliver me from all enemies, both visible and invisible, under Thy protection, I may attain the perfection of Eternal Salvation. Amen.

4th Prayer

Our Father, Hail Mary

O Jesus! Heavenly Physician raised aloft on the Cross in order that through Thy Wounds, ours might be healed; remember the bruises which Thou didst suffer and the weakness of all Thy
Members which were stretched to such a degree that never was there pain like unto Thine, from the Crown of Thy Head to the Soles of Thy Feet there was not one spot of Thy Body that was not in torment; and yet, forgetting all Thy Sufferings, Thou didst not cease to pray to Thy Heavenly Father for Thy enemies, saying: "Father, forgive them, for they know not what they do."

Through this great mercy, and in memory of this suffering, grant that the remembrance of Thy Most Bitter Passion may effect in us a perfect contrition and the remission of all our sins. Amen.

5th Prayer

Our Father, Hail Mary
O Jesus! Mirror of Eternal Splendor, remember the sadness which Thou experienced, when, contemplating in the light of Thy Divinity the predestination of those who would be saved by the merits of Thy Sacred Passion, Thou didst see at the same time the great multitude of reprobates who would be damned for their sins, and Thou didst complain bitterly of those hopeless, lost and unfortunate sinners.

Through this abyss of compassion and pity, and especially through the goodness which Thou displayed to the good thief when Thou saidst to him: "This day thou shalt be with me in paradise." I beg of Thee, O Sweet Jesus, that at the hour of my death Thou wilt show me mercy. Amen.

6th Prayer

Our Father, Hail Mary
O Jesus! King most loving and most desirable, remember the grief which Thou didst suffer, when naked and like a common criminal, Thou wast raised and fastened to the Cross, when all Thy relatives and friends abandoned Thee, except Thy Beloved Mother who remained close to Thee during Thy Agony and whom Thou didst
entrust to Thy faithful disciple when Thou saidst to Mary: "Woman, behold thy son," and to John: "Behold Thy Mother."
I beg of Thee, O my Saviour, by the sword of sorrow which pierced the soul of Thy Holy Mother, to have compassion on me in all my afflictions and tribulations, both corporal and spiritual, and to assist me in all my trials and especially at the hour of my death. Amen.

7th Prayer

Our Father, Hail Mary
O Jesus! Inexhaustible Fountain of Compassion Who by a profound gesture of love, said from the Cross: "I thirst!" Suffered from the thirst for the salvation of the human race, I beg of Thee, O my Saviour, to inflame in our hearts the desire to tend toward perfection in all of our acts; and to extinguish in us the lust of the flesh and the ardor of worldly desires. Amen.

8th Prayer

Our Father, Hail Mary
O Jesus! Sweetness of hearts, delight of the spirit, by the bitterness of the gall and the vinegar which Thou didst taste on the Cross for love of us, grant us the grace to receive worthily Thy Precious Body and Blood during our life and at the hour of our death, that it may serve us as a remedy of consolation for our souls. Amen.

9th Prayer

Our Father, Hail Mary
O Jesus! Royal virtue and mental delight, recall the anguish and pain which Thou didst endure, when, from the bitterness of agonizing death and the insults of the outrageous Jews, Thou didst exclaim in a loud voice as if Thou wast forsaken by the Father saying: "My God, My God, why hast Thou forsaken Me?"

Through this anguish, I beg of Thee, O my Saviour, not to abandon me during the anguish and pains of my death. Amen.

10th Prayer

Our Father, Hail Mary
O Jesus! Thou Who art the beginning and the end of all things, life and virtue, remember that for our sakes Thou wast plunged into an abyss of suffering from the Soles of Thy Feet to the Crown of Thy Head. In consideration of the enormity of Thy Wounds, teach me to keep, through pure Love, Thy Commandments which are the pathways for those who truly love Thee. Amen.

11th Prayer

Our Father, Hail Mary

O Jesus! Deep abyss of mercy, I beg of Thee, in memory of Thy Wounds which penetrated to the very marrow of Thy Bones and to the depth of Thy Being, to draw me, a miserable sinner, overwhelmed by my offenses, away from sin and to hide me from Thy Face, justly irritated against me, hide me in Thy Wounds, until Thy anger and indignation shall have passed away. Amen.

12th Prayer

Our Father, Hail Mary

O Jesus! Thou Who art the Truth, Symbol of Unity, Link of Charity, remember the multitude of wounds with which Thou wast afflicted from head to foot, torn and reddened by the spilling of Thy Adorable Blood. O Great and Universal Pain, which Thou didst suffer in Thy Virginal Flesh for love of us! Sweetest Jesus! What is there that Thou couldst have done for us which Thou hast not done! May the Fruit of Thy Suffering be renewed in my soul by the faithful remembrance of Thy Passion, and may Thy Love increase in my heart each day, until I see Thee in Eternity; Thou Who art the treasure of every real good and every joy, which I beg Thee to grant me, O Sweetest Jesus, in Heaven. Amen.

13th Prayer

Our Father, Hail Mary

O Jesus! Strong Lion, Immortal and Invincible King, remember the pain which Thou didst endure when all Thy strength, moral and physical, was entirely exhausted, Thou didst bow Thy head saying: "All is Consummated!"
Through this anguish and grief, I beg of Thee, O Lord, to have mercy on me at the hour of my death, when my mind will be greatly troubled and my soul will be in anguish. Amen.

14th Prayer

Our Father, Hail Mary

O Jesus! Only-begotten Son of the Father, Splendor and Figure of His Substance, remember the simple and humble recommendation Thou didst make of Thy Soul to the Eternal Father, saying: "Father, into Thy Hands I commend My Spirit;" and when Thy Body, all torn, and Thy Heart, broken, and the Bowels of Thy Mercy open to redeem us, Thou didst expire.

Through this Precious Death, I beg Thee, O King of Saints, to comfort me and give me help to resist the devil, the flesh, and the world so that, being dead to the world, I may live for Thee alone. I beg of Thee at the hour of my death to receive me, a pilgrim and an exile, returning to Thee. Amen.

15th Prayer

Our Father, Hail Mary

O Jesus! True and Fruitful Vine! Remember the abundant outpouring of blood which Thou didst so generously shed, pressed down and running over as the grape crushed in the wine press.

From Thy Side, pierced with the lance by a soldier, Blood and Water issued forth until there was not left in Thy Body a single drop, and finally, like a Bundle of Myrrh lifted to the very top of the Cross, Thy Delicate Flesh was destroyed, the Very Substance of Thy Body withered, and the Marrow of Thy Bones dried up. Through this bitter Passion and through the outpouring of Thy Precious Blood, I beg of Thee, O Sweet Jesus, to pierce my
heart, so that my tears of penitence and love may be my bread	night and day. May I be converted entirely to Thee, may my
heart be Thy Perpetual Resting Place, may my conversation be
pleasing to Thee, and may the end of my life be so praiseworthy
that I may merit Heaven, and there, with Thy Saints, praise Thee
forever and ever. Amen.

Promises of St. Bridget Prayers
When someone says these prayers for a year's time, these are the promises promised by Our Lord:

01) "I will deliver fifteen souls of his lineage from Purgatory."
02) "Fifteen souls of his lineage will be confirmed and preserved in grace."
03) "Fifteen sinners of his lineage will be converted."
04) "Whoever recites these prayers will obtain the first degree of perfection."
05) "Fifteen days before his death, I will give him My Precious Blood to drink lest he thirst eternally."
06) "Fifteen days before his death he will conceive a deep contrition for all his sins and a perfect knowledge of them."
07) "I will place before him My Victorious Cross for his help and defense against the attacks of his enemies."
08) "Before his death I will come with My Dearest and Beloved Mother."
09) "I will graciously receive his soul, and will lead it into Eternal Joys."
10) "And having led it there, I will give him a special draught from the fountain of my deity, something I will not do for those who have not recited My Prayers."
11) "Let it be known that whoever may have been living in a state of mortal sin for thirty years, but who will recite devoutly, or have the intention to recite these prayers, I, the Lord will forgive him all of his sins."
12) "I will defend him against evil temptations."
13) "I will preserve and guard his five senses."
14) "I will preserve him from a sudden death."
15) "His soul will be delivered from eternal death."
16) "He will obtain all he asks for from God and the Blessed Virgin."
17) "If he has lived all his life doing his own will, and he is to die the next day, his life will be prolonged."
18) "Every time one recites these prayers he will gain a hundred days indulgences."
19) "He will be assured of being joined to the Supreme Choir of Angels."
20) "Whoever teaches these prayers to another will have continual joy and merit which will last throughout eternity."
21) "There, where these prayers are being said or may be said in the future, God will be present there by His Grace."

Imprimatur F. J. Girad April 1903 VicGen
Imprimatur V. Germond Sept 1940 VicGen

Note: I said these prayers for a very long time, in 1988 to 1989 and for...
once did happen. While saying these prayers, I got an inner voice saying to me, "With your sufferings others who would ordinarily not be saved will be saved!" I knew that meant that my sufferings linked to Christ could only do this because our sufferings alone can do nothing! Yet I went to talk about this to a religious brother friend of mine and he said this was possible what was said to me. Also I read a book on a saint in which the saint asked a question, "With all the sufferings Christ suffered alone why did He have someone help Him carry the cross?" He answered his own question saying: "Christ's cross without ours is not sufficient!" Also, did not Christ say, "Carry your cross and follow Me!" When I said these prayers for a little over a year each day after I said them I felt calm and peace throughout the whole day! I try to say them throughout Lent every year! -- Bill

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**Novena of the Holy Face**

**February 12 – 20**

**Sister Marie of St. Peter and the Golden Arrow**

In Tours, France during the 1840's a young Carmelite nun, Sister Marie of St Peter, received a series of revelations from Our Lord about a powerful devotion He wished to be established worldwide - the devotion to his Holy Face.

The express purpose of this devotion was to make reparation for the blasphemies and outrages of 'Revolutionary men' (the Communists), as well as for the blasphemies of atheists and freethinkers and others, plus, for blasphemy and the profanation of Sundays by Christians. This devotion is also an instrument given to the individual devotee as a seemingly unfailing method of appealing to God in prayer - through adoration of His Holy Face and Name.

The following prayer was dictated by our Lord Himself to Sister Marie of St Peter. Opening His Heart to her, our Saviour complained of blasphemy, saying that this frightful sin wounds His divine Heart more grievously than all other sins, for it was like a "poisoned arrow".
After that, our Saviour dictated the following prayer, which he called "The Golden Arrow", saying that those who would recite this prayer would pierce Him delightfully, and also heal those other wounds inflicted on Him by the malice of sinners. This prayer is regarded as the very basis of the Work of Reparation.

PRAYER OF REPARATION IN PRAISE OF THE HOLY NAME OF GOD ENTITLED "THE GOLDEN ARROW"
(Pieta Prayer Book)
May the most Holy, most Sacred, most Adorable, Most Incomprehensible and Ineffable Name of God Be always Praised, Blessed, Loved, Adored and Glorified, In Heaven, on Earth and under the Earth, By all the Creatures of God, And by the Sacred Heart of Our Lord Jesus Christ, In the most Holy Sacrament of the Altar. Amen.

This prayer was revealed by our Lord to a Carmelite Nun, Sr. Mary of St. Peter of Tours in 1843. “This Golden Arrow will wound my Heart delightfully,” He said, “and heal the wounds inflicted by blasphemy.”
Requirements of its Members

The requirements of the members of the Auxilium Christianorum are the following:

1. Prior to becoming a member of the Auxilium Christianorum, laymen are strongly exhorted to consult their spiritual director or confessor.

2. They are to seek to lead a habitual life of sanctifying grace, always desiring never to fall into the state of mortal sin and to avoid all intentional venial sin.

3. The members are continually to seek to increase and to perfect their life of prayer, which includes not only the vocal prayers which are required contained herein, but also a consistent life of meditation, which is very effective in driving out the demonic and avoiding demonic oppression.

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7. To pray the Rosary daily. The intention of the Rosary may be for any intention and does not have to be offered for the aims of the Auxilium Christianorum.

8. The members are to fulfill the daily requirements of vocal prayers contained herein having as their intention the principal aims of this Association. The members are to make frequent use of the sacramentals known to ward off and drive out the demonic.

9. The members are to strive to keep the words of St. Paul in their hearts that since we fight against principalities and powers, i.e. against the demonic, they are to strive for meekness and humility in relation to their neighbor, never striking out in anger or vindication, but seeking to root out any demonic influence according to their state in life. This involves using binding prayers according to authentic Catholic principles and to avoid any form of superstition, whether it is in the daily living of their lives or when they engage in the battle against the evil spirits. This means that their use of the prayers contained herein or any prayer to drive out the demonic will always be subordinate to authentic Catholic principle and always be done with devotion and faith.
10. The members must strive to increase their devotion to Our Lady under the title of Virgo Potens (Virgin Most Powerful).

11. Each member must strive to increase his devotion to his Guardian Angel.

12. When it is financially possible, each member of the Auxilium Christianorum is to keep statues of Our Lady and St. Michael in his home, before which a votive candle is to be burned.

13. The members of the Association should be aware that none of these requirements binds under pain of sin. With Ecclesiastical Approval. Copyright © 2012 Auxilium Christianorum

**Daily Prayers Offered for the Members of the Auxilium Christianorum**

*Auxilium Christianorum—"Help of Christians"

**Prayers to be said every day:**

V. Our help is in the name of the Lord.
R. Who made heaven and earth.

Most gracious Virgin Mary, thou who wouldst crush the head of the serpent, protect us from the vengeance of the evil one. We offer our prayers, supplications, sufferings and good works to thee so that thou may purify them, sanctify them and present them to thy Son as a perfect offering. May this offering be given so that the demons that influence or seek to influence the members of the Auxilium Christianorum do not know the source of their expulsion and blindness. Blind them so that they know not our good works. Blind them so that they know not on whom to take vengeance. Blind them so that they may receive the just sentence for their works. Cover us with the Precious Blood of thy Son so that we may enjoy the protection which flows from His Passion and Death. We ask this through the same Christ our Lord. Amen.

St. Michael Prayer.
Saint Michael, the Archangel, defend us in battle; be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O prince of the heavenly host, by the power of God, thrust into Hell,
Satan and all the other evil spirits, who prowl throughout the world, seeking the ruin of souls. Amen.

Guardian Angel Prayer.
Angel of God, my guardian dear, to whom His love commits me here, ever this day/night be at my side, to light and guard, to rule and guide. Amen

Our Father. Hail Mary. Glory Be.

Litany of the Most Precious Blood of our Lord Jesus Christ
Lord have mercy.
Christ have mercy.
Lord have mercy.
Christ hear us.
Christ graciously hear us.
God the Father of Heaven, have mercy on us.
God the Son, Redeemer of the world, have mercy on us.
God the Holy Spirit, have mercy on us.
Holy Trinity, One God, have mercy on us.
Blood of Christ, only-begotten Son of the Eternal Father, save us.
Blood of Christ, Incarnate Word of God, save us.
Blood of Christ, of the New and Eternal Testament, save us.
Blood of Christ, falling upon the earth in the Agony, save us.
Blood of Christ, shed profusely in the Scourging, save us.
Blood of Christ, flowing forth in the Crowning with Thorns, save us.
Blood of Christ, poured out on the Cross, save us.
Blood of Christ, price of our salvation, save us.
Blood of Christ, without which there is no forgiveness, save us.
Blood of Christ, Eucharistic drink and refreshment of souls, save us.
Blood of Christ, stream of mercy, save us.
Blood of Christ, victor over demons, save us.
Blood of Christ, courage of Martyrs, save us.
Blood of Christ, strength of Confessors, save us.
Blood of Christ, bringing forth Virgins, save us.
Blood of Christ, help of those in peril, save us.
Blood of Christ, relief of the burdened, save us.
Blood of Christ, solace in sorrow, save us.
Blood of Christ, hope of the penitent, save us.
Blood of Christ, consolation of the dying, save us.
Blood of Christ, peace and tenderness of hearts, save us.
Blood of Christ, pledge of eternal life, save us.
Blood of Christ, freeing souls from purgatory, save us.
Blood of Christ, most worthy of all glory and honor, save us.
Lamb of God, Who takes away the sins of the world, spare us, O Lord.
Lamb of God, Who takes away the sins of the world, graciously hear us, O Lord.
Lamb of God, Who takes away the sins of the world, have mercy on us.
V. Thou hast redeemed us with Thy Blood, O Lord.
R. And made of us a kingdom for our God.

Let us pray.
Almighty, and everlasting God, Who hast appointed Thine only-begotten Son to be the Redeemer of the world, and hast been pleased to be reconciled unto us by His Blood, grant us, we beseech Thee, so to venerate with solemn worship the price of our salvation, that the power thereof may here on earth keep us from all things hurtful, and the fruit of the same may gladden us forever hereafter in heaven.
Through the same Christ our Lord. R. Amen.

On Sundays:
O Glorious Queen of Heaven and Earth, Virgin Most Powerful, thou who hast the power to crush the head of the ancient serpent with thy heel, come and exercise this power flowing from the grace of thine Immaculate Conception. Shield us under the mantle of thy purity and love, draw us into the sweet abode of thy heart and annihilate and render impotent the forces bent on destroying us. Come Most Sovereign Mistress of the Holy Angels and Mistress of the Most Holy Rosary, thou who from the very beginning hast received from God the power and the mission to crush the head of Satan. Send forth thy holy legions, we humbly beseech thee, that under thy command and by thy power they may pursue the evil spirits, counter them on every side, resist their bold attacks and drive them far from us, harming no one on the way, binding them to the foot of the Cross to be judged and sentenced by Jesus Christ Thy Son and to be disposed of by Him as He wills.
St. Joseph, Patron of the Universal Church, come to our aid in this grave battle against the forces of darkness, repel the attacks of the devil and free the members of the Auxilium Christianorum, and those for whom the priests of the Auxilium Christianorum pray, from the strongholds of the enemy.
St. Michael, summon the entire heavenly court to engage their forces in this fierce battle against the powers of hell. Come O Prince of Heaven with thy mighty sword and thrust into hell Satan and all the other evil spirits. O Guardian Angels guide and protect us. Amen.
On Mondays:
In Thy name, Lord Jesus Christ, we pray that Thou cover us, our families, and all of our possessions with Thy love and Thy Most Precious Blood and surround us with Thy Heavenly Angels, Saints and the mantle of Our Blessed Mother. Amen.

On Tuesdays:
Lord Jesus Christ, we beg Thee for the grace to remain guarded beneath the protective mantle of Mary, surrounded by the holy briar from which was taken the Holy Crown of Thorns, and saturated with Thy Precious Blood in the power of the Holy Spirit, with our Guardian Angels, for the greater glory of the Father. Amen.

On Wednesdays:
In the Name of Jesus Christ, Our Lord and God, we ask Thee to render all spirits impotent, paralyzed and ineffective in attempting to take revenge against anyone of the members of the Auxilium Christianorum, our families, friends, communities, those who pray for us and their family members, or anyone associated with us and for whom the priests of the Auxilium Christianorum pray. We ask Thee to bind all evil spirits, all powers in the air, the water, the ground, the fire, underground, or wherever they exercise their powers, any satanic forces in nature and any and all emissaries of the satanic headquarters. We ask Thee to bind by Thy Precious Blood all of the attributes, aspects and characteristics, interactions, communications and deceitful games of the evil spirits. We ask Thee to break any and all bonds, ties and attachments in the Name of the Father, and of the Son and of the Holy Spirit. Amen.

On Thursdays:
My Lord, Thou art all powerful, Thou art God, Thou art our Father. We beg Thee through the intercession and help of the Archangels Sts. Michael, Raphael, and Gabriel for the deliverance of our brothers and sisters who are enslaved by the evil one. All Saints of Heaven, come to our aid. From anxiety, sadness and obsessions – We implore Thee, deliver us, O Lord. From hatred, fornication, and envy – We implore Thee, deliver us, O Lord. From thoughts of jealousy, rage, and death – We implore Thee, deliver us, O Lord. From every thought of suicide and abortion – We implore Thee, deliver us, O Lord. From every form of sinful sexuality – We implore Thee, deliver us, O Lord. From every division in our family, and every harmful friendship – We implore Thee, deliver us, O Lord. From every sort of spell, malefice, witchcraft, and every form of the occult – We implore Thee, deliver us, O Lord. Thou who said, "Peace I leave with you, my peace I give unto you." Grant that, through the intercession of the Virgin Mary, we may be liberated from every
demonic influence and enjoy Thy peace always. In the Name of Christ, our Lord. Amen.

On Fridays:
Litany of Humility
O Jesus, meek and humble of heart, hear me.
From the desire of being esteemed, deliver me, Jesus.
From the desire of being loved, deliver me, Jesus.
From the desire of being extolled, deliver me, Jesus.
From the desire of being honored, deliver me, Jesus.
From the desire of being praised, deliver me, Jesus.
From the desire of being preferred to others, deliver me, Jesus.
From the desire of being consulted, deliver me, Jesus.
From the desire of being approved, deliver me, Jesus.
From the fear of being humiliated, deliver me, Jesus.
From the fear of being despised, deliver me, Jesus.
From the fear of suffering rebukes, deliver me, Jesus.
From the fear of being calumniated, deliver me, Jesus.
From the fear of being forgotten, deliver me, Jesus.
From the fear of being ridiculed, deliver me, Jesus.
From the fear of being wronged, deliver me, Jesus.
From the fear of being suspected, deliver me, Jesus.
That others may be loved more than I, Jesus, grant me the grace to desire it.
That others may be esteemed more than I, Jesus, grant me the grace to desire it.
That in the opinion of the world, others may increase and I may decrease, Jesus, grant me the grace to desire it.
That others may be chosen and I set aside, Jesus, grant me the grace to desire it.
That others may be praised and I unnoticed, Jesus, grant me the grace to desire it.
That others may be preferred to me in everything, Jesus, grant me the grace to desire it.
That others may become holier than I, provided that I become as holy as I should, Jesus, grant me the grace to desire it.

On Saturdays:
O God and Father of our Lord Jesus Christ, we call upon Thy holy Name and humbly beseech Thy clemency, that, through the intercession of the ever immaculate Virgin, our Mother Mary, and of the glorious Archangel Saint Michael, thou wouldst vouchsafe to help us against Satan and all the other unclean spirits that
are prowling about the world to the great peril of the human race and the loss of souls. Amen.

**Conclusion for Every Day**
August Queen of the Heavens, heavenly Sovereign of the Angels, Thou who from the beginning hast received from God the power and the mission to crush the head of Satan, we humbly beseech Thee to send thy holy legions, so that under Thy command and through Thy power, they may pursue the demons and combat them everywhere, suppress their boldness, and drive them back into the abyss. O good and tender Mother, Thou wilt always be our love and hope! O Divine Mother, send Thy Holy Angels to defend us and to drive far away from us the cruel enemy. Holy Angels and Archangels defend us, guard us. Amen.

Most Sacred Heart of Jesus, have mercy on us.  
Mary, Help of Christians, pray for us.  
Virgin Most Powerful, pray for us.  
St. Joseph, pray for us.  
St. Michael the Archangel, pray for us.  
All You Holy Angels pray for us.  
In the name of the Father, the Son and the Holy Spirit. Amen.
The Lord says:
"I will soon arise in all the resplendence of My Justice. I will overturn the earth. I will thunder strike the guilty soul. My little souls, amidst that deluge of terror, you will carry My Cross, were it to be very small or big! When frightening, terrifying screaming will come out of the earth, howling’s from souls in disgrace, who are not to return to My mercy you shall recite the following prayer:"

"I hail, adore and embrace you, adorable Cross of my Savior. Protect us, guard us, save us. Jesus loved you so much. After His example, I do love you. May your holy image appease my fears! Let me experience nothing but calm and confidence!

"You will experience so many graces, so much strength, that such a deluge will pass over you as though unperceived. My children, that strong blow will be a terrible
confusion. Those will be days most awful, quite horrible. However, I would not like to frighten you. You will have your safeguard and a safe shelter."

**REMEDIES DURING THE CHASTISEMENT TO BE READ CAREFULLY**

God never strikes without warning, He has sent us His Holy Mother who came and wept at *LaSalette*, she was neither listened to nor believed. God will therefore punish without precedence the whole universe. Earlier on He had indicated to Marie-Julie, who had the stigmata and was held in high esteem by some bishops of Nantes, the natural and supernatural means of protecting ourselves. And to have blessed candles for the days of darkness.

**PRAYER TO THE HOLY CROSS** during the great disasters:

*I hail, adore and embrace you, adorable Cross of my Savior. Protect us, guard us, save us. Jesus loved you so much. After His example I do love you. May your holy image calm my fears! Let me experience nothing but peace and confidence.*

**PRAYER TO THE HOLY CROSS** during the great storms.
*Oh Jesus, conqueror of death, save us.*

**WORDS OF OUR LORD TO MARIE-JULIE** during an ecstasy.

*A medal of my Divine Heart. A medal, traced on it my adorable cross. You will dip in a glass of water these two images, made either of cardboard or metal. You will drink this water that is twice blessed and twice purified. A single drop in your food, a tiny drop will be sufficient to keep away not just the scourge, but the scourges of my Justice,*

*You will give a drop of this water to the poor souls struck by the scourges of unknown illnesses.*

*To dissipate all fear and all fright you will touch your foreheads with the picture or the gentle medal of Mary Immaculate. Your spirits will remain calm. Your intelligence will not fear the approach of the terror of men. They will not feel the effects of my Great justice.*
You will take an infusion of St John's Wort [1] especially during crisis, sufferings of the chest and violent headaches. Hawthorn (2) for cholera. For unknown fevers, the humble violet, (3) the perfume and virtue of humility will have effect.

1 — Glechoma hedeiacea 2 — Craetagus oxyacantha 3 — Viola odorata

During the MORTAL PLAGUE - There will be only one remedy for protection. It will be to swallow, written on very thin paper:

**OH JESUS, CONQUEROR OF DEATH, SAVE US, O Crux ave.**

Novena to the Infant Jesus of Prague in Urgent Need
(To be said for nine days or nine consecutive hours)

www.christian-miracles.com/infantjesusofprague.htm

**O Jesus, Who said, "Ask and you shall receive, seek and you shall find, knock and it shall be opened to you," through the intercession of Mary, Your most holy Mother, I knock, I seek, I ask that my prayer be answered. (Mention your request)**

**O Jesus, Who said, "All that you ask of the Father in My Name He will grant you," through the intercession of Mary, Your most holy Mother, I humbly and urgently ask Your Father in Your Name that my prayer be granted. (Mention your request.)**

**O Jesus, Who said, "Heaven and earth will pass away, but My word shall not pass," through the intercession of Mary, Your most holy Mother, I feel confident that my prayer will be granted. (Mention your request) Amen**
Matthew Henry's Concise Commentary

91:1-8 He that by faith chooses God for his protector, shall find in him all that he needs or can desire. And those who have found the comfort of making the Lord their refuge, cannot but desire that others may do so. The spiritual life is protected by Divine grace from the temptations of Satan, which are as the snares of the fowler, and from the contagion of sin, which is a noisome pestilence. Great security is promised to believers in the midst of danger. Wisdom shall keep them from being afraid without cause, and faith shall keep them from being unduly afraid. Whatever is done, our heavenly Father's will is done; and we have no reason to fear. God's people shall see, not only God's promises fulfilled, but his threatening. Then let sinners come unto the Lord upon his mercy-seat, through the Redeemer's name; and encourage others to trust in him also.

91:9-16 Whatever happens, nothing shall hurt the believer; though trouble and affliction befall, it shall come, not for his hurt, but for good, though for the present it be not joyous but grievous. Those who rightly know God, will set their love upon him. They by prayer constantly call upon him. His promise is, that he will in due time deliver the believer out of trouble, and in the meantime be with him in trouble. The Lord will manage all his worldly concerns, and preserve his life on earth, so long as it shall be good for him. For encouragement in this he looks unto God.

He shall live long enough; till he has done the work he was sent into this world for, and is ready for heaven. Who would wish to live a day longer than God has some work for him to do, either by him or upon him? A man may die young, yet be
satisfied with living. But a wicked man is not satisfied even with long life. At length the believer's conflict ends; he has done for ever with trouble, sin, and temptation.

1. You who dwell in the shelter of the Most High, who abide in the shade of the Almighty,
2. I will say to the LORD, “He is my refuge and fortress, my God in whom I trust.”
3. Surely he will rescue you from the fowler’s snare, from the destroying plague,
4. He will shelter you with his pinions, and under his wings you may take refuge; his faithfulness is a protecting shield.
5. You shall not fear the terror of the night nor the arrow that flies by day,
6. Nor the pestilence that roams in darkness, nor the plague that ravages at noon.
7. Though a thousand fall at your side, ten thousand at your right hand, near you it shall not come.
8. You need simply watch; the punishment of the wicked you will see.
9. Because you have the LORD for your refuge and have made the Most High your stronghold,
10. No evil shall befall you, no affliction come near your tent.
11. For he commands his angels with regard to you, to guard you wherever you go.
12. With their hands they shall support you, lest you strike your foot against a stone.
13. You can tread upon the asp and the viper, trample the lion and the dragon.
14. Because he clings to me I will deliver him; because he knows my name I will set him on high.
15. He will call upon me and I will answer; I will be with him in distress; I will deliver him and give him honor.
16. With length of days I will satisfy him, and fill him with my saving power.
O God, who gave to Saint Peregrine an Angel for his companion, the Mother of God for his Teacher, and Jesus as the Physician of his malady, grant we beseech You through his merits that we may on earth intensely love our holy Angel, the blessed Virgin Mary, and our Saviour, and in Him bless them forever. Grant that we may receive the favor which we now petition. We ask this through the same Christ our Lord, Amen

(Say seven Our Fathers, seven Hail Marys and seven Glory be to the Fathers with the invocation, St. Peregrine, pray for us.)