



# KNIGHTLY NEWS



MEETING NIGHTS: SECOND &amp; FOURTH TUESDAY OF EACH MONTH – 7:30 PM – (757) 930-0491 – WWW.KOFC5480.ORG

September 2020

Issue 32 Number 9

## Grand Knight's Message



Brother Knights and Families,



As I wrote this brief entry for the monthly newsletter, I received an email from my lovely wife Deborah that a Novena for Marriage and Family starts on 30 Aug. Hopefully, I will have already shared this information via email by time you have read this. If you participate in the Novena, please let me know so I can report this in our Faith in Action/Faith category.

I hope I have not given you email overload. Sometimes there is so much information flying around that just needs to be shared with you. Let's see what else is there in my inbox. Daily reading from USCCB, K-Love Verse of the Day, Bishop Barron's Reflection on the daily reading, USCCB's study of the upcoming Sunday reading, messages from the District Deputy, and State Officers.

Please read the "Now Hear This" section of the newsletter for future activities. There is still time to sign up for the PGK/PFN Dinner on 19 Sep. I know we do not have a PFN this year, but we still recognize all the PFNs. The cost is \$15.00 per person. I know this is a change from the past where the PGKs and PFNs dinner was free. Contact Steve Chipman, DGK to get your name on the list. The sign-up list is also in the lounge. Bring your check to the next meeting.

Goals for this year are Serving our Community, Engaging in Prayer, and Growing our Council.

Vivat Jesus,

**Louis Federico, Grand Knight, Walter Pollard Council 5480**

P.S. From Pope Francis: 1 Sep is World Day of Prayer for the Care of Creation.

## Deputy Grand Knight's Message



Worthy Brothers and Families,



It's already September and like me, you are probably wondering where the summer went. This past Tuesday night, our Council held an on-site and virtual meeting and it was so good to see the turnout from my Brother Knights. Please see the calendar for important events coming up during the month of September, including Adopt-A-Spot, Fish Fry, and the PGK/PFN dinner.

Also, Bingo has started back up with patronage increasing so far. We are still short on volunteer workers so if you can commit to a few hours on Monday or Thursday nights it would be very much appreciated. Our Bingo proceeds make up the majority of our funds used to support Peninsula Catholic, Our Lady of Mount Carmel School, parishes, and the local community.

The Family Director position is still vacant and it is one of those positions that can't remain unfilled. Please reach out to me if you are interested or have any questions. As always, please continue to support Supreme's Faith in Action Program "Leave No Neighbor Behind" by reaching out to your fellow Knights' families, people in your neighborhood, and the local parishes. Together we will keep doing the Lord's work while also promoting visibility of the Knights of Columbus.

Vivat Jesus,

**Steve Chipman, Deputy Grand Knight, Walter Pollard Council 5480**

*This publication is for the information of Walter Pollard Council 5480 members and does not necessarily reflect the views of Supreme Council, the Knights of Columbus, or Council jurisdiction officers.*

## Now Hear This!!

<b>Pandemic</b>	The Knights of Columbus Supreme has a new Faith in Action community program called "Leave No Neighbor Behind." Please submit program reports to the Steve Chipman, DGK. This information will be submitted to State and Supreme.
<b>Fish Fry</b>	We are planning a Fish Fry for 13 Sep from 2:00 - 5:00 p.m. The sign-up sheet for helping at the event is in the lounge, or contact Steve Chipman, DGK.
<b>"Into the Breach"</b>	We will be presenting the "Into the Breach" video series again in September. The tentative schedule is for 19 and 26 Sep at 8 a.m. at the Life and Faith Center at St. Jerome's. I recommend going to <a href="http://kofc.org/en/campaigns/into-the-breach.html">http://kofc.org/en/campaigns/into-the-breach.html</a> to view the videos. These are good videos to share with men of our parishes. Think membership. Dave Mazary is leading this effort and it sounds worth giving up a Saturday morning for.
<b>Knightline</b>	Do you receive the Knightline email? Inside the latest edition: Continuing meetings and activities while meeting the federal requirements of COVID-19; information on our founder, Fr. McGivney; what other councils do handle disasters.
<b>Adopt-A-Spot</b>	We need to catch up on maintaining our Adopt-A-Spot area. Please join us for the next Adopt-A-Spot on 12 Sep. Pick up sticks and vest are provided for your comfort and safety .
<b>Bingo!!!</b>	Yeah, I won. Well, not me. That's what some of the winners say. Please join us on Monday and Thursday in selling cards or pull tabs, bingo daubers, and verifying bingos. I know it will pull you away from your family duties, but this isn't about us--it's about the schools, churches, and charities we support.
<b>Council Website</b>	Please go to the council website and read the latest business meeting minutes. If there are any changes, please send them.
<b>Adoration</b>	Monthly Adoration of the Blessed Sacrament is on 3 Sep 2020, for one hour after the 8:00 a.m. mass.

### Knight of the Month



September's Knight of the Month is a wealth of knowledge for the history and activities of the Knights of Columbus on the Peninsula. He is there providing advice and guidance for both the Grand Knights and the younger Knights. He still takes an active role in whatever is needed for the success of the Bingo operations. He was caught setting up the pull tab cards last week. He has taken a leading role in setting up the Free Throw Contest and Keep Christ in Christmas cards distribution. I have learned a great deal from him in the operations of the Knights (local and state), bingo operations, and how to get an overseas assignment across the James River. Please congratulate James P. Healy for being selected as Knight of the Month for the month of September.



### Family of the Month



September's Family of the Month is familiar with being in the center of the action. What is there to say about being selected for a second term as the Virginia Jurisdiction Master of the 4th Degree? Past Grand Knight, Past Faithful Navigator, Past State Deputy are just a few of the positions held by SK Stephen Raschke. While State Master for the last two years, Steve has been in attendance at council and assembly meetings. Donna has been there to support Steve in all he has done for the Knights of Columbus and in the parish and community. Prior to the onset of the COVID-19 pandemic, Steve and Donna were active in church and parish activities. Steve was a lector at the 8 a.m. mass and Donna was assisting with the church bingo. When the pandemic is over, you will see Steve and Donna leading their parish again. Please congratulate Steve and Donna as September's Family of the Month .



# September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 7:30 pm - Assembly Meeting	2	3 5:30 pm - Bingo	4 Open Night	5
6	7 5:30 pm - Bingo	8 7:30 pm - Council Meeting	9	10 5:30 pm - Bingo	11 Birthday Night	12
13 2:00-5:00 pm - Fish Fry Columbian Cntr	14 5:30 pm - Bingo	15	16	17 5:30 pm - Bingo	18 Open Night	19
20	21 5:30 pm - Bingo	22 7:30 pm - Council Meeting	23	24 5:30 pm - Bingo	25 Open Night	26
27	28 5:30 pm - Bingo	29	30			

*Mark your calendars for upcoming events.*

## October 2020

- 6 Oct: Assembly Meeting
- 13 Oct: Council Meeting
- 27 Oct: Council Meeting

## November 2020

- 3 Nov: Assembly Meeting
- 10 Nov: Council Meeting
- 24 Nov: Council Meeting

\*Nocturnal Adoration at OLMC has been postponed until further notice.\*

### **Sick, Recovering, and Deceased**

Brothers, we ask for your prayers and support for Brothers in need of healing. We also ask for prayers for the deceased. If you are aware of a Brother Knight or family member in need of our prayers, contact Dave Mazary (813-5272) or the Grand Knight.

- Kelwyn D'Souza, Mary Litzinger, Blanca O'Brien, Dean Jernigan. Craig Jernigan, Jim Buckman, Joseph Robicheau, Stan Zduniak, Dave Mazary, Debbie Richard, Wynee Obrien, Quincy Elliott, Ed Kurin, Kim Nguyen
- Deceased: Tony Specio, Robert Kolesha

***Names will remain on the list for one month. Please renew your request if continued prayers are desired.  
Call Dave Mazary (813-5272) or the Grand Knight with requests or questions.***

***Almighty and everlasting God, the eternal salvation of those who believe in You, hear us on behalf of Your servants who are sick, for whom we humbly beg the help of your mercy, so that, being restored to health, they may render thanks to you in Your Church, through Christ our Lord. Amen.***

# September Birthdays and Anniversaries

## Birthdays:

Andrew B Convery 09/01  
 John-Allen C Delacruz 09/01  
 Shawn D Fitzpatrick 09/02  
 Pete Lontor 09/02  
 Edward M Plucinski 09/02  
 Richard J Spivak 09/02  
 William T Lenderman 09/03  
 George W Mattingly 09/03  
 John G Roos 09/03  
 Phillip M Skrypski 09/03  
 Nathaniel L Sullivan 09/03  
 Thomas J Ahearn 09/04  
 PGK Jonathan L Sargent 09/05  
 Edward J Hynes 09/08  
 Timothy E Sharpe 09/08  
 PGK Dominick R Bevacqua 09/09  
 Philip A Broadhead 09/09  
 John L Silva 09/09

Blaine R Beaulieu 09/11  
 Stephen M Curran 09/11  
 Louis W Federico 09/11  
 Todd J Harrah 09/11  
 PGK Carroll G Kelley 09/11  
 Raymond J Novey 09/12  
 Richard Lusk 09/13  
 Robert D Pallone 09/13  
 PGK Lowell Jessie Powell 09/13  
 Matthew J Weis 09/14  
 James M Dalberth 09/15  
 Robert W Curran 09/16  
 Cornelius Mitchell 09/16  
 PGK Daniel J Richard 09/16  
 Jeffrey T Stallings 09/16  
 Walter A Crenshaw 09/17  
 Dr Kent E Willyard 09/17  
 Alberto I Rios 09/19  
 Justin R Gonzalez 09/20  
 Larry M Pederson 09/20

William T Eggleston 09/22  
 John M Jackowski 09/22  
 Ronald J Rosenbaum 09/22  
 Franklin D Clark Jr. 09/23  
 John Ward 09/23  
 Andrew S Archbald 09/24  
 Paul J Caracciolo 09/24  
 Dr. Kelwyn A D'souza 09/25  
 Jeffrey J Khoury 09/25  
 Shaun Miller 09/25  
 Henry J Rowett 09/26  
 Martin A Walsh 09/26  
 George M Wojcik 09/26  
 Christopher H Bush 09/27  
 George D Wood 09/28  
 Anthony R Fecondo, Jr. 09/30  
 James P Healy 09/30  
 Terence J Konouck 09/30  
 Charles L Zastrow 09/30

## Anniversaries:

Michael and Celia Grinstead 9/1  
 James and Kathleen Bradley Jr 9/3  
 Joseph and Jamie Osso 9/3  
 Carroll and Fernanda Kelley 9/5  
 Mark and Linda Lynch 9/5  
 Kevin and Kimberly McDermott 9/5  
 Gerard and Judy Prince 9/5  
 Marshall and Leah Manipol 9/6  
 Francis and Faye Dougherty 9/7  
 Jeffery and Heather Lee 9/8  
 John and Patricia Greco 9/10  
 David and Lyn Douglas 9/11  
 Shawn and Margaret McNeill 9/11  
 William and Carol Burke IV 9/14  
 William and Nikki Barry 9/15  
 Thomas and Irene Killackey 9/15  
 Raymond and Jane Novey 9/15  
 Rick and Linda Schirm 9/15  
 Paul and Margaux Kiley 9/16

Michael and Kim Lewis 9/16  
 Donald and Terry Shannon 9/18  
 Beverly and Maria Tietjens 9/18  
 Richard and Kelly Bryson 9/19  
 John and Christina Wojtas 9/19  
 Kenneth and Jan Clarke 9/20  
 David and Patty Smith 9/21  
 Billy and Deanna Bruce 9/22  
 John and Deanna Buckley 9/22  
 Gary and Francis Kudlacik 9/22  
 John and Delores Macrino 9/23  
 Michael and Anne Smith 9/23  
 Charles and Rita Smith 9/24  
 Daniel and Janet O'Brien 9/25  
 Robert and Linda Schrock 9/25  
 John and Judy Triska 9/25  
 James and Shirley Patterson 9/28  
 William and Yolanda Doak 9/29  
 Ed and Mary Beth Plucinski 9/29  
 Mark and Mary Pinkerton 9/30

Happy Birthday!





## Roaring Knights September 2020 Bartender Schedule

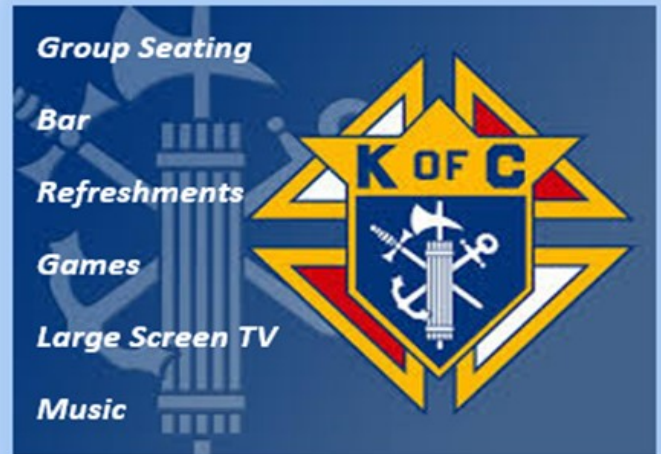


Date	Day	Description	Bartenders
1	Tuesday	Assembly Meeting	Howard
4	Friday	Open Night	Rios/Hill
8	Tuesday	Council Meeting	Kelley/Humphrey
11	Friday	Birthday Night	Johnson/Koch
18	Friday	Open Night	Kerstetter/Chipman
22	Tuesday	Council Meeting	Silva/Carota
25	Friday	Open Night	James/McFadden

If a Knight is interested in tending bar or cannot make his scheduled evening, *please contact* Alberto Ríos at 814-5393 or [riostoto@aol.com](mailto:riostoto@aol.com).



## Knights Den Lounge Information



For all Lounge Rentals, please contact  
Carroll Kelley (PGK/PFN) - Lounge Manager  
877-4865 or [cgkelley@cox.net](mailto:cgkelley@cox.net).

### Into the Breach

K of C has produced a world-class video series inspired by Bishop Thomas Olmstead's writings on the theme of "Into The Breach." Men from the council are invited to attend. This is a good opportunity for brother Knights to invite non-knights from our parishes to join us Saturdays, 19 and 26 Sep at St. Jerome's from 8:00 to 9:00 a.m. If you plan to attend, please RSVP to [davemazsr@gmail.com](mailto:davemazsr@gmail.com) or call 757-813-5272.

### Pro-Life Events and Dates

20 Oct 20: Pro-Life Dinner, [CaretPeninsula.org](http://CaretPeninsula.org), 757-591-0303

29 Jan 21: National (DC) March for Life, Carroll Kelley, 877-4865

13 Feb 21: VA March for Life in Richmond, Dave Mazary, 813-5272, [davemazsr@gmail.com](mailto:davemazsr@gmail.com)

## Fr. Michael J. Bader Assembly 2430 Directory



### Faithful Navigator

SK Tyrone Fuller

746-0125

### Faithful Friar

Vacant

### Faithful Captain

SK Juan Rodriguez

### Faithful Pilot

SK Bill Johnson

309-1135

### Faithful Comptroller

SK Harold Hairston

877-1566

### Faithful Purser

SK Bernie Gerlach

877-0126

### Faithful Scribe

SK Joe O'Brien

874-7965

### Faithful Admiral

SK Rick Schirm

310-3242

### Faithful Inner Sentinel

SK Jose Velez

SK Reco Cotton

508-1398

### Faithful Outer Sentinel

SK Stan Zduniak

SK Kiet Nguyen

### Color Corps Commander

SK Louis Federico

870-0573

### Sick and Distressed

SK Tony Merendino

872-7113

### Trustees

1 Yr - SK Louis Federico

870-0573

2 Yr - SK Stephen Raschke, Sr.

509-0177

3 Yr - SK Carroll Kelley

877-4865

# Walter Pollard Council 5480 Directory

## COUNCIL OFFICERS:

Grand Knight	Louis Federico	870-0573
Deputy Grand Knight	Steve Chipman	707-303-5852
Chaplain	Fr. George Prado	877-5021
Financial Secretary	Jessie Powell	254-2181
Chancellor	Bill Johnson	309-1135
Warden	Dave Mazary	881-9332
Recorder	Dan Baker	713-4571
Treasurer	David Kerstetter	872-0624
Advocate	Carroll Kelley	877-4865
Guards:		
· Inside	George Koch	660-1049
· Inside	Reco Cotton	508-1398
· Outside	Leonard Safford	
· Outside	Dave Hill	
Trustees:		
· One Year	John Edwards	876-8386
· Two Year	Harold Hairston	877-1566
· Three Year	Rick Schirm	310-3242
Lecturer	Thai Nguyen	232-0889

## DIRECTORS/CHAIRS:

<b>Membership Director</b>	Bill Johnson	309-1135
<b>Programs Director</b>	Steve Chipman	707-303-5852
<b>Faith Directors:</b>		
· OLMC	Pat McFadden	593-0238
· St. Jerome	Joe O'Brien	874-7965
· Queen of Peace	Mike Lennartz	234-0886
<b>Family Director</b>	TBD	
<b>Community Director</b>	Fredy Jurkowitsch	804-382-0382
<b>Life Director</b>	Dave Mazary, Sr.	
Youth Chairman	TBD	
Youth Outreach	TBD	
Youth Outreach	Dean Jernigan	596-4034
Communications Director	Rick Schirm	310-3242
Photographers	Kiet Nguyen	
	Angelo Cavone	469-8303
Health Services	Leonard Carota	877-6993
Vocations Chairman	Ted Mauch	282-8519
Public Relations	Rick Schirm	310-3242
Knightly News Editor	Garth Hallenbeck	602-3913
Recruitment Chair	Bill Johnson	309-1135
Retentions Chairman	Steve Chipman	707-303-5852
Insurance Promotion	Kevin Moran	757-495-1492

## KOVAR Co-Chairmen:

· OLMC	Jessie Powell	254-2181
· St. Jerome	Carroll Kelley	877-4865
KCIC Chairman	Jim Healy	867-5145
Charities	Jim Hooker	596-4765
Adopt-A-Spot	Alberto Rios	814-5393
Boy Scout Liaison	Jonathan Sargent	525-0077
Nocturnal Adoration (OLMC)	Dave Mazary	881-9332
Widows and Orphans	Clement Danish	877-2751
Sick and Distressed	Clement Danish	877-2751
Scheduling	Bernie Gerlach	877-0126
District Deputy	David Brin	851-0907
District Warden	Tony Velez	
Food Service	Jessie Powell	254-2181
Church Bulletins:		
· OLMC		
· St. Jerome		877-5021
· St. Vincent de Paul	Jeannie Klump	245-4234
· Queen of Peace	Mike Lennartz	234-0886

## VA STATE COUNCIL OFFICIALS FROM 5480:

New Council Dev Chair	Thai Nguyen (PGK)	232-0889
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## 5480 CLUB, INC.:

President	Alberto Rios	814-5393
Vice President	Bernie Gerlach	877-0126
Secretary	Harold Hairston	877-1566
Treasurer	John Edwards	826-8386
Grand Knight	Louis Federico	870-0573
Faithful Navigator	Tee Fuller	746-0125
Past President	Jonathan Sargent	525-0077
Directors:		
3 Year	Carroll Kelley	877-4865
3 Year	Tee Fuller	746-0125
2 Year	John Silva	
2 Year	Gabe Franco	877-4423
1 Year	Jeff James	
1 Year	Kevin Konouck	
Chairmen:		
Buildings/Grounds	Alberto Rios	814-5393
Lounge Manager	Carroll Kelley	872-7840
Rental Agent	Bernie Gerlach	877-0126
Kitchen Manager	Tee Fuller	746-0125



## Are we better today?



Are we better today? That is a question I would like for every Sir Knight to ponder. To ponder it correctly, you must have a point of reference to start from. Are you better than when? Yesterday? Last month? Last year?

In order for me to know if I am a better person today, I start my day off with this. I always wake up every morning saying this prayer: "Lord, I pray that I am a better person today than I was yesterday, and I pray that I am a better person tomorrow than I was today." Throughout that prayer I use the word "better." In my context of the word "better," I am asking if I am doing something pleasing to Jesus and my community. Am I trying to constantly help my fellow neighbor? In the next couple of meetings we will begin to formalize what we as an Assembly can do to "better" our communities/parishes. We will solicit ideas from everyone on what we can do and how we as an Assembly can be "better." I look forward to our next meeting to hear your suggestions. I expect everyone to help this Assembly participate in supporting our communities and parishes as they move forward.

Are you tired of words without action? Me too. Well, let's change that. I have been to several Council meetings and see all the good that they are doing for the community. What about the Assembly? We, too, can be a voice in our community. Throughout many of my previous articles there is a common theme: community involvement. Well, we need to do that. Can you stand with me in supporting our community? Can you commit to a community activity at least once a month or quarter? Can we count on you? Can we talk less and do more? We need your help to make this Assembly "better." Let's go. Stand up and be heard. Be a "better" person today. Our communities and parishes are counting on you.

Stay Safe...Be Safe

Congratulations to the new Sir Knights. We look forward to a wonderful year.

August 4: Installation of Officers (Live and Zoom Meeting (7:30pm))  
September 1: Assembly Meeting (Live and Zoom Meeting (7:30pm))  
October 6: Dining Out (TBD)  
October 31: Fall Exemplification (VA Beach)  
November 3: Veteran's Day Ceremony/Meeting (Live and Zoom Meeting (7:30pm))  
November XX: (Community Event) (TBD)  
December XX: Assembly Meeting/Christmas Event

Fraternally,

**Tyrone "Tee" Fuller, Faithful Navigator**  
**Father Michael J. Bader Assembly 2430**





September is Life Insurance Awareness Month. It's the one month each year that the life insurance industry coordinates a campaign aimed at educating folks about the importance of life insurance and helping them get the coverage they need. We don't want to bore you with lots of statistics, but a recent survey from LIMRA (Life Insurance Marketing Research Association) found that only 59% of Americans own life insurance and about half of those are underinsured. So that means that 70% of the population either has no life insurance or has too little life insurance.

What does that have to do with the Knights? The historian, Christopher Kauffman, spent several years at the Supreme Office and at the Museum, researching the book that he wrote on the 100th anniversary of our founding. That book, *Faith and Fraternalism*, notes on page 13, "...he [Fr. McGivney] was deeply interested in pursuing the topic of a Catholic fraternal insurance society among groups of Catholic laymen of New Haven." Then on page 35 Mr. Kauffman goes on, "...he [Fr. McGivney again] spent his energy in promoting the insurance feature...his emphasis on business was his pastoral concern for the social and financial security of the family."

Fr. McGivney lived both the social and the financial insecurity of a desperate family, with the breadwinner suddenly taken, that had to be supported. He left the seminary to work and support his mother and siblings. He didn't want other Catholic families to find themselves in such a predicament. That, and uniting men of faith, was the impetus for establishing our Order. Everyone who joined in those first years was insured; that was part of being in the organization. Now every member has a choice and every member should know what we do, and how we do it. Here's the process we use when we meet with families:

1. Discover – identify and prioritize your financial goals
2. Gather Data – collect facts and figures based on your current situation
3. Analyze – input data, run calculations, identify shortfalls
4. Recommend – propose a financial strategy designed to satisfy your goals
5. Implement – choose a financial strategy and implement
6. Periodic Review – review regularly, measure success, make adjustments

As you can tell, this is a painless process. But it can help any family, at any age, determine if they have blind spots in their coverage. It can help you avoid the pain of being underinsured. With the variety of life insurance products we offer, we can help just about any person within any budget.

We don't know about you, but we don't want to buy life insurance...we want to buy what life insurance for what it provides: no change in lifestyle for the survivors...in the house where they want to be. It'll pay for a daughter's wedding, a child's college education, and much more. What does life insurance provide? Peace of mind, security, freedom from anxiety, a safeguard from the unknown.

That's where we can help.

God Bless,

**Todd Curtis, FIC and Kevin Moran, FICF – Your Field Agents**  
**Phone: (757) 495-1492**







August 27, 2020

**Robert W. Abbate**  
General Agent  
FIC, LACP, CSA  
Supreme Knights Club Member  
Lifetime MDRT Member

## Introducing... Kevin T. Moran, Agency Leader Williamsburg Office.

**OFFICES:**

**Dale City:**

2500 Paxton St  
Woodbridge, VA 22192  
Phone: 703-494-0967

**Fredericksburg:**

2911 Hunter Mill Rd, STE 205  
Oakton, VA 22124  
Phone: 833-563-2467  
Fax: 571-255-6005

**Manassas:**

9720 Capital Ct, STE 301  
Manassas, VA 20110  
Phone: 703-810-3200

**Norfolk:**

2500 Alameda Ave, STE 111  
Norfolk, VA 23513  
Phone: 757-717-4348  
Fax: 757-809-2620

**Richmond:**

1231 Gateway Centre Pkwy  
Richmond, VA 23235  
Phone: 804-729-6899

**Roanoke:**

2800 Electric Rd, STE 102-C  
Roanoke, VA 24018  
Phone 540-204-4984

**Virginia Beach:**

4646 Princess Anne Rd, STE 106  
Virginia Beach, VA 23462  
Phone: 757-495-1492  
Fax: 757-495-1367

**Williamsburg:**

350 McLaws Circle, STE 1  
Williamsburg, VA 23185  
Phone: 757-495-1492  
Fax: 757-495-1367



Congratulations to Kevin T. Moran on his promotion to Agency Leader of the Williamsburg, Historic Triangle Office of the Abbate Agency! As a lead agent with the Abbate Agency, Kevin will continue to serve Brother Knights and their families in the Greater Peninsula Region, Stanton and Harrisonburg, VA. In this new role he will continue to educate, counsel, and advise Brother Knights, their families and their businesses, on the importance of securing their financial future and being able to achieve their financial goals and aspirations.

Kevin has been working for the Abbate Agency in the Virginia Beach office since 2016. He has earned the Million Dollar Round Table (MDRT) award three years in a row as well as Supreme Knights Club (SKC), the highest ranking for Knights of Columbus agents. He holds Certification in Long Term Care (CLTC) which focuses on extended care planning for families. Kevin has a history of working tirelessly with his clients, building plans to protect what is important to them while keeping his Catholic values at the forefront of his business.

Kevin retired in December 2013 from the United States Navy, where he served for 26 years, the last 10 as a Career Counselor Senior Chief. He was awarded the Navy and Marine Corps Commendation Medal (4 Awards), Navy and Marine Corps Achievement Medal (8 Awards), Good Conduct Medal (8 Awards), and Various Unit Campaign and Service Awards.

Kevin has been a member of the Knights of Columbus since 2001. Kevin and his wife June Marie have been married since 1997. The focus of their lives has always been their two children, Maggie, a rising Junior at Virginia Tech and Will, a rising Freshman at James Madison University.

Kevin will be leading the team in the Williamsburg office, one of the most successful Knights of Columbus operations in the USA. Please reach out to Kevin and wish him well in his new role by calling 757-495-1492.

The Abbate Agency  
"Excellence in Life Planning"

[www.abbatekofc.com](http://www.abbatekofc.com)



KNIGHTS OF COLUMBUS

**THE ABBATE AGENCY**

[www.abbatekofc.com](http://www.abbatekofc.com)

# TOM HEGNA PRESENTS: **DON'T WORRY, RETIRE HAPPY!**

Sponsored by:  
Knights of Columbus

## We Will Cover:

1. Have a PLAN for Retirement
2. Maximize Social Security Benefits
3. Consider a Hybrid Retirement
4. Protect your Savings from Inflation
5. Secure More Retirement Income
6. Have a Plan for Long Term Care
7. Use your Home Equity Wisely



The Abbate Agency

AS SEEN ON: CNN Forbes The New York Times FOX BUSINESS THE WALL STREET JOURNAL THE HUFFINGTON POST PBS AMERICA YAHOO! Finance

## Live Webinar: Tuesday, September 22<sup>nd</sup> at 7 p.m.



In this presentation, Tom Hegna will simplify the retirement journey with his seven steps to retirement security. Learn how to make a trouble-free plan for retirement with a solid foundation to build on for future generations. Avoid living a just-in-case retirement and enjoy the fruits of your labor! Whether you are a late starter with your retirement planning or you have significant savings, this presentation outlines how to make the most from the least with the smallest amount of risk.

### Tom Hegna: CLU, ChFC, CASL

Tom Hegna is an economist, author, and retirement expert. He has been an incredibly popular industry speaker for many years and is considered by many to be THE Retirement Income Expert! As a former First Vice President at New York Life, retired Lieutenant Colonel, and economist, Tom has delivered over 5,000 seminars on his signature "Paychecks and Playchecks" retirement approach, helping Baby Boomers and seniors retire the "optimal" way. He has condensed a large chunk of his considerable knowledge into 5 books.



**Registration is free, but required.**  
**Reserve your spot at [abbatekofc.com/hegna](http://abbatekofc.com/hegna)**



KNIGHTS OF COLUMBUS

**THE ABBATE AGENCY**

[www.abbatekofc.com](http://www.abbatekofc.com)

Questions?

757-495-1492

[AbbateAgencyMail@kofc.org](mailto:AbbateAgencyMail@kofc.org)