



KNIGHTLY NEWS

MEETING NIGHTS: SECOND & FOURTH TUESDAY OF EACH MONTH – 7:30 PM – (757) 930-0491 – WWW.KOFC5480.ORG

July 2018

Issue 30 Number 7

Grand Knight Message



Brothers, I am excited to start the Fraternal year as the Grand Knight of Council 5480. I am grateful for all the encouragement and support already received. I would like to thank the outgoing officers for their time and effort this past year. Once again, we are fortunate to have a good, qualified slate of officers and directors to carry on the tradition of Council 5480. It has been a wonderful experience going through the chairs, learning the rules, making a budget, and seeing how the council functions. The learning continues, the District Deputy, Financial Secretary, Deputy Grand Knight, and I just went to a very informative state reorganization meeting.

I am asking brothers to wear their nametags to church. It is free advertisement! When parishioners see Knights serving as ushers, lectors, Eucharistic Ministers, etc. it shows our commitment to the church and the community. If we are seen sitting with our families, it shows that family and church are important to us. The second thing I am asking, let's all work together in unity at bringing and keeping younger men and families into the council. We need the enthusiasm and new ideas of young new members if the Knights of Columbus is to survive.

As brothers advance through the degrees we are expected to increase our knowledge of the Catholic faith. Ask this of yourself and your family: what are the seven Sacraments and what are the Sacraments you may take more than once.

Vivat Jesu, David Kerstetter, Grand Knight

Knight of the Month



The July Knight of the Month is Ron Rosenbaum. Ron is an Extraordinary Minister of Holy Communion at OLMC and a bingo QA worker. He can be seen serving food at our events such as the Mother's Day breakfast. Ron is also an avid supporter of Our Lady of Mount School. Congratulations on being selected as the July Knight of the Month for council 5480!

Family of the Month



The July Family of the Month is PGK John Edwards and his wife Connie. They have 3 children, Joshua, Arliss, and Mickey. It is very unusual to find John or Connie without at least one of their children; Joshua was with John at our last Adopt a Spot. John served as Grand Knight this past fraternal year, which had several changes from the club, state, and supreme councils. This was not John's first time as Grand Knight; it was his third. John was a previous Grand Knight at our own council, and also at the United States Merchant Marine Academy. John is Chair/Secretary of the Hampton Roads Chapter of the Society of Manufacturing Engineers, and a member of the Society of Naval Architects and Marine Engineers. In addition, John is a Cub Scout Committee Chairperson for Pack 242, a lector and was a member of Pastoral Council until recently when his three year term was completed at St. Jerome Catholic Church.

Connie is also very busy along with being a wife and mother of three children, she finds time to be a Cub Scout Den leader for Pack 242. Connie is also a member of the Altar Guild at St. Jerome Church which is the members that clean the Church on Saturdays. Congratulations on being Council 5480 Family of the month for July and thank you to the entire family for your time and effort this past year.

Deputy Grand Knight



CHANGE! The only one who likes change is a baby, a baby with a full diaper! We all are reluctant to change but change we must. To remain relevant in our Roman Catholic community we must be willing to embrace the new generation of Catholic Gentlemen where they are, not where we were. Again, Supreme has rolled out changes that will affect the Order as a whole. Please take the opportunity to read the information mailed in the Knight line and the Columbian magazine. If you're an internet surfer the new info is available at KofC.org. I will also make an attempt at putting together a concise hand-out as soon as I can. The first month of the new Fraternal Year has two main events planned: 1) Officer Installation and refreshments on 10 July at 7:00 and 2) Family picnic on 22 July in the Picnic Shelter in the back which starts at 1:00. The Family Picnic is advertised in this Nightly News.

Remember, if we are not growing, we are dying .

Rick Schirm, Deputy Grand Knight

From the Desk of SK Deacon Dan....



Independence Day celebrates severing ties of the united thirteen colonies of America with England, the mother country, on July 4, 1776. It is interesting that each of us has our own independence day. The moment the obstetrician severs the umbilical cord in the delivery room, we are thrust into life independent of our mother. New birth, new life, and the illusion of independence. We soon come to realize that life requires participation with others. No human person can exist in exclusivity. Water, food, shelter, and socialization demand dependence in regard to availability of those items of Maslow's Pyramid of needs.

The illusion of independence places itself in juxtaposition to the reality of self-sufficiency. Just because I discover those life-sustaining elements, it is not a truth that I have created them. There is credit given to the resourcefulness and creativity of discovery, and a prioritization of them. Longevity can be in direct proportion to an individual's ability to ration. Animals often secure food and shelter to sustain them during long periods of winter hibernation. Gratitude and acknowledgement shall be extended to the actual provider/creator of those life-sustaining products. Separation from the false truth of total independence opens the door to freedom.

Recognizing our reliance on God removes the stress of existence and non-relevant control over life. God's immense and overflowing love created the universe and makes Him transcendent from us. And it is that very same enveloping and sustaining love (like the air we breathe) that also allows us to trust that he is very close to us, intimately knowing our innermost being and personally caring about our smallest needs and concerns. Psalm 46, "Be Still and Know That I am God," are seven profound words that can guide our path to liberation. The world culture would have us believe that we are in charge of our own destiny, and that we have the ability to "take charge". Jesus tells us, "You have faith in my Father have faith also in me. I am the way the truth and the life. Who ever believes in me will never die but have eternal life" (John 14).


The United States of America gained independence as a nation founded under God with liberty and justice for all peoples. Our founding fathers set an example of fortitude and self-surrender that empowered them to attain the victory of freedom. Applied to our lives of faith as Roman Catholic Knights and Ladies of Columbus, the success of our faith and the determining factor of eternity can be discovered in the counter cultural truth of turning to Jesus Christ our Lord and Savior. And we rely and depend on others as the Body of Christ in our worship, and encouraging others to seek independence in Christ.

Sir Knight Rev. Mr. Daniel Johnson, MAT
Director of Pastoral Care, Our Lady of Mount Carmel & Peninsula Catholic High School

Chancellor's Corner



Growing our Council

 The next Admission Degree (1st) is scheduled for July 28. The next Formation Degree (2nd) is scheduled for Sep 27. The next Knighthood Degree (3rd) is scheduled for Oct 13. Please encourage your Brother Knights to take the next step in their journey in our Brotherhood. In addition, if you are or know of a Catholic gentleman interested in joining our Order, feel free to contact me for assistance or more information.

Upcoming Degree Ceremony:

- Admission Degree – Saturday, July 28, at 10:00AM at Council 16226, in Hampton. Degree participants are requested to arrive by 9:15 AM.
- Admission Degree – Tuesday, August 14, at 7:30 PM at Council 5480. Degree participants are requested to arrive by 6:45 PM.
- Formation Degree – Thursday, Sep 27 at 7:30 PM at Council 511 in Hampton. Degree participants are requested to arrive by 6:45 PM.
- Knighthood Degree – Saturday, Oct 13 at 7:30 PM at Council 511 in Hampton. Degree participants are requested to arrive by 6:45 PM.

Degree participants are encouraged to wear a collared shirt and slacks. Sport coat optional for 1st and 2nd Degree events. If you would like to participate in one of the upcoming degree programs or just need more information, please contact me. (federicolouis98@gmail.com or 757-870-0573).

Knights of Columbus – Our Principles: kofc.org/un/en/todays-knights/our-principles.html
Check the Virginia K of C Calendar for additional Degree Events: vakofc.org/calendar

Fraternally Yours, Louis Federico, Chancellor



We Stand Strong On Ethical Ground

Some people believe that ethics in business is a contradiction in terms. They think that in order to be profitable, a company and its leaders must abandon morality and embrace the dark, greedy side that they see so often in the news and in movies.

At the Knights of Columbus, we know this isn't true. A business can be both ethical and successful. We are.

As a Catholic organization, we understand the value and importance of our core beliefs and the original mission of Venerable Father Michael J. McGivney. In fact, much of the strength and financial security we provide to members and their families can be attributed to our ethical, moral standards.

More than 96 percent of Knights who buy our life insurance keep it, year in and year out. The Order takes this commitment to our members very seriously. This means carefully planning when it comes time to invest. Our professional staff researches all transactions to ensure that they fall in line with Catholic values. If a transaction makes them uncomfortable, they don't make it.

"We exclude any company engaged in activity that conflicts with Catholic moral teaching: companies directly involved in abortion, contraception, human cloning, embryonic stem cell research, for-profit health care that pays for any of these, or pornography," said Supreme Knight Carl Anderson. "There are many companies in the pharmaceutical and communications industries that would undoubtedly provide excellent returns for us, but which are not in our portfolio because they engage in research and development or programming in ways that violate the sanctity or dignity of human life."

In the end, the Knights of Columbus investment strategy is motivated by morality, not money. Yet, each year we remain profitable, increase our assets and stay dedicated to this vision that will keep the Order financially sound for generations to come.

But don't just take our word for it. In 2018 the Knights of Columbus was named a "World's Most Ethical Company" by the Ethisphere Institute for the third year in a row. We were one of only two life insurance companies to earn the honor. "Faithful Catholics have choices when buying life insurance," said the Supreme Knight. "But they know that at the Knights of Columbus their policy is supplied by an insurer that shares their moral and ethical values and is guided in all of its investment and sales practices by those values."

Contact me today to learn more about our products.

Todd Curtis, FIC
(757) 847-9981
todd.curtis@kofc.org

Roaring Knights July 2018 Bartender Schedule

July	Day	Description	Bartenders
6	Friday	Open Night	Merendino
10	Tuesday	Council Meeting	Kelley Humphrey
13	Friday	Birthday Night	DeBartolo
24	Tuesday	Council Meeting	Silva Rios
20	Friday	CLOSED	
27	Friday	Open Night	Jeff James

If a Knight is interested in tending bar or cannot make his scheduled evening, please contact Alberto Rios at 814-5393 or riostoto@aol.com

Knights Den Lounge Information

- Group Seating*
- Bar*
- Refreshments*
- Games*
- Large Screen TV*
- Music*

**For all Lounge Rentals, please contact
Lewis Stokes (PGK) - Lounge Manager
872-7840 or lssyms@verizon.net**



JULY 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 7pm - Bingo	3	4 Independence Day 8:00am Assembly Flag Raising	5 7pm - Bingo	6 State Organizational Meeting in Glen Allen 6:30pm - Lounge Open Night 10pm-6am Nocturnal Adoration at OLMC	7 State Organizational Meeting in Glen Allen
8	9 7pm - Bingo	10 7:30pm - Council 5480 Meeting / Installation of Officers	11	12 7pm - Bingo	13 6:30pm - Lounge Birthday Night	14 9am - District 5 Organizational Meeting
15	16 7pm - Bingo	17 7pm 5480 Club Board Meeting	18	19 7pm - Bingo	20 2-7pm - Blood Drive	21 9am - Club Fix-up Day 5:00pm - Assembly 2430 Installation of Officers at St. Jerome
22 1pm - Family Picnic "Mex-Fest"	23 7pm - Bingo	24 7:30pm - Council 5480 Meeting	25	26 7pm - Bingo	27 6:30pm - Movie Night	28 10am - Admissions Degree at 16226 in Hampton
29	30 7pm - Bingo	31				

Mark your calendars for Upcoming Events

August 2018

- 3 AUGUST: Nocturnal Adoration (at OLMC) / Lounge Open Knight
- 7 AUGUST: Assembly 2430 Meeting
- 10 AUGUST: Lounge Birthday Knight
- 11 AUGUST: Regional K of C Training
- 14 AUGUST: Council 5480 Meeting (Admission Exemplification)
- 15 AUGUST: Assumption of Mary
- 17 AUGUST: Lounge Dinner
- 19 AUGUST: Family Picnic
- 21 AUGUST: 5480 Club Board Meeting
- 24 AUGUST: Movie Night
- 28 AUGUST: Council 5480 Meeting (Officer Installation)

September 2018

- 3 SEPTEMBER: Labor Day
- 4 SEPTEMBER: Assembly 2430 Meeting
- 7 SEPTEMBER: Nocturnal Adoration (OLMC) / Lounge Open Knight
- 11 SEPTEMBER: Council 5480 Meeting
- 14 SEPTEMBER: Lounge Birthday Knight
- 16 SEPTEMBER: Family Picnic
- 18 SEPTEMBER: 5480 Club Board Meeting
- 21 SEPTEMBER: Lounge Dinner
- 25 SEPTEMBER: Council 5480 Meeting
- 28 SEPTEMBER: Movie Night
- 29 SEPTEMBER: Octoberfest

SICK, RECOVERING & DECEASED: Brothers, we ask for your prayers and support for Brothers in need of healing. We also ask for prayers for the deceased. If you are aware of a Brother Knight or his family member in need of our prayers, contact Clement Danish (877-2751) or the Grand Knight.

- **SICK & RECOVERY:** Mary Litzinger, Dean Jernigan, Dolores Carota, Desmond Ward, Mary Ward, Winnie O'Brien, Blanca O'Brien, Jeff James, Peter Gaines
- **DECEASED MEMBERS, RELATIVES AND FRIENDS:** Thomas Steigelman

NAMES WILL REMAIN ON LIST FOR ONE MONTH. PLEASE RENEW YOUR PRAYER REQUEST IF CONTINUED PRAYERS ARE DESIRED. - CALL Dave Mazary (813-5272) OR THE GRAND KNIGHT WITH REQUESTS OR QUESTIONS.

Almighty and everlasting God, the eternal salvation of those who believe in You, hear us on behalf of Your servants who are sick, for whom we humbly beg the help of your mercy, so that, being restored to health, they may render thanks to you in Your Church, through Christ our Lord. Amen.

FR. MICHAEL J. BADER – ASSEMBLY 2430



ASSEMBLY DIRECTORY

Faithful Navigator			
SK Rick Schirm	310-3242		
Faithful Friar			
VACANT			
Faithful Captain			
SK Tyrone Fuller	746-0125		
Faithful Pilot			
SK Wilfred Wotke	877-3316		
Faithful Comptroller			
SK Harold Hairston	877-1566		
Faithful Purser			
SK Bernie Gerlach	877-0126		
Faithful Scribe			
SK Jay Madigan			
Faithful Admiral			
SK Carroll Kelley	877-4865		
		Faithful Inner Sentinel	
		SK James Kazmer	
		SK Jose Velez	
		Faithful Outer Sentinel	
		SK Stan Zduniak	
		SK Juan Rodriguez	
		Color Corps Commander	
		SK Carroll Kelley	877-4865
		Sick and Distress	
		SK Tony Merendino	872-7113
		Trustees	
		1 Yr - SK Thai Nguyen	232-0889
		2 Yr - SK Kiet Nguyen	
		3 Yr - SK Stephen Raschke	509-0177

From the Faithful Navigator

A new Fraternal Year is upon us, and most of the officer positions have new officers. I thank Worthy Past Faithful Navigator Steve Raschke, Sr. for his two years of outstanding leadership, and I am grateful that he will be around for me to ask a bazillion questions as I stand at the podium with the gavel.

Our annual Flag Raising Ceremony will be at 8:00 a.m., 4 July, at the Columbian Center. The State Deputy, Ed Polich will be our guest speaker, and a marvelous breakfast will be provided by SK Bernie Gerlach and his multi-talented crew directly after the ceremony. Please clear your calendars so you can attend this meaningful event.

Our new and retiring Officers will attend an Officers Installation at St. Jerome Catholic Church following the 5:00 Mass on Saturday, 21 July. We will be hosting the two other local Assemblies, Fr. Washington and JFK. A dinner will be held following the Installation at Sal's Ristorante Italiano, 835 Capital Landing Road in Williamsburg. The choices of meals are Veal, Chicken, or Flounder, which you can decide on when you are at the restaurant. The meal includes a house salad and Italian Cheese Cake for dessert. The set price for the meal is \$22 which includes tax and tip. The value of the meal for exceeds the cost and a good time will be had by all. If you would prefer to order off the menu, that option is also available.

The Next Patriotic Exemplification will be on 27 October in the Dulles area near Washington, D.C. As everyone knows this can be and is a very moving day if you do the Exemplification, the Mass, and then the dinner. I would like every Sir Knight to bring one new member into our Patriotic Arm of the Knights of Columbus. Let us show those that reside in the Artic North of Virginia that the Peninsula will go to any distance for the Good of the Order. Sir Knights are the best recruiters for the Knights of Columbus, usually the most active in the Church and the Order. We need more good Catholic Gentlemen in the Order and in the Assemblies. If you don't ask, they can't say yes.

Lastly, the biggest Patriotic Action any citizen of this great nation can perform is to vote. Voting matters even if your ideal candidate does not win. Your presence at the polls tells the elected officials that you are concerned and engaged in the process of leading our Cities, Commonwealth and Country. So vote, each and every time you can. Be the leaders that you are!

Rick Schirm, Father Bader Assembly 2430

NEWS, EVENTS, & ANNOUNCEMENTS

NEW Website Prayer Board	We have turned on the Prayer Request webpage on our homepage. You will need your membership number and your date of birth in order to post a prayer request. We will use this information as part of the Knightly News and as intentions for our pre-meeting rosary. You can visit the site at http://kofcknights.org/CouncilSite/prayers.asp?CNO=5480 .
Bingo Callers Needed	We <i>need more Brother Knights who can call Bingo games on Monday and Thursday evenings</i> . Ideally each Brother Knight would call Bingo once per month. <i>On the job training is available!</i> This is <i>rewarding position that directly impacts the success of our fundraising</i> . Bingo calling counts as volunteer hours at OLMC and PCHS. If interested, please contact the Bingo Chairman, Jim Hooker.
Bingo Floor Workers Needed	We are again <i>in need of volunteers to work Bingo on Mondays and Thursdays</i> from 7 PM to 10:30 PM. If you can spare even a couple hours, please come to the Hall to help out on the floor. <i>Bingo is a main source of vital funds to support council charitable activities and giving</i> , and we can't do it without volunteers and dedicated supporters! We look forward to seeing you there! To sign up, please use the weblink: signupgenius.com/go/8050e4fa5ab22a20-olmc .
Nocturnal Adoration	Our Lady of Mount Carmel <i>hosts Adoration of the Blessed Sacrament on the first Friday-Saturday of each month. The next Nocturnal Adoration opportunity is 6/7 July</i> . For nearly 74 years, our council has sponsored this event through our church program. Brothers and their families are invited to pray for one hour in the <i>Blessed Sacrament Chapel</i> . Nocturnal Adoration hours are 3:00 p.m. on Friday until 6:00 a.m. on Saturday. Many thanks to all the Knights as well as their spouses and children who have been dedicated to praying each month for our church members, government, workers, and religious communities. <i>We need more volunteers to continue</i> . We volunteer on hourly shifts from 10pm to 6am. Every hourly shift could use at least 2 more volunteers. <i>Can you sacrifice one hour?</i> Please contact the Nocturnal Adoration Coordinator, David Mazary, davemazsr@gmail.com or 813-5272 to sign up.
Help Wanted: 1st Degree Captain	We are in need of a Degree Team Captain to replace our current Captain who is stepping down. Duties include scheduling rehearsals and practices for the First Degree Exemplification, coordinating with the District Deputy to certify the Degree Team, and leading the Degree Team in the conduct of the First Degree Exemplification. If you are interested in participating, please contact the Grand Knight, David Kerstetter.
Columbian Center Rentals	Joe Carpenito Hall (100-350 people, 100' X 80") \$1800.00 for 7 hours Downer Hall (Max. 70 people) \$900.00 for 7 hours Extra hours for either hall is \$65.00 per hour. Deposit of \$400 required when contract is signed. Both rooms have kitchens, restrooms, A/C units, stoves, refrigeration. Larger hall also has warming unit and stage. Bar area may be set up in both halls with your own beverages. Renters must obtain ABC license. We supply and set up tables, chairs, ice, and clean up after event. We are a non-smoking facility. Rental Agent: Bernie Gerlach, H-877-0126, C-880-2396
Building the Domestic Church	The modern family recently has been a topic of particular focus for the Church, with the two-year synod on the family and the post-synodal exhortation by Pope Francis, <u>Amoris Laetitia (The Joy of Love)</u> . During this time, the Knights of Columbus has been involved in supporting families in their Christian vocation through our new <i>Building the Domestic Church While Strengthening our Parish</i> initiative. This initiative, which includes The Family Fully Alive program, is designed to help families become more centered on their task of serving God, neighbor and parish. Learn more about The Family Fully Alive and find tools to help nurture your domestic church.

June Activities



Corpus Christi Procession
Our Lady of Mount Carmel



John Edwards' Son
at **Adopt-a-Spot**

The June 11/12 Peninsula Agency on Aging packing event.
Many thanks to all the volunteers (you all know who you are) who take the time to help.
It would not be the success it is without your help.

~ Frank Dougherty



Give blood.

Every 2 seconds someone
in the U.S. needs blood.

American Red Cross



Blood Drive
Knights of Columbus Council
5480

Meeting Room
12742 Nettles Drive
Newport News, VA 23606

Friday, July 20, 2018
2:00 PM to 7:00 PM

Please call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org and enter:
5480 to schedule an appointment.

1-800-RED CROSS | 1-800-733-2767 | redcrossblood.org | Download the Blood Donor App

©2018 The American National Red Cross

Order ID: Item ID: Qty: 1 of 1 - 02814144 - AppNumber



CLUB DAY

JULY 21ST

**Join the club board to do some fixes
around our property.**

**All members are
invited to join
the board to fix
stuff around
the building**

Saturday July 21

Start time 9 a.m.

**Pizza and Drinks will
be provided.**

Knights of Columbus Council #5480
presents

Mex-Fest!

Come and enjoy live music by Hector, inflatable water slide, the **BEST** fajita bar ever, and churros & ice cream!

Sunday, July 22nd

1-4pm

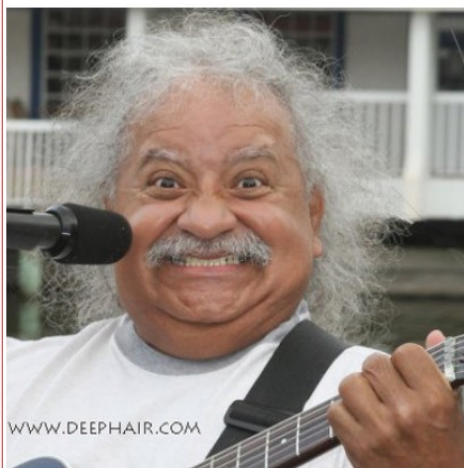
100 Columbus Way
(rear picnic shelter)

Tickets \$5/person \$15/family

There will be a 50/50 raffle to benefit our parish food pantries

Non perishable food donations accepted at the door
(swim suits and towels recommended!)

*RSVP to Robbie DeBartolo at 757-286-4253 or [rabc1234@gmail](mailto:rabc1234@gmail.com)



Take the Challenge!

An exciting initiative called “Monthly Challenge from the Supreme Chaplain” has begun!

Check out this month’s challenge below. A new challenge for each month will be shared on the Knights of Columbus social media pages, as well as in [Knightline](#) and [Columbia](#) magazine. It is also available in multiple languages at [kofc.org](#).

Engage in the challenge and put your faith into action today! *Vivat Jesus!*



SUPREME CHAPLAIN'S CHALLENGE

“The apostles gathered together with Jesus and reported all they had done and taught. He said to them, ‘Come away by yourselves to a deserted place and rest a while’” (Mk 6:30, from the Gospel for July 22).

If we are honest, we know that we are not that good at “coming away ... to a deserted place” to “rest a while.” In fact, over 80 percent of us check our smart phones even before brushing our teeth in the morning and spend time on them in the last hour before we go to sleep. Like the apostles, we focus on getting a lot done. But let’s imagine what would happen if we truly responded to the challenge of Jesus to “come away” to pray in solitude every morning, resting in His presence and holy Word. Jesus invites us to put first things first. Let’s take him at his word and make the changes we need to make.

LEARN MORE

COLUMBIA

read the July issue for free

SUPREME CHAPLAIN'S COLUMN

Learning the faith, Living the faith

BECOME A KNIGHT

Knights.net

YOUR GOAL FOR JULY

This month, I challenge you to “come away” to a quiet place by praying at least five minutes a day, first thing in the morning before you check your electronic devices or turn on the TV. You will likely have stops and starts, but strive to be as consistent as possible. In addition, I challenge you to respond to Jesus’ invitation to “rest a while” by doing something truly restful on Sunday, the day of rest.



2018 Supreme Convention in Baltimore, MD

August 4 - 9



My Brother Knights, families and friends,

It gives me great pleasure to invite each of you to the home of Catholicity in the United States. This year the Supreme Convention will be held in Baltimore, Maryland. Please come and experience the charm our city has to offer.

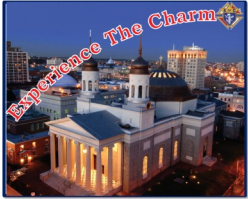
The [Supreme Convention site](#) presents the tours and entertainment that our committee has planned for you. Please take time to get to know Baltimore. Plan to see our sights and experience our rich history. We have so much to offer. Baltimore is where Father McGivney studied for and was ordained to the priesthood. Our tours will show you the site of both of those experiences.

We hope that you can come early and/or stay late. We want you to feel welcome in our city and in our state. We hope to see you in August.

Fraternally,

Steve

Stephen M. Cohen, State Deputy 2016-2018
Maryland State Council, Knights of Columbus



Place or Change Orders



Learn About the Tours



Learn About the Entertainment



Commonwealth Catholic Charities
We  The Power of Hope Every Day™

Independence for Seniors

Commonwealth Catholic Charities' Independence for Seniors programs support healthy lifestyles and interactions for mature adults and improves the quality of life, encourages personal relationships, stress reduction, mental activity, and good nutrition. Our Independence for Seniors program includes Advance Care Seminars, Caregiver Relief, and Call Reassurance. To learn more visit www.cccofva.org.

Financial Independence

Commonwealth Catholic Charities' Housing and Financial Counseling services offer financial counseling to families and individuals. From improving credit scores, creating workable budgets, purchasing a home, or avoiding foreclosure, CCC's certified housing and financial counselors can help individuals develop a plan to achieve financial goals and live with financial freedom. Learn more at www.cccofva.org.

Independence from Anger

Anger Management classes are one of the many programs Commonwealth Catholic Charities' counselors facilitate. The classes help individuals to respond more appropriately to situations that trigger anger and teaches positive communication, conflict resolution, and anger reduction techniques while exploring personal anger triggers and learning to think about the consequences of displaying anger. To learn more visit www.cccofva.org.

COUNCIL 5480 WALTER POLLARD DIRECTORY

COUNCIL OFFICERS:

Grand Knight	David Kerstetter	817-2473
Deputy Grand Knight	Rick Schirm	310-3242
Spiritual Director	Deacon Dan Johnson	595-0385 x124
Financial Secretary	Jessie Powell	595-9305
Chancellor	Louis Federico	833-3536
Warden	Wilfred Wotke	877-3316
Recorder	Jason Weischedel	910-381-5643
Treasurer	James Kazmer	
Advocate	Carroll Kelley	877-4865

Guards:

• Inside	Angelo Cavone	469-8303
• Inside	Reco Cotton	508-1398
• Outside	Joseph O'Brien	874-7965
• Outside	Bill Johnson	309-1135

Trustees:

• One Year	Dan Richard	594-9241
• Two Year	Jonathan Sargent	525-0077
• Three Year	John Edwards	876-8386

Lecturer	Thai Nguyen	232-0889
----------	-------------	----------

DIRECTORS/CHAIRS:

Programs Director	Rick Schirm	310-3242
Membership Director	Louis Federico	833-3536

Church Directors:

• OLMC	Dave Litzinger	719-4028
• St. Jerome	Gabriel Franco	877-4423
• Queen of Peace	Mike Lennartz	234-0886

Family Director	Robbie DeBartollo	286-4253
------------------------	-------------------	----------

Community Director VACANT

Life Director	Harold K. Hairston	877-1566
----------------------	--------------------	----------

Youth Outreach	Jason Weischedel	910-381-5643
----------------	------------------	--------------

Youth Outreach	David Kerstetter	872-0624
----------------	------------------	----------

Youth Outreach	Dean Jernigan	596-4034
----------------	---------------	----------

CNU/CCM Liaison VACANT

Athletics VACANT

Health Services	Leonard Carota	877-6993
-----------------	----------------	----------

Vocations Chairman	Louis Federico	833-3536
--------------------	----------------	----------

Public Relations	Jonathan Sargent	525-0077
------------------	------------------	----------

Knightly News Editor	Eileen Mazary	595-0385, x116
----------------------	---------------	----------------

Recruitment Chair	Angelo Cavone	469-8303
-------------------	---------------	----------

Retentions Chairman	Ron Gorman	930-0311
---------------------	------------	----------

Insurance Promotion	Todd Curtis	847-9981
---------------------	-------------	----------

KOVAR Co-Chairmen:

• OLMC	Jessie Powell	595-9305
• St. Jerome	Carroll Kelley	877-4865
KCIC Chairman	Jim Healy	867-5145
Charities	Jim Hooker	596-4765
Adopt-A-Spot	VACANT	
Boy Scout Liaison	Jonathan Sargent	525-0077
Nocturnal Adoration	Dave Mazary	881-9332
Widows & Orphans	Tony Merendino	872-7113
Sick & Distress	Clement Danish	877-2751
Scheduling	Bernie Gerlach	877-0126
District Deputy	Harold K. Hairston	877-1566
District Warden	David Brin	851-0907
Food Service	Jessie Powell	593-9305

Church Bulletins:

• OLMC	Eileen Mazary	595-0385, x116
• St. Jerome	Gemma Kerstetter	877-5021
• St. Vincent de Paul	Jeannie Klump	245-4234
• Queen of Peace	Mike Lennartz	234-0886

VA STATE COUNCIL OFFICIALS FROM 5480:

New Council Dev Chair	Thai Nguyen (PGK)	232-0889
-----------------------	-------------------	----------

5480 CLUB, INC.:

President	John Edwards	876-8386
Vice President	Alberto Rios	814-5393
Secretary	Ron Gorman	930-0311
Treasurer	Joseph Drozdowski	930-3559
Grand Knight	David Kerstetter	817-2473
Faithful Navigator	Rick Schirm	310-3242
Past President	Jonathan Sargent	525-0077

Directors:

3 Yrs.	Jeff James	254-5588
3 Yrs.	Kevin Konouck	
2 Yrs.	Robert DeBartolo	286-4253
2 Yrs.	Umit Davulco	
1 Yrs.	Joseph O'Brien	874-7965
1 Yrs.	David Litzinger	719-4028

Chairmen:

Building & Grounds	Alberto Rios	814-5393
Lounge Manager	Carroll Kelley	877-4865
Rental Agent	Bernie Gerlach	877-0126
Kitchen Manager	Jessie Powell	593-9305



This publication is for the information of Walter Pollard Council 5480 members and does not necessarily reflect the views of Supreme Council, Knights of Columbus, or Council, jurisdiction officers.



