

St Pius X Council 10762
Newsletter



**KNIGHTS
 OF COLUMBUS**
 IN SERVICE TO ONE. IN SERVICE TO ALL.

GK Frank Saavedra

November 2011



GK Frank Saavedra

Brothers,

Thanksgiving and Christmas are busy times, and as a result there is precious little time for all the things we must attend to. When someone asks for some time from you during the holidays, it can seem a little ridiculous.

The hustle and bustle we often experience sometimes makes it hard to appreciate that Thanksgiving is a time to be grateful for all the gifts God has provided to us, and that Christmas is the time to celebrate the birth of our Savior. If we can keep things in that context, life can feel a little easier and happier. Perhaps then, finding a little time isn't as difficult.

In looking through this newsletter, you will see a lot of activities taking place in November, and we'll have a few in December as well. Those will require some time from all of us. I hope that you are able to assist with the pancake breakfast, or the golf tournament, or the

ladies boutique sale. These are all activities to raise money to help others. Isn't helping others a real good way to celebrate these two wonderful holidays?

May God continue to bless!

GK Frank Saavedra

Meeting / Event	Date	Time	Location
1st Degree or Degree Team Practice (Candidates report at 7:00 P.M.)	1st Thursday of every month	7:30 P.M.	Hopi Room - St Pius
Officer Meeting Business Meeting	2nd Thursday of every month	6:30 P.M. 7:30 P.M.	Kino Room - St Pius Hopi Room - St Pius
Officer Meeting Business Meeting	4th Thursday of every month	6:30 P.M. 7:30 P.M.	Kino Room - St Pius Hopi Room - St Pius

“Make a difference! Spend 12 hours out of the year’s 8760 hours at a business meeting.”

GK Frank Saavedra



Computer Tips

Issues of malware, virus's and identity theft seem to constantly be in the news. Computer tips will periodically be in the newsletter to help with your understanding and hopefully help prevent you from becoming a victim of these attacks. Other topics will be covered as well - stay tuned!

Below is a simple copy and paste from the Microsoft site concerning passwords. Having strong passwords on your email, banking and investment sites will help prevent potential virus activity and the stealing of your account information, or using your email accounts to propagate malware and virus attacks on your friends and family.

CREATE STRONG PASSWORDS

Strong passwords are important protections to help you have safer online transactions.

Keys to password strength: length and complexity.

An ideal password is long and has letters, punctuation, symbols, and numbers.

- Whenever possible, use eight characters or more.
- Don't use the same password for everything. Cyber criminals steal passwords on websites with very little security, and then they try to use that same password and user name in more secure environments, such as banking websites.
- Change your passwords often. Set an automatic reminder for yourself to change your passwords on your email, banking, and credit card websites about every three months.
- The greater the variety of characters in your password, the better. However, password hacking software automatically checks for common letter-to-symbol conversions, such as changing "and" to "&" or "to" to "2."
- Use the entire keyboard, not just the letters and characters you use or see most often.

Create a strong password you can remember. There are many ways to create a long, complex password. Here are



Birthdays in November

John A Caccitolo.....	1101
David K Wickey	1101
William C Stapleton	1102
Joseph Gulotta	1108
Daniel R Pinda.....	1116
Frank H Fieldhouse	1119
Gerald P Alpeche	1127

some suggestions that might help you remember it easily:

- Start with a sentence or two. (e.g. Complex passwords are safer.)
- Remove the spaces between the words in the sentence. (e.g. Complexpasswordsaresafer.)
- Turn words into shorthand or intentionally misspell a word. (e.g. ComplekspasswordsRsafer.)
- Add length with numbers. Put numbers that are meaningful to you after the sentence. (e.g. ComplekspasswordsRsafer2011.)

Test your password with a password checker. A password checker evaluates your password's strength automatically. Try this site to check the strength of your password:

www.microsoft.com/security/pc-security/password-checker.aspx

Protect your passwords from prying eyes. The easiest way to "remember" passwords is to write them down. It is okay to write passwords down, but keep the written passwords in a secure place.

Common password pitfalls to avoid:

- Cyber criminals use sophisticated tools that can rapidly decipher passwords. Avoid creating passwords that use:
 - Dictionary words in any language.
 - Words spelled backwards, common misspellings, and abbreviations.
- Sequences or repeated characters. Examples: 12345678, 222222, abcdefg, or adjacent letters on your keyboard (qwerty).
- Personal information. Your name, birthday, driver's license, passport number, or similar information.



Degree Presentations, Awards and New Members



Emil J. Estopare (left) and Donald G. McComb received the Second and Third Degrees in Sierra Vista on October 8.

Persons With Intellectual Disabilities

This year I am proud to share the results of our drive. It took 218 hours of service and 85 volunteers to make this year's drive the success it was. The best part is that we had a true representation of the entire St Pius X family plus even one person who is not even a member of our faith to want to support this truly wonderful cause.



Besides that one person from outside of our parish here is the profile of the rest of our team for this year's event that took place the weekend of September 23rd through the 25th:

September Awards

Knight of the Month - Fred Falgiano

Selected for the September for the work Fred did for the PWID drive. Fred endeavored to get the teens involved along with our Brother Knights and their family members. Thank you Fred for helping to enhance the lives of those less fortunate.

Family of the Month - Joe and Nora Mrazik

Joe and Nora also helped with the PWID drive as well as other things within the parish. Thank you both for giving of you time and effort to our parish and those in need.

We had 36 knights, 10 knights' family member' which included wives, widows, and sons of the knights, 26 teens and their families from our own PI Teen group, 2 of our younger men who represented the Boy Scouts and 10 parishioners.

I would like to thank the entire team for all of their efforts and results.

Our total amount that will be contributed to our selected charities for People with Intellectual Disabilities as well as those qualified state organizations which submitted requests is \$2909.96.

WAY TO GO TEAM!!!!!!!!!!!!!!

Brother Fred Falgiano

Karate Classes



For more information please
contact:

Frank Saavedra
kofckarate@yahoo.com



Readers Review

By Dave Conca
In the Face of Fear

By Various Authors

In the Face of Fear provides wisdom for challenging times by several authors. This is a compilation of short writings designed to give the reader perspective on events that they may be facing in their lives.

The book is divided into six parts. Part one deals with denial and seeing things as they really are. The first essay, "It's All Happening to All of Us, All of the Time" is a great reminder that we all face problems, loss and tragedy. Sometimes we just need that reminder to be able to shake that 'it's not fair' feeling.

Book two aims at giving us the right mind set to be able to handle tough times. How to heal pain and how to find compassion to help others who are going through difficult times. Part three is a guide to transforming difficulty into something useful. It examines how to be aware of our situation and then making choices to positively affect the outcome.

For me, 'Erring and Erring, We Walk the Unerring Path' by Dzogchen Ponlop Rinpoche, provided the most comfort and direction. It basically rides on the 'where there's a will, there's a way' premise. There are times where I just need to hear or read that again. And again. "In challenging times, we need to remember that the path is a mixed bag."

Book four is about facing fear and other strong emotions. I particularly enjoyed 'Smile at Fear' by Carolyn Rose Gimian. Having courage and a sense of humor, play a huge role in being able to face the unknown and the things that frighten us.

The fifth part of the book deals with being skillful in money, work and family.

The final part of the book is 'True Happiness'. A great ending!! I found most meaning in John Tarrant's "It Would be a Pity to Waste a Good Crisis". I've taken this one to heart, personally, trying to make use of the loss in my life to help others.

We can't always control what happens to us in life, but during times of fear, loss or groundlessness, this book shows us that there is one thing we can always change: our own state of mind. How we react to the ups and downs of life makes all the difference!



Prayer INTENTIONS

A Prayer for Healing...

Dear God,
we place our worries
in Your hands.

We place our sick in Your care
and humbly ask that You restore Your servants to
health again.

Above all, grant us the grace to
acknowledge Your holy will and know that
whatever You do,
You do for the love of us.
Amen.

Peter Anelli	Rick Madden
Angela Aultman	Ed Marsh
Nancy Blanchard	Tony Marino
Alice De Noguean	Josephine Morales
Carmen Donnelly	Jim Moriset
Ginny Dugan	Chad Mullenberg
Linda Grell	Jack Perry
Sam Grorud	Steve Pieper
Jerry Hennelly	Carl Seymour
Joe Kerns	Mike Vilas

To add or remove someone
from this list, contact
Deacon Dennis Ranke, 885-8145
or Bob Messenger, 290-8671
or email:
bmessenger@kofctucson.com

Brothers, please review the names on the prayer list. If you wish to be removed or add your loved one, please let me know. Thank you.

Brother Bob Messenger



November 2 - All Souls Day

Keep your ears to the ground as our council is discussing different options for events on this day. More to follow in email, bulletin and on our web site.]

November 5 - Commemoration and Celebration

Event is to honor the memory of our Brother Knights and loved ones. On Saturday, November 5th at 3 P.M. all families are invited to pray the Rosary in Church. At 4 P.M. Following the Rosary Brothers and family members will meet in the Tanque Verde Room for High Tea. You are encouraged to wear your Red Council Shirt. A section in church will be reserved for Knights and family members. About 4:45 P.M. Brothers will assemble in the church lobby and then proceed down both sides of the church center aisle carrying candles. Moving to the right and left of the altar they will place the candles at the altar. After placing their candle each line will circle (left & right) to the back and to the reserved seats. After Mass light refreshments will be served in the Tanque Verde Room.

November 6 - Pancake Breakfast and Blood Drive

Our next pancake breakfast and blood drive is coming up quick and we look forward to having your help. Please come early to help set up or towards the end to help clean up. If you can't help, bring your family for breakfast and help us raise funds for our council to continue helping where help is needed.

November 12 - Golf Tournament

The golf tournament at Dorado Golf Course on Speedway Blvd will be held on 12 November. A luncheon will follow at the Hilton Hotel on Broadway.

Veterans Benefit Dinner

The Msgr. James T. Weber Assembly will hold the annual Veterans Benefit Dinner on Saturday November 12 at Corpus Christi Catholic Church. There will be displays of memorabilia starting at 5:30 PM. Cocktail social at 6:00 PM and dinner will be served at 6:30.

We are proud to have Colonel David J. Uselman as our guest speaker. He will give us some insight to the Veterans' contribution to America.

There will be a demonstration of the flag-folding ceremony and the POW-MIA ceremony by the Weber Assembly Color Corps.

Dinner will include salad, smoked brisket, tilapia, vegetable medley, oven roasted potatoes, rolls and butter and a light dessert. A child's menu is also available.

Tickets are \$25 for adults and \$8 for kids under 12 and may be purchased from Pete Karculias 722-7093 or skpeter@cox.net.

All proceeds go to the VA Hospital fund for personal needs of hospitalized veterans. If you cannot attend, a donation payable to Weber Assembly K of C would be most welcome. Please be generous.

November 12 & 13 - Ladies Boutique Sale

Join in the fun and support the Ladies Boutique. Many of the ladies involved are wives of our Brother Knights and do good works for our church community.

December

December 3 - KofC Children's Christmas Party Setup

December 4 - Children's Christmas Party

We will have a pancake breakfast followed by a visit from Santa! Please put this one on your list of things to do - your help to make this a success is most welcome.

December 16 - Council Pot Luck Christmas Party

More in next months newsletter



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ADDRESS SERVICE REQUESTED

Be sure to visit
www.kofctucson.com
for up-to-date information,
pictures, contacts and
highlights of upcoming events!



VISIT OUR WEBSITE!!

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