



Knights *focus*

St. Jude COUNCIL #7736
St. Jude Catholic Church, Mansfield, TX

Something for the Heart

By Grand Knight Speedy Gonzales

March 2016

A medical doctor provides a physical description:

The cross is placed on the ground and the exhausted man is quickly thrown backwards with his shoulders against the wood. The legionnaire feels for the depression at the front of the wrist. He drives a heavy, square wrought-iron nail through the wrist deep into the wood. Quickly he moves to the other side and repeats the action, being careful not to pull the arms too tightly, but to allow some flex and movement. The cross is then lifted into place. The left foot is pressed backward against the right foot, and with both feet extended, toes down, a nail is driven through the arch of each, leaving the knees flexed. The victim is now crucified. As he slowly sags down with more weight on the nails in the wrists, excruciating fiery pain shoots along the fingers and up the arms to explode in the brain -- the nails in the wrists are putting pressure on the median nerves. As he pushes himself upward to avoid this stretching torment, he places the full weight on the nail through his feet. Again he feels the searing agony of the nail tearing through the nerves between the bones of his feet.

As the arms fatigue, cramps sweep through his muscles, knotting them deep relentless, and throbbing pain. With these cramps comes the inability to push himself upward to breathe. Air can be drawn into the lungs but not exhaled. He fights to

raise himself in order to get even one small breath.

Finally, carbon dioxide builds up in the lungs and in the blood stream, and the cramps partially subsided. Spasmodically, he is able to push himself upward to exhale and bring in life-giving oxygen.

Hours of limitless pain, cycles of twisting, joint-renting cramps, intermittent partial asphyxiation, searing pain as tissue is torn from his lacerated back as he moves up and down against rough timber. Then another agony begins: a deep, crushing pain deep in the chest as the pericardium slowly fills with serum and begins to compress the heart. It is now almost over. The loss of tissue fluids has reached a critical level. The compressed heart is struggling to pump heavy, thick, sluggish blood into the tissues. The tortured lungs are making frantic effort to gasp in small gulps of air. He can feel the chill of death creeping through his tissues.

Finally, he allows his body to die. All this the Bible records with the simple words, "and they crucified Him" -- Mark 15:24

Viva Cristo Rey
Speedy Gonzales
Grand Knight

Upcoming Events

- March 4 - Fish Fry
- March 5 - Matlock Street Cleanup
- March 5 - Bingo!!
- March 5- Scholarship Raffle Sales Weekend
- March 6 - Corporate Communion
- March 8 - Monthly Business Meeting
- March 11 - Prolife Rosary
- March 11 - Fish Fry
- March 11 - Stations of the Cross
- March 12 - St. Paddy's Pickle Parade
- March 12 - Scholarship Raffle Sales Weekend
- March 17- St. Patrick's Day
- March 18 - Fish Fry
- March 20 - Palm Sunday
- March 22- Monthly Planning Meeting
- March 25 - Good Friday
- March 25 - Easter
- March 25 - Easter Breakfast
- March 25 - Easter Egg Hunt
- March 26- Pray at Abortion Clinic

**Ask a good Catholic man to join the Knights today!
It'll make him a better Catholic – just like it did to you!!!**

Bingo!!!

Our Monthly Bingo is on March 5th! Come out and help or just bring the whole family and play! Food prep starts around 4:00 P.M. – gaming at 6:30 P.M



First Degrees

(all at 7:00 P.M. unless noted)

**3/18 – Council 11423
Ft. Worth**

**3/22 – Council 8157
Duncanville**

**3/29 – Council 13470
Arlington**

Contact Thomas Scott at
469-834-5252

TJSCOTT8816@YAHOO.COM

If you have a lead on a new member

Lenten Fish Frys

Fish Fry prior to Stations of the Cross. Start cooking around 3:00 PM - Dinner starts at 5:00 PM and ends when Stations start at 7:00 PM. Please come out whenever you can, even if it's right at the end to help clean up.



Knights Can Weekend

Our next KNIGHTS CAN Weekend is March 28th. On this weekend, the Knights all make an effort to remember to bring in canned goods for the St. Vincent de Paul Society.

Monthly Awards

Knight of the Month – Edward Haidusek

Have you seen those pits? Those guys are the direct result of Ed's hard work and passion for the Knights! Thank you Ed for all that you have done and continue to do. A true asset to our council.

Family of the Month – Jerry and Bonnie Rodriquez

If you have ever gone to Breakfast after the 7:45 mass, you have probably been greeted by Bonnie when passing through the service line. Jerry and Bonnie both are pillars of our St Jude's community. Whether feeding our Knights at officer installations, Turkey and Brauts, Parish Festival, Pickle Parade and many other events, Jerry and Bonnie quietly go about their business doing God's work. Thank you both for all that you for our parish!

St. Paddy's Pickle Parade

St. Paddy's Day Parade March 12th. We will have a food stand for event and also a marching unit. Food Crew - Starting at 9 AM to load at St. Jude, then move to Main Street. Honor Guard - Report to St. Jude at 12:00 PM - step off at 1:00 PM.



Find out everything going on with Council 7736 at
www.kofc7736.org

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