

# The Knight Crier

## The Grand Knight's Message

Brother Knights,

I hope you all had a great summer. We're almost a quarter way through this Fraternal Year, and have a lot of exciting, challenging and fun work ahead. First, I'd like to pass on something from our current State Deputy: "... Labor Day reminds us of the importance of both labor and prayer. Pope Benedict XVI reminded us last Labor Day that Jesus himself was a laborer. Jesus taught parables about laborers, many of his disciples were laborers, etc. Labor is clearly important to the human experience and condition in a post-Fall world (labor is usually understood as a consequence of the Fall). Pope Benedict XVI urges us to respect the importance of labor and the dignity of the human worker. Pope Benedict XVI said labor is a means to enhance the dignity of the person.



Prayer and labor ought to be intimately related in our lives. Prayer can be thought of as a labor, and labor done rightly ought to be a prayer. Archbishop Jose Gomez states this best: "Both (prayer and work) are intimately related, to the point that prayer is a kind of "work" - in the sense that it is an activity in itself - and that work must become a prayer, if lifted and offered up to God." This Labor Day Weekend. Be safe. Rest and refresh yourselves for the labor that lies ahead. Let Your Light Shine!"

Our Program Manager Adam Calinger has been continuing to work to improve our Council's and our Order's Faith in Action Programs. Adam, received an outline of the Faith in Action Program, and an approach to consider with steps to take during this fraternal year for our council's success. If you wish to volunteer for any activity, event or function review the fraternal year calendar each month in the Crier and email [Brother Adam](#) and/or one of our Faith in Action Program Directors: [Faith Michael Kasey](#), [Family Karl Schalk](#), [Community Mark Gardner](#) and [Culture of Life Robert "Bob" Yankoskie](#). Also, watch for Google sign-up sheets from the council in Mail Chimp.

Now that our "Hot August Nights" are behind us the council is wrapping up several worthwhile summer projects and planning for the fall.

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## Grand Knight's Message (cont.)

Volunteers will be needed for the KofC Monthly Family Dinner, Parish Life Weekend, Catholic Youth Ministry (CYM) Dinner and the KofC Freedom 5K on 5 Oct. Watch for Google Sign-up Sheets in your email to volunteer.

You've got to love fall and college and professional football. Football Frenzy is available and ready to play, get tickets from Br. Rick Reschick to help support Virginia Knights of Columbus Charities, Inc. which provides grants to those in need throughout Virginia yearly. Fall is a great time to invite a Catholic Gentleman to join our order. We are Men seeking to share our faith and values with other men of the same character. The District Formation 2<sup>nd</sup> Degree Team will hold a Formation Ceremony on September 21<sup>st</sup> at the hall. Those of you who have not taken the 2<sup>nd</sup> or Formation Degree should consider putting this date on your calendars and arriving at the hall by 0830 AM.

Christ Jesus, you commanded us to love our neighbor as ourselves.

### *The greatest among you must be your servant (Mt 23:11)*

#### James 2:1-5

My Brothers, show no partiality as you adhere to the faith in our glorious Lord Jesus Christ. For if a man with gold rings on his fingers and in fine clothes comes into your assembly, and a poor person in shabby clothes also comes in, and you pay attention to the one wearing the fine clothes and say, "Sit here, please," while you say to the poor one, "Stand there," or "Sit at my feet," have you not made distinctions among yourselves and become judges with evil designs?

Listen, my beloved brothers. Did not God choose those who are poor in the world to be rich in faith and heirs of the kingdom that he promised to those who love him?

Help us to live our lives as an expression of our love for you and our brothers and sisters. Give us the courage and generosity to act with perseverance. Bless our actions so that our influence is felt within and beyond this Council. Make renewal within the Church and the work of the Knights of Columbus instruments of your love for all mankind. Please watch over our Brothers, their families, friends and our schools. Amen

Vivat Jesus,

SK Gary Paul Rolla - Grand Knight

## Chaplain's Corner by Father Folmar

Actively living our Faith isn't always easy. But that's because there's a battle going on for our immortal souls. Therefore, our religion is persecuted and condemned by society, as the world, the flesh, and the devil seek to draw our attention elsewhere. Take our focus off of our goal of God and Heaven.



This is why Our Lord tells us to “strive to enter through the narrow door.” Meaning, yes, there is a certain way of life that can be quite challenging at times in being one of his true disciples. However, this way of life is none other than His life – the life of Christ. Living a life that actually ends up being more fulfilling. This is why we try our best to lovingly accept our daily crosses, as well as spread the joy of Gospel in what we say and do.

And notice that we are to “STRIVE to enter through the narrow door.” Strive in that we honestly try. Not that we are going to be perfect. But are we trying to be loving towards others? Are we trying to not complain? Are we trying to be the faithful husband, father, and son that God is calling us to be? Children look up to us for good, solid examples of how to live life and how to handle situations that come up in life. This is why we need to always strive to do our best; especially, when they're around.

Moreover, wives deserve the sacrificial love that that is to come from their husband. At times, we can be overly tired when one more problem may arise at home, but your wife may be overly tired as well. And so, in these moments we have to try and live out this sacrificial love by doing what needs to be done and not placing the burden on her instead.

So, we give thanks to God for all the opportunities that the Knights of Columbus offers for men to be true disciples of Christ in actively living our Faith. Just keep it up. For in the end, you will be able to enter through the narrow door.

## Upcoming Events

<u>SEPT</u>	<u>Time</u>	<u>Event</u>
2	All Day	Labor Day
5	8:00-9:30 PM	MWU-Eucharistic Procession Escort to Father Vaccaro (MWU) – meet at CCC
7	7:15-9:00 AM	Breakfast Club
7	9:00 – 10:00 AM	Officer’s, Dir’s. Chmn. Planning Meeting
7	6:00 - 8:15 PM	Family Dinner – Parish Life Center
9	6:50-9:45 PM	Bowling League Starts
10	7:15 – 8:15 PM	Freedom 5K Run/Walk Mtg Prep for 5 Oct Event – Wegman’s 2nd Flr area
11	6:30 -7:30 PM	Council Finance Committee Meeting
11	6:30 - 8:30 PM	Business Meeting (Eat 6:30-6:45, Rosary 7:10, Meeting 7:30)
18	7:30 – 8:30 PM	Assembly Meeting – FCC
21	7:45 AM-12:00 PM	Micah Ministries Furniture Pickup/Delivery
21	08:00 – 10:30 PM	Formation 2 <sup>nd</sup> Degree Ceremonial
21-22	All Masses	Parish Life Weekend - Council Recruiting Event
22	5:00 – 7:00 PM	CYM Pasta Dinner for approximately 90-100
26	7:00 – 8:30 PM	Social – Lisa Thompson, National Center on Sexual Exploitation (NCOSE) Location: St. Mary’s, Parish Life Center (PLC). Dinner at 7:00 PM, Presentation at 7:30 PM. Keep your kids and grandkids safe, come listen.

## Faith Service

Michael Kasey

### RSVP Council 4034 has been assigned two Seminarians for FY 2019-2020

Joe Townsend

Theology IV  
Pontifical North American College  
Christendom College  
St. Mary of the Immaculate Conception Parish



#### **What did you do prior to entering seminary?**

After graduating college in 2011, I worked at GEICO Auto Insurance for a few years.

#### **What influenced your decision to apply for seminary entrance?**

There were two factors that affected my decision to apply for seminary. The first was the development of my prayer life, which was brought about through spiritual direction and a commitment to daily prayer. The second factor in my decision was the example of several priests I have been blessed to know over the past fifteen years. Their selfless and joyful example inspired me to serve Our Lord and His Church in a similar way.

#### **Why do you want to be a priest?**

I have always had the desire to serve others in a meaningful way. I have been blessed to experience a great joy and sense of peace when receiving the Sacraments, and I want to share that peace and joy with others.

#### **What are your favorite pastimes?**

Playing basketball or any sports, hiking, reading, drinking coffee, watching movies and spending time with my family.

#### **What is your favorite quote?**

“Do not be afraid. Do not be satisfied with mediocrity. Put out into the deep and let down your nets for a catch.” – St. John Paul II

#### **Who is your favorite Saint and why?**

St. Joseph, since he has such a unique vocation story and also serves as a wonderful example of what it means to be a man. I have to add that I have a special devotion to the recently canonized St. John Paul II, who is an inspiration for Catholics of all ages and backgrounds.

#### **What advice would you give to a young man thinking about the seminary?**

The most important step to discern God’s call, whatever it may be, is to grow close to Him. Develop a good prayer life and make regular use of the Sacraments to grow in holiness. A good spiritual director is also invaluable in discerning God’s Will.

Second Seminarian

Andrew D'Andrea

College I  
St. John Paul II Seminary  
St. John the Baptist Parish



**What did you do prior to entering seminary?**

I was homeschooled from kindergarten all the way through high school and just graduated from high school last May. In my last Spring semester, I took statistical reasoning at Lord Fairfax Community College and worked part time at Virginia International Academy as a dorm parent, while finishing up high school. Just this past summer I worked as an assistant coach for a flag football camp.

**What influenced your decision to apply for seminary entrance?**

There are many things and people that have influenced me to apply for seminary, but in particular, at an important time in my life, I picked up a little booklet called *Is Jesus Calling You to be a Catholic Priest?*, and brought it into adoration. While reading it, I understood more and more that God has a plan for me. If I only trust in him and live for him, I can live that life he has always called me to. At that time, I felt a strong call to the life of the priesthood.

**Why do you want to be a priest?**

I want to be a priest, because I want to bring people to Jesus, and Jesus to people. I feel a strong call and a great desire, and I believe the best way for me to do that is to live my life as a priest. Most of all, with God's power and grace I will be able to distribute the sacraments for the salvation of souls!

**What are your favorite pastimes?**

I enjoy playing sports, mostly Basketball, Football, Soccer, and Baseball. Also, I enjoy hanging out with friends and playing board games.

**What is your favorite quote?**

"The world offers you comfort, but you were not made for comfort. You were made for greatness." - Pope Benedict XVI

**Who is your favorite Saint and why?**

My favorite Saint and Confirmation Saint is St. Dominic Savio. St. Dominic was a student at the Oratory that St. John Bosco made for poor boys. When He died, at the age of 14, all the boys at the Oratory and people around him said, "He is a Saint!" He gained great perfection at such a young age. I am especially drawn to him because of his great purity and many virtues.

**What advice would you give to a young man thinking about the seminary?**

Two words: Prayer and Sacraments. Receive the Sacraments everyday and be faithful to prayer especially with Jesus in the Blessed Sacrament. To grow in your prayer and spiritual life find a holy spiritual director to meet with regularly.

**Is there anything else about yourself that you would like to share?**

I'm the youngest of four children. When I was young I enjoyed playing Mass with grape juice and bread wearing a tablecloth. I've been an altar server since I was 7 years old. One of my first and favorite jobs was working at my parish.



## Birthdays in September

George	A	Biedenbender	9-30-1955
Robert	R	Hein	9-30-1944
Samuel	C	Umeseha	9-29-1971
Matthew	C	Juszczak	9-25-1987
Jason	D	Addis	9-24-1971
Robert	R	Scott	9-22-1930
Timothy	J	Horan	9-21-1966
Sam	T	Osei-Asante	9-21-1961
Anthony	R	Stevens	9-20-1962
Marco	A	Segovia	9-18-1972
John	P	Kearney	9-18-1953
Joseph	H	Trinh	9-18-1945
Joseph	B	Townsend	9-17-1989
John	T	Hanson	9-16-1936
Warren	L	Duffie	9-15-1953
Mark	M	Rau	9-14-1966
Victor	L	Scavo	9-14-1954
Randal	D	Noller	9-13-1953
Patrick	L	Del Vecchio	9-13-1949
Robert	J	Dofflemyer	9-13-1946
Robert	G	Derouin	3-Sep-1937
Ronald	E	Saunders	8-Sep-1945
John	R	Cross	7-Sep-1947
John	A	Gvozd	5-Sep-1956
Mark	A	Basilica	1-Sep-1957
John	C	Cardone	9-Sep-1960
Lawrence	L	Snow	2-Sep-1963
Ervin	T	Wible	9-Sep-1963
Richard	D	Kohler	9-Sep-1967
Paul	D	Feather	10-Sep-1967
Robert	A	Niczky	5-Sep-1970
Ricardo	A	Barton	9-Sep-1978
Joseph	P	Golden	9-Sep-1985
David	A	Thielman	5-Sep-1990

## Knight of the Month: August

Pete Rainey is selected as Knight of the Month for August 2019 for his consistent effort to help the council update the web site. Pete's been a mainstay on the project since last Spring. He's developed a communications plan to use with our web platform and is working with RaineyDayStudios to deliver a prototype of an updated KofC 4034 web site, our public side. Concurrently, he's working to update the member side and officer areas of the sites. Pete's dogged determination to see the project through and provide a seamless communications platform between the website, calendar, crier and social media will benefit the council in fraternal years to come. For his concentrated efforts and work on the kofc4034.org web site Pete Rainey has been selected as Knight of the Month for August.

## Family of the Month

Knights of Columbus, Fredericksburg Council # 4034 recognizes Robert & Rocio Atkinson and their family as profound blessings to St. Mary of the Immaculate Conception Parish. The Atkinson family kindly serves completely under the radar, giving in so many ways that only our Lord truly knows what is being done. Rocio lovingly prepared all of the food (breakfast/lunch/snacks etc.) for the staff of St. Mary so that they could participate in their much needed annual retreat this past August. The food was excellent but what stands out even more, is the loving way the tables were set and the extra attention to detail and service Rocio and her children provided. Rocio and her children generously assisted in the Parish Leadership Dinner baking all of the delicious desserts that were enjoyed by over 100 parishioners and helped cook and serve the meal. The Atkinson's daughter Emma readily shares her talent with our parish cantoring at weekly Mass and Diego their son is as an altar server. Our Mom's Group is expertly organized by Rocio. They meet weekly and kindly welcoming new mom's, sharing their love of our faith and encouraging each other in their vocation as wives and mothers. For their service and charity to our parish family Robert & Rocio Atkinson and Family are selected as Family of the month by the Knights of Columbus, Fredericksburg Council # 4034 for August 2019.

## Family

Karl Schalk

The Past Grand Knights Dinner had a nice turnout with great food and service at Renato's Ristorante in Fredericksburg. The Eagle Award had three presentations this year: Michael Kasey, Tim Fleming and Mark Janda. Our Knight of the Year was Br. Lenny Casio and Family of the Year David and Margaret Bereit. We had two Degree Honorees accept their certificates: Wayne Cushing and John Wilkes. The Young Man of the Year was Patrick Bereit and the Young Woman of the Year was Talitha Muggeridge. Below and in the next column are pictures of the Awards presentations.

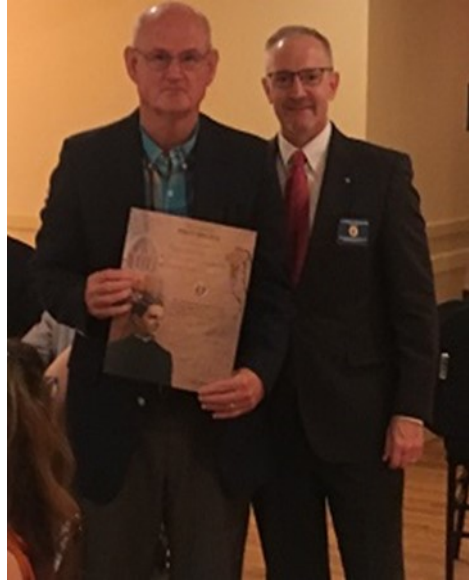
Eagle Award Winners: Tim Fleming, Michael Kasey, Mark Janda







Knight of the Year—Lenny Casio



Degree Honoree—Wayne Cushing



Family of the Year—David and Margaret Bereit and son Patrick



Degree Honoree—John Wilkes



Young Man of the Year—Patrick Bereit



Young Woman of the Year—Talitha Muggeridge

### Supreme Chaplain's Monthly Challenge

“Whoever does not carry his own cross and come after me cannot be my disciple. Which of you wishing to construct a tower does not first sit down and calculate the cost to see if there is enough for its completion?” (Gospel for Sept. 8, Lk 14:27-28)

In more than four decades as a priest and bishop, I've been involved with building a number of new churches and schools. We often start by “dreaming big.” Then reality hits: What are we willing to spend? Jesus is asking each of us a similar question about our life of faith. In our lifelong journey to become saints, are we regularly sitting down to consider the cost and fully prepare ourselves to pay it? My brothers, above all other things, may we always prepare to carry our crosses and give our entire lives to Christ.

#### **Challenge by Supreme Chaplain Archbishop William E. Lori:**

This month, I challenge you to learn more about the life of one of the martyrs and how he or she was prepared to pay any price to follow Christ. Second, I challenge you to participate in the Faith in Action Into the Breach program or read Into the Breach on your own with a particular eye toward how we can best prepare to carry our crosses.

#### **Questions for Reflection:**

What cross is Christ asking you to carry in your life? Are you willingly taking up the cross and seeking to follow Christ or trying to avoid the cross? In what concrete ways can you imitate the martyrs' total commitment to Christ?

## Council Service

Formation Ceremony 2<sup>nd</sup> Degree, 21 Sep 2019, 9:00 AM at the Fredericksburg Columbus Club.

Our first of two Catholic Youth Ministry (CYM) dinners is scheduled for Sunday, 22 Sep 2019. We'll need to feed 90-100 youth and parents. The Dinner will be pasta, crock pots of various pasta dishes welcome, salad, bread, butter, desserts needed as well. Click [CYM Dinner Volunteer Sign-up Sheet](#) to access the Google Sheet Sign up list to provide for the Fall CYM Dinner

## Community

Mark Gardner

Micah Ministries furniture pick up and delivery is Scheduled for 21 Sep 2019, 0745-1200 PM. Contact Br. Rich La Roche @ [stone48@verizon.net](mailto:stone48@verizon.net) to participate.

Help is need manning the table after the masses for KofC Freedom 5K Run/Walk -Contact Steve Stoecker at: [sjstoecker@yahoo.com](mailto:sjstoecker@yahoo.com) or Pearl Esquibel at [crypea@aol.com](mailto:crypea@aol.com).

## Culture of Life

Bob Yankoskie

It's that time of year to get your tickets for the March for Life Conference, Youth Rally, and Rose Dinner!

The March for Life Conference is a half-day program on Thursday, January 23rd that will provide marchers with in-depth education on the yearly theme. The speakers and training sessions will provide information and training tools for marchers to go back to their communities equipped to make a difference for life.

The Conference also has an Expo with over 80 pro-life organizations that you can connect with!

<https://interland3.donorperfect.net/weblink/weblink.aspx?name=E86492&id=108>

