



KNIGHT CRIER

Fredericksburg Knights of Columbus Council 4034

In this issue:

- Chaplain's Corner
- #JustOneYes Campaign
- December Calendar
- Upcoming Events
- Monthly Awards
- Council Service Area
- Faith Service Area
- Family Service Area
- Community Area
- Culture of Life Area
- Youth
- Fundraising
- Announcements

Grand Knight's Comments

Brothers, the month of November was one of reflection and action honoring the Saints and remembering and praying for our departed loved ones. Our council Memorial Service focused on departed brothers during the past fraternal year and was shorter than in past years but included each and everyone of them with a last tap of the memorial bell. I'm sure our departed brothers appreciate how precious our time is today and its demands.

The monthly KofC parish dinner for charity had a good attendance (118) attendees, where the Families of the Month from July to October were announced. I hope to continue this as the months roll on in conjunction with the Parish Outreach Coordinator, Elena Doyle. Our Keep Christ in Christmas Card (KCIC) sales began and there's only three weekends left now to sell/purchase cards and volunteer, you can still sign up!



There are many opportunities for a Br. Knight to volunteer his or his families time with the council, in the parish or our community. Let me say thanks to those who are the backbone of the council and to those who volunteer when they can, we must all say yes to give of ourselves, sustain our council and our order. The Officers, Service Area Directors and Chairmen cannot do it without you!

I'd encourage our brothers who do not have a chance to participate as often to involve their families and come out when they can "many hands make light work". We are not just an "clique" of old men, we need all of our members to be involved as fully as their lives, wives and children allow.

Grand Knight's Comments (Cont.)

Brothers, thank you to saying yes to volunteering. The Grand Knight knows each and every one of you are busy with your jobs, families and all the other demands life places on you. Yes, generally is the word we all like to hear from “the other”. With the birth of our Lord this month let us all try to be as charitable as we can saying “Yes”. Your council Officers and I look forward to a busy December with all of the activities we host, support and participate.

Please keep in mind the Consecration to the Holy Family is after Christmas on 29 Dec. Click the link if you yourselves and or your family members will make the consecration during the 10:30 AM mass on 29 Dec.

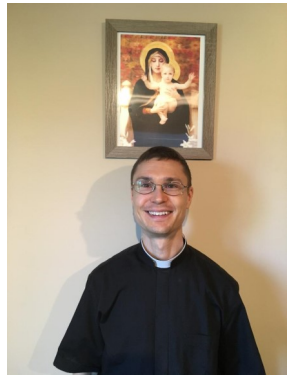
In this season of Advent and the upcoming Christmas Season your Officers and Grand Knight wish you and your families a most blessed Advent and joyous Christmas!

Fraternally,

Gary Rolla
GK

Chaplain's Corner

As we prepare for Christmas this Season of Advent, our bishop, Bishop Michael Burbidge, has given us some very helpful advice in regards to this as he iterated “launching the Just One Yes campaign to encourage everyone in the Diocese to increase their connection to God through prayer, service of others, and self-sacrifice. Through the power of the Holy Spirit, your one yes will transform the world by turning darkness to light, division to unity, and chaos to peace.”



Now, as Knights of Columbus, we already are doing these virtuous acts of “yes.” However, how about we be even more intentional about them. As fathers, sons, and brothers, why not do specific acts of “yes” to Our Lord for your wife, children, parents, siblings, friends, or maybe even for those who are lonely these Seasons of Advent and Christmas? Our acts should be aimed at unifying us, just like Jesus did with His birth, and ultimately, with His death on the Cross. For, God led the way with coming down to us by becoming one of us to show us the way, give us new life, and overall, to set us free. (Continued on next page)

Chaplain's Corner (cont.)

Therefore, we imitate this and show others the way, give them new life, and set them free from whatever struggles or difficulties they may be going through in life. And as Bishop Burbidge said, “each ‘yes’ to God, no matter how small, is a profound sign of devotion and humble acknowledgment of how much we need Our Lord to be in our lives.” We need Our Lord even though society continually tries to pull Him out of Christmas; however, you can’t have Christmas without Christ as even the very name must have it. He is the very reason for this Season of charity. Charity by His continual “yesses” to God, Our Loving Father.

So prepare for the coming of Christ these next weeks by making more intentional acts of “yes” to Our Lord. Christmas will be that much better, as well as all the lives that you have affected and changed for the good.

Arlington Diocese #JustOneYes Campaign



DIOCESE OF ARLINGTON

Office of the Bishop

200 North Glebe Road, Suite 914 • Arlington, Virginia 22203 • (703) 841-2511 • Fax (703) 524-5028

December 1, 2019

Dear Brothers and Sisters in Christ,

Mary of Nazareth changed the world forever when she offered her simple “yes” to the angel Gabriel and agreed to give birth to the Son of God, Jesus Christ. Because of her “yes,” God entered our world, died for our sins, and opened wide the gates of heaven. In humble acknowledgment of the power of just one “yes,” for the Advent and Christmas seasons, we are launching the Just One Yes campaign to encourage everyone in the Diocese to increase their connection to God through prayer, service of others, and self-sacrifice. Through the power of the Holy Spirit, your one yes will transform the world by turning darkness to light, division to unity, and chaos to peace.

There are so many ways to “just say yes” to God. Each time you pray an Act of Contrition, a Rosary, or your favorite prayer, you chose Just One Yes that brings you closer to God. Each time you teach a child or a friend about Christ and His Church, you have said “yes” to God.

Whenever you spend time with the Lord before the Blessed Sacrament, you have said “yes.” The same can be said each time you donate food to the poor, bring clothing to the homeless, or offer up a personal suffering. Thinking about and then choosing just one yes draws you deeper into the heart of Christ who rejoices in our company.

Each action, each “yes” to God, no matter how small, is a profound sign of devotion and humble acknowledgment of how much we need Our Lord to be in our lives. Once you say “yes” to God once, you will want to say “yes” many times over. Let us join together and commit to prayer, service and self-sacrifice during the Advent and Christmas seasons this year.

Go to ArlingtonDiocese.org/JustOneYes to participate.

Make this Advent and Christmas different than previous years. Commit to Just One Yes. It will change you, your family, your community, and, like Mary's powerful “yes” to God, it can change the world.

May Our Lord continue to bless you and your family, now and always.

December 2019

Sun Mon Tue Wed Thu Fri Sat

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

DEC	Time	Event
1	All Masses/Bulletin	First Sunday of Advent Preparation for the Birth of our Lord, 25 Dec 2019 and Consecration to the Holy Family, 29 Dec 2019.
1	Annually	Columbian Award App. Due (SP-7)
1	All Masses	KCIC Card Sales
1	8:00 AM – 8:00 PM	Tree Sales
7	TBA	Breakfast Club Location TBD
2-6	3:00 PM – 8:00 PM	Tree Sales
4	7:30 – 8:30 PM	Officer's, Dir's. Chmn. Planning Meeting
8	All Day	Immaculate Conception – Holy Day of Obligation
7-8	All Masses	KCIC Card Sales
7-8	8:00 AM – 8:00 PM	Tree Sales
9-13	3:00 PM – 8:00 PM	Tree Sales
11	6:30 - 8:30 PM	Admissions Degree, Bus Mtg (Eat 6:00-6:45, Degree 7:00-7:45, Meeting 8:00-9:00)
14	8:00 – 10:30 AM	Formation 2 nd Degree Ceremonial - FCC
14	6:00 - 8:15 PM	Parish Dinner – Parish Life Center (Always on Second Sat...Fred Parade on First)
14-15	8:00 AM – 8:00 PM	Tree Sales
15-16	All Masses	KCIC Card Sales (end)
16-20	3:00 PM – 8:00 PM	Tree Sales
18	7:30-8:30 PM	Assembly Meeting
19	5:00-9:00 PM	Toy Wrapping Party – Pizza/Drinks Provided by Council # 4034
21	8:00 – 11:00 AM	Breakfast with Santa - PLC
21-22	3:00 PM – 8:00 PM	Tree Sales
22	11:30 AM	Parish New Family Welcome
23	8:00AM – 12:00 PM	Tree Sales (end and clean-up)
25	All Day	Christmas – Holy Day of Obligation
29	10:30 AM	Feast of the Holy Family - Consecration to the Holy Family

Monthly Awards

Knight of the Month

Quiet, diligent, persistent, and conscientious is this Knight. A fairly recent transfer to our council he stepped up to handle a task totally unfamiliar to him, however, he was willing to learn and do. Not only as a Knight but as a former Marine and truly disciplined. During the month of November he chaired our KCIC Card Sales for our council ensuring all parish

masses were covered often staying an extra shift. Due to this Brother Knights determination and his spirit of volunteerism to step up as our Chairman for KCIC Card Sales, obtaining our supply and coordinating the volunteer scheduling to ensure a successful sales program P.J. McQuade is selected as Knight of the Month for November 2019.

Family of the Month

The Family of the month for November 2019 is Peter & Erika Paquette. Peter serves on the RCIA instruction team, helping out every Monday evening. Erika serves as one of the Spanish Ministry communication coordinators and is of great help to Fr. Koehr as Fr. leads the Spanish Ministry. Erika has been tutoring him weekly in Spanish. Erika serves on the Parish Council.

Her son is an altar server and her daughter Sarah, is a youth leader, coming every Sunday night to help work with our youth program. They are a very generous family that gives of their time for the parish, with no fanfare—just giving silently and for this reason Peter, Erika and the Paquette Family have been chosen as November 2019 Family of the Month.

Community Service Area

Request for Direct Service by our Parish: Circle of Love - A Parish Outreach Ministry

Parishioner Kate Breen, is a member of the Circle of Love a Parish Outreach Ministry that provides rides for parishioners to medical appointments who can no longer drive themselves or have someone who can drive them. Kate is inquiring as to whether any of our Knights of Columbus Fredericksburg Council 4034 members or their family members would be interested in providing help to her for Circle of Love.

Currently, there's one individual with appointments in Woodbridge and Richmond, VA once a month and one individual managing/participating in the Circle of Love program, Kate Breen. Kate's been driving the individual herself and can continue but as you can imagine she can use some relief. Remember, "many hands make light work".

This is an area of parish service in which our members, other parishioners and our family members can rotate as an available driver for the Circle of Love in order to provide rides for the one individual or others if the list grows.

Request our KofC members consider and discuss with their families if they or a family member can commit and add their names to the Circle of Love Driver's List at the Parish with Kate. Please email or call Kate for more information at: kokbisme@gmail.com, 540-226-5522.

Breakfast with Santa

Santa arrives for our event 21 December 2019 from 8:00 to 11:00 AM. The kitchen can use volunteer servers for the breakfast portion and a dishwasher or two about seven (7) Knights total. The kitchen needs a second shift of several knights about (7) to help with cleanup after the breakfast. The council can use a volunteer photographer (picture taker) for our Breakfast and some pictures of Santa with the kids receiving gifts. Santa will also need several Elves (about 5-7) to help run down the presents to the main Elf as Santa gives each child a gift. Once the food is gone, the children fed and gifted, the PLC cleaned up it will be time for a long winter nap!



Faith Service Area

Spiritual Reflection helps us to grow as individuals, in it's wisdom supreme made spiritual reflection a required program under our faith service area. There are many ways to do spiritual reflection. One way spiritual reflection is done is attending a retreat either personally or in a group. Br. Lenny Casio has information on a 3-Day Ignatian Men's retreat 6-8 March 2020 at the Loyola House on the Potomac in Faulkner Maryland. If you'd like to attend the retreat provide Br. Casio your contact information and he'll have the retreat coordinator contact you. The weekend retreat fee is \$245. (For first-time retreatants and for retreatants up to 30 years of age, the fee is \$195.).





Family Service Area

Frank Battista Italian Night

The Frank Battista Italian Night will be held on Sat, December 14 from 6 to 8:30 pm in the Parish Life Center. The net proceeds will be donated to local charities. The menu includes: homemade lasagna, garden salad, spaghetti w/ marinara sauce, and Italian rice custard. The dinner is sponsored by the Knights of Columbus and is open to the public and pay-at-the-door. Takeouts are available. The cost is Adults/Teens:\$8, Seniors (60&up):\$7, Children (7-12):\$6, Children (under 7): Free. THE MAX COST PER FAMILY IS \$28.

Consecration to the Holy Family

A Higher Purpose

Help strengthen families and revitalize our parishes. Knights of Columbus councils will invite each family in their parish to consecrate themselves to the Holy Family and to devote themselves to the ideal model of familial love set by Jesus, Mary and Joseph.

Overview

To help families live out the joy of Christ, Supreme Chaplain Archbishop William E. Lori has composed a prayer through which families will come together to consecrate themselves under the protection of the Holy Family. In this prayer, we ask for the aid or intercession of the perfect son Jesus Christ, Mary the perfect mother, and Joseph who is a model for every father. Councils will guide their parishes and community to understand and offer this important and impactful prayer. Preparing for the Consecration to the Holy Family is not a single event. It is choosing a way of life for your family. Through this consecration, each participant is consciously choosing to be a beacon of God's love through his Church.

The Consecration to the Holy Family will be on December 29 during the 10:30 AM Mass. It will take place right after the Homily.





Family Service Area

Keep Christ in Christmas Card Sales

It's the time of the year again when the Knights support our charitable activities by selling faith-oriented Christmas cards outside the church. We will sell outside St. Mary on four straight weekends, beginning November 16-17 and continuing thru December 7-8.

We need volunteers to help sell cards! Selling cards is easy and involves little physical effort. You can even sell cards at the same Mass you attend. You're welcome to sell with your wife or children.

Please use this link to signup to help with sales:

https://docs.google.com/spreadsheets/d/10OIHRg3PzB_TDuY83dCyhiZsPM1lxN5Qs9RX-OAym8/edit?usp=sharing

Lastly, please try to fill up all Masses before signing up as a second knight for a Mass. We need to get volunteers for all these Masses.





Community Service Area

Christmas Tree Fundraiser

We are selling trees Wednesday through Sunday this year as sales on Monday and Tuesday nights are rare. This will reduce the number of day captains needed and knights working shifts on those nights.

Day Captains recruit Br. Knights for shifts and bring rosters to the site for each Knight to sign in, please answer the Day Captains calls or emails as they need your help when you're available and can volunteer a few hours for a shift.

Sales continue through Sunday Dec. 22nd when we break down the sales site.

We need a minimum of 2 Knights per shift so no one has to work by themselves (which happened several times last year). This is a 4-weekend event and we need all-hands-on-deck filling up sales shifts. Many Hands Make Light Work.

It is a great opportunity to get involved in the largest fundraiser of the year for the council and you'll get to know your brother knights better working a shift together.

To sign up click the link: [Christmas Tree Sales Sign-up](#). There are tabs for each day that we sell. When signing up, please only fill in slots that are listed rather than adding on. We want to fill open slots on different shifts or different days before adding extra. Thanks for your review and participation in this year's upcoming tree sales.



Community Service Area

Toys for Tots

The council is approved for a distribution of toys from Toys for Tots. Depending on the number of toys received by Toys for Tots we may not actually receive toys. We have approximately 86 children scheduled to attend. Should Toys for Tots not be available the council will need to purchase a toy for each child.

As much as the council may appear to be able to afford the gifts, it also seems we as Knights and our Families who have been blessed may wish to spread a little joy saying yes to our little guests. It may seem early, however, I'm mentioning this so our council members can plan ahead in case Toys for Tots cannot fill our request. If this happens I'd ask our council Knights and Families who can to consider donating an age appropriate toy for the Breakfast with Santa. The more notice the better as toy choices become extremely limited as we get closer to Christmas. Once a toy has been purchased for donation email: [Breakfast with Santa](#).

In your email provide the gender and age range for your toy purchase donation as Santa will track the number of toys donated and send out an email each time the number of gifts for an age group of children attending is reached.

Toy Wrapping Pizza Party

The council will have a toy wrapping party 19 Dec 2019 at the Fredericksburg Columbus Club, starting around 5-5:30 PM until finished (9-9:30 PM). The council will provide the wrapping paper, tape and some scissors. Pizza, water and soft drinks are on the menu and anyone who'd like to bring a side dish to share is welcome. This can be a family event, all wrappers are welcome... no pun intended.



Breakfast with Santa

Santa arrives for our event 21 December 2019 from 8:00 to 11:00 AM. The kitchen can use volunteer servers for the breakfast portion and a dishwasher or two about seven (7) Knights total. The kitchen needs a second shift of several knights about (7) to help with cleanup after the breakfast. The council can use a volunteer photographer (picture taker) for our Breakfast and some pictures of Santa with the kids receiving gifts. Santa will also need several Elves (about 5-7) to help run down the presents to the main Elf as Santa gives each child a gift. Once the food is gone, the children fed and gifted, the PLC cleaned up it will be time for a long winter nap!



Culture of Life

March for Life Washington D.C., 24 January 2020. Parish Bus Captains, Primary and Alternate (2 buses), let [Br. Bob Yankoskie](#) know if you can volunteer for this Pro-Life Activity.

Fundraising

Cornhole Tournament— Chmn. Fred Nunez.

Next Meeting: To Be Announced

Announcements

INSURANCE

Can your family survive without you? It is an uncomfortable question, but an important one. How would your wife replace your income? What would happen to the house? How would your children pay for college? Life insurance is a powerful tool that — properly structured — can help you secure your family's future and achieve peace of mind.



<http://www.kofc.org/en/news/insurance/peace.html>

In addition, you can follow the Ulmer Agency Facebook page.

Here is the link: <https://www.facebook.com/ulmeragencykofc/>

Who Do We Appreciate?

837DESIGN

Abby Construction

Scott Insurance

USANA (Independent Distributors - Steve Stoecker)

Christian P. Kaila and Associates

VA Runner

Green Fitness & Wellness

Weis

Chik Fil A (Central Park and Celebrate Virginia)

Wegmans

Moss Free Clinic

Toys for Tots

LifeRunners

Stafford Printing

William A. Hazel, Inc.

Comfort Keepers, Inc.