



The Knight Crier

Knights of Columbus Council # 4034
July 2020

Grand Knight's Letter to the Council

Thank you, for electing and having confidence in me to serve as your Grand Knight for the ensuing year for 2020-2021. I am honored and it is humbling for me to assume the office and I promise to uphold the values of our founding father we hold so sacred.

I am grateful to our past Grand Knights for pathing the road ahead, pushing us to grow and seeing the things around us in different points of view. It is hard to envision where we would be today without their wisdom, foresight, leadership, inspiration and their invigorating dedication to our council and the Knights of Columbus overall.

As the pandemic, unrest and ongoing questions of injustice converge around us, we wrestle together on how to live out our faith with authenticity as we respond to the needs we see all around us. It is easy to look at things around us and come away feeling extremely pessimistic or optimistic, depending on which aspects you focus on. In the meantime, please know of my continued prayers for all of you and your families, especially those affected personally by the coronavirus. Together we pray for the entire Church as we begin reopening our parish and returning to some sort of normalcy.

Despite it all, this is a great time for our Council even with the continuing circumstances surrounding the COVID-19 crisis, a pandemic the likes of which many of us have never experienced. COVID-19 has had a dramatic impact on our daily lives. Many of our friends and families are getting sick. Many are observing the "stay at home policy" and some have lost their jobs. And sadly, some have lost their lives.

I know it feels like things cannot get much worse. And yet, despite these many challenges, you have stood up, dusted yourself off, and stood proudly out front leading the way for others to follow. With all that is going on

and our way of life being changed, it should remind us to be thankful for the friendships made and lessons learned as Catholics; also to live each day practicing the tenets of Faith, Hope and Brotherly Love in everything we do.

Many have used this dedicated "stay at home" time to reconnect with family. We often get caught up in our daily schedules of work, but this period has given us time to better focus on our family and focus on the significance of our Christian faith. In some ways this time has opened new opportunities for us. We have used it to connect with many of our fellow Brother knights and have enjoyed every moment speaking and reconnecting with them.

There are many examples of good that has come from bad, despite being faced with daunting obstacles. With effort, integrity, and honor, as Knights of Columbus we can survive anything. Your spirit is hard at work, clearing the way for a better and brighter world. As Knights of Columbus we will emerge from this crisis and may very well emerge stronger than before. Until then we need to continually honor our devotion to Brotherly Love and Friendship. It is through these efforts we show those around us who we are and how we help to make our parish better.

As we are using online resources to have our council meetings connecting virtually with each other. I ask you to remember the members of our Council family. Find 10-minutes in your busy day to reach out to a Knight we have not seen or heard from in a while. Often these knights live alone and would be thrilled to hear your voice. You will find this simple gesture to be highly gratifying. You will learn in a loving way that your call means not only you care, but they matter. So, reach out and call and do not text.

"Walk in the light and you will be blessed." There is a presence of God in those who walk in the light. We are not always aware of the light, but it is evident in how we speak, act, and think about life, work, family, and our

Catholic faith. The light that is within all believers exposes and drives out the darkness. "I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life." ~ John 8:12. Being in the light of Jesus Christ reveals the favor of God in our daily life's journey. The blessing of the light is so much more than material things; rather it is the Lord's presence and peace that hovers over us at home, work, and community.

My brothers "Step into the Light" in 2020-2021. Get off the couch say "yes" to chairing a committee, volunteer to help with building maintenance, volunteer for the degree team, step out of your comfort zone and know that it is ok to be a little uncomfortable. We learn and grow when we challenge ourselves. Make a difference in your council and yourself and "Step into the Light". Let's stay focused on the basics. "Step into the Light" by bringing in new knights, caring for each other, and supporting our council.

As your Grand Knight, it might be necessary for me to make changes and modifications deemed necessary in the best interest of our Council. But rest assured, any changes will not be made haphazardly. I ask that you please support me and your council in its endeavors. Let our journey exceed our expectations. We will learn many lessons on this journey. Among them is to put your faith in God. Let us move the needle in every category we are responsible for like never before. Sure, we can, but it is up to each of us. We are only as strong as we are united and as weak as we are divided. It starts with our more seasoned knights mentoring, sharing their knowledge and experience with a newly made knight on their Knights of Columbus journey.

Remember to communicate, communicate, communicate. Learn what is going on in our council. Getting involved in every aspect of what we do as knights. Do not shy away and wait to be asked. Step up and volunteer to lead or assist on a committee. Let us do what we can this year to close the gaps in our communication. Share your ideas in the manner you are most comfortable.

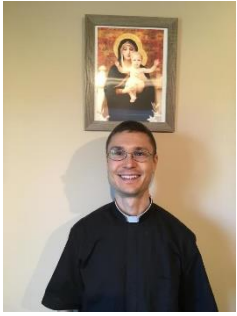
So, my brother knights in closing "Step into the Light" with me and together let us boldly go where we have

never gone before. Let us take that leap of faith to believe anything and everything is possible. Let us improvise, adapt, and overcome all obstacles. As knights let us not be antiquated or frozen in time, as it has always been, but remain relevant today. Let us each embrace our solemn duty to God, country, our Catholic faith, our families and to each other. I am excited about our future and I promise to "Step into the Light" with you in this wonderful fraternity we love. We may not know what lies around the corner, however our lifeline as Knights of Columbus will be secure if we remain connected, honest, truthful, and virtuous.

May God continue to bless and keep you and your families, the Knights of Columbus, our way of life and our Catholic Faith.

Very Respectfully
Your Brother in Christ,

Anthony B. Hall, Grand Knight



Chaplain's Corner

Dedicated men of God, how do you rest? Some people tend to think only of sleeping or napping when they hear of rest; however, resting can involve so much more.

In the Gospel of the 14th Sunday in Ordinary Time (July 5th; Matthew 11:25-30), Jesus invites us to rest in Him. To go to Him to be refreshed and renewed, as He is the One Who has made all things new with His Most Precious Blood.

And so, as we labor in life, whether it be at work, home with the family in cooking, taking care of everyone, in home improvement, yardwork, or more proper to this Gospel - laboring in the vineyard of the Lord by evangelizing others in what we say and do, that is, laboring for the salvation of other, - all the laboring we find ourselves in, there has to be a way to go on to then rest. But it needs to be true rest; otherwise, we are working against ourselves and making it more difficult to be the great men that God is calling us to be.

Therefore, Jesus basically tells us, "Hey, you want rest? Real rest? Come to Me and I will give you rest. You labored and feel burdened? Then, come to Me. Because I can give you the true rest that you are seeking."

Consequently, Jesus is sending us an invitation to come follow Him in putting on His yoke. The yoke of being one of His disciples, which is why He goes on to say that we are to "learn from" Him. Meaning, we are to listen to Him and His ways, and then go on to imitate and live them. Thus, being good, solid examples to our family members and friends.

Because what will this bring? Rest. True rest, rather than more burdens. True rest which brings about peace. A peace that the world cannot give, as the peace of Christ dispels all of our fears, worries, and anxieties. Yes, we'll still have trials in life when our faith and trust in Jesus is tested, so that we come to rely more on Him. Looking to Jesus for our answers. Therefore, a major way to rest, besides praying and

talking with Our Lord, is by coming to Eucharistic Adoration or just being in God's presence before the tabernacle (*if NOT physically due to COVID, then on the internet*), and not saying anything, but resting in His True Presence. Next, go on to give your burdens to Christ. Literally praying, "Here Jesus take these burdens and those of my family, they are in your hands. It's too much for us to handle on our own. Help us. For we trust in You!"

So how do you rest? Resting in the Lord by praying and just being with Him brings about a lasting peace that allows you to be ready for whatever comes your way in life, as you give your burdens to Jesus. Thus, making any burden light, as you have on the easy yoke of Christ, Who is with you and your family, helping each of you through all.



I. COUNCIL SERVICE AREA

Happy Birthday

Brother Knights born
in July!



Social – 22 July 2020 on Zoom

Please join us for a good talk and please bring your family. It's a good opportunity to for our families to all talk about our faith.

Officer Bios

A new Fraternal Year brings a new slate of officers. A little about each of our new officers is below:

Grand Knight – Anthony Hall

I was born and raised in Detroit, Michigan. I am the eldest of three siblings and the very fabric of my family life growing up was comprised largely of our relationship with God. I was taught early on that God is the most crucial, valuable, essential being of all and faith, family, and education were the pillars for raising children. It was instilled within me the ingredients for success, was hard work, perseverance, being true to myself and not wasting the talents God had blessed me with.

I am a product of Catholic schools, and while having had this opportunity to attend I was provided with a bridge to other life experiences and opportunities I would not have had otherwise. This faith-filled environment instilled within me a high degree of self-confidence, self-respect, and self-

discipline. The foundation of faith has always permeated every aspect of my life even at an early age and continues to this date.

I joined the Knights of Columbus, Council 3607 in Albany, Ga in 1987. I was driven to their mission of building a bridge back to faith and there was so much good and necessary work to be done in the world, and that is what Knights of Columbus do every day.

Life is relational. It is impossible to exist outside of or apart from relationships and close ones involve people we see, talk with, and hear daily. My relationship has been based on family, and friends, on a personal, professional or spiritual level during the course of my life and each one to a certain degree has left its mark but none has been more important than the relationship I have with my family.

It is said there are two ways of being rich. "One is to have all you want; the other is to be satisfied with all you have". Being afforded the opportunity to serve as the Grand Knight for Council 4034 is giving me the opportunity to give back a little bit of what God has made me the beneficiary of my entire life. I ask for the knowledge and wisdom to perform my daily functions and task in the best of my ability and to guide those under my charge with the best direction and guidance possible.

For all that I have been able to accomplish; the places I have been, the people I have been fortunate to meet and for my blessed family, I would not have accomplished any of this if I had not devoted my life to God and lived according to his will. I truly believe God has taken care of me and my family because we put him first.

Deputy Grand Knight – Anthony DeMaio

I'm a cradle Catholic (which means that was the worst kind of Catholic up until a few years ago).

I'm the first-born son in a first-generation

household, my father made the journey to the United States when he was a teenager. He and my mother have worked hard to instill good values and hard work ethic in me while raising me. I was raised most of my young life in the state of New Jersey before moving to Fredericksburg.

I entered the United States Air Force two weeks after graduating high school and have been to many parts of the world and the United States. I've been in for 17 years, and so I have 3 more left before I can settle down and retire. I've chosen to stay here with my family because of the church. St. Mary's brought with it a sense of home and family. I joined the Knights of Columbus to help that family when they need help and to grow in my faith.

Chancellor – Joe Stone

Bio in the next Crier

Treasurer – Mark Gardner



I am a cradle Catholic born in Pittsburgh. I came to the DC area after completing my engineering degree from Penn State. I've been married to Heather for 15+ years and am raising 4 children: Erin, 15; Luke 12, Molly 10, and Evelyn 7. Heather has been a member of St. Mary's since fully coming into the Church in 1999, and I've been a member since our marriage in 2004. I've been a knight for over 10 years. I am a knight as a way to support the local parish and community and develop friendships within the Church. It is that spirit of friendship and community that the council greatly helped our family when we lost Conor Jerome in early 2019. I look forward to another successful year at the

council.

Advocate – Joe Vogel

Bio in the next Crier

Warden – John Landolfi

Born and raised in an Italian family in New Jersey, I have always been very involved in the Church. I was an altar server and the president of our parish youth group as well as being involved with many parish related activities. I attended Catholic school at my local Parish (Holy Family), high school at Seton Hall Preparatory School and college at Mount St. Mary's in Emmitsburg, MD. After college I moved to the DC area and worked at a downtown law firm for 10 years before relocating to Fredericksburg in 2004 and beginning work in Richmond. My father and two of his three brothers were Knights so I was very familiar with the KoC and what they do for the community. Since joining the KoC I have experienced a great sense of fulfillment and hope to give back to our Council and Assembly for many years to come.

Outside Guard – Jim Burns

Jimmy Burns was born to George and Marianne Burns in Peekskill, NY. He was baptized and received confession and Holy Communion at St. Patrick's Roman Catholic Church in Verplank, NY. Jimmy was confirmed into the faith at St. Christopher's Roman Catholic Church in Red Hook, NY with the name Peter. Jimmy moved to Fredericksburg in November 2019 to work for the Fredericksburg Nationals. He became a 3rd Degree Knight of Columbus In February 2020.

Inside Guard – Rick Reschick

Growing up in a steel town in Southwestern Pennsylvania, I did not see myself living in a small Virginia city; however, when a job opportunity arose at the FBI Academy at Quantico, VA, I decided to take a chance and leave the comfort zone of a heavily Catholic community and a close knit family consisting of two parents, two brothers, eighteen sets of aunts and uncles, and hundreds of cousins.

I worked at the FBI academy for 40 years, retiring in 2012. I have been a member of St. Mary Catholic Church for all of that time. I married my wife, Dayle, in 1976 and we have one daughter, Sarah and a granddaughter, Autumn.

My volunteer and charity service includes membership in the Knights of Columbus since 2008, serving as an office in the council for most of that time. In addition to that I also:

- Help with the monthly dinners
- Sell Football Frenzy tickets
- Serve as President of the KOC Bowling League
- Usher at St Mary's
- Volunteer for the Manna Food Project and other service opportunities at St. Mary's
- Assist in food deliveries to three sites in King George and Westmoreland County for St. Lucy Project, including St. Elizabeth of Hungry, St. Anthony of Padua, and Westmoreland County Social Services
- Give rides to Knights who need assistance getting to Doctor's appointments, meetings, or shopping
- Work with the Fredericksburg Regional Food Bank and coordinated two KOC teams who help deliver food boxes for senior citizens to two food pantries once a month
- Coordinate the Assembly's Religious Freedom Day and Parade in downtown Fredericksburg

Recorder – George Biedenbender

Bio in the next Crier

Financial Secretary – Lenny Casio

I am 67 years old; married to my better half, Gayle with 2 children and 1 grandson. I retired in 2007 from Stafford County School System as the Guidance Director from Colonial Force High School. I presently work part time as a group instructor for the Rappahannock Area Alcohol Action Program (ASAP) going on 34 years and teach a class for Shenandoah University for their Career Switcher Program. I have enjoyed the role as FS and appreciate the support that my Brother Knights have given to me.

KofC Hats, Shirts and Jackets.

If you are looking to order some apparel to wear and don't want to use Knightsgear.com you also have custom embroidered council hats, shirts and jackets can be ordered from:



Jonathan & Co.
4808 Jefferson Davis Highway
Fredericksburg, VA 22408
Phone: 540-891-7700
Email: jonco22401@aol.com

II. Faith Service Area

Rosary and Holy Hour Service to be held on 25 July. Time is TBD but we are looking at doing it at some point early afternoon.

III. Family Service Area

Our Knight and Family of the Month goes to Gary Rolla and his family. Gary dedicated so much time and energy to make his time as Grand Knight successful.

His time away from his family is greatly appreciated. Sacrificing time for the good of the order and for glorifying the Lord is so appreciated. To Gary, thank you for doing so much for dedicating your time to 4034. To Gary's family, thank you for sharing your husband's passion and leadership with us.

IV. Community Service Area

Red Cross Blood Drive

Our next Blood Drive is in July, date and time TBA. The Red Cross would like to have between 30-40 donors. Social Distancing must be practiced. We require 6 brother knights to assist with allowing entry/exit of donors and clean up after. We hope to provide masks and gloves for clean-up if you have your own please bring them with you. The remaining 2020 dates for American Red Cross Blood Drives are:

GIVE BLOOD



Jul 29, date & time - TBD
Oct 21, date & time - TBD

SAVE LIFE

Virginia Knights of Columbus Football Frenzy

Please see the attached flyer for information on how to participate.



FB20 Virginia
Knights Directions.

V. Youth Service Area



Trail Life – Mark Gardner

Contact [Mark Gardner](#).

Group activities suspended.

VI. Culture of Life Service Area

Choices Innaugural Golf-A-Thon

Choices Women's Center would like to invite a team of KNIGHTS to come out and swing golf clubs in our inaugural **CHOICES Golf-a-thon** on Monday, 24 Aug at Lee's Hill Golf Club.

This is a unique fundraising event because it's **all-you-can-play golf, from sunup to sundown** (i.e. golf course closed just for us). There is no entry fee, but we are asking each golfer to raise at least \$250 by asking their family & friends to sponsor them for this charitable event (i.e. .25 cents per hole x 100 holes = \$25 x 10 fam/friends = \$250). We hope that each golfer will raise twice that (\$500) in order for us to reach our fundraising goal of \$20,000 to offset half of our lost revenue during this pandemic. Just think of the possibilities if each golfer was able to get 30 individual sponsors or sponsorships at .50 cents or \$1 per hole!!!

A few individual golfers will try to play 100 holes themselves (9 holes/hr), but most are forming teams to accomplish the **100-200 hole challenge** together. You get to decide how you want to configure your team for this (i.e. twosome, foursome, play together or relay/tag team). You are not limited to a foursome; could have six-eight golfers if you want, broken down into shifts (e.g. blocks of time or # of holes).

See below link and attachment for more information. Let me know soonest possible if you will have a team and I will reserve you a spot since we will only have a total of 10 teams (no more than 40 golfers on the course at a time).

<https://birdease.com/choicesgolfathon>

VII. Fundraising:

The St. Lucy Food Drive was a huge success. Thanks to all your work and donations.

“The Catholic Charities St. Lucy Project Food drive was an ENORMOUS Success! Thank you to all who donated and all of our amazing volunteers! We set a new record for one-day giving ~ 6,804 pounds of food. This is the all-time high by 100 pounds!! CONGRATULATIONS!!! Too top it off, the monetary donations totaled \$930.00. Wonderful working with our friends at St. Anthony, St. Elizabeth, St. Jude, St. Paul (Hague) and St. Patrick! What a beautiful blessing!”

**IX. Schedule of Events -
Check our online calendar at:**

<http://www.kofc4034.org/pages/membersonly/eventcalendar.html>

Additional Announcements:

Insurance:

Did you ever consider:

Can your family survive without you? It is an uncomfortable question, but an important one. How would your wife replace your income? What would happen to the house? How would your children pay for college? Life insurance is a powerful tool that — properly structured — can help you secure your family’s future and achieve peace of mind.

Financial Advice, Founded in Faith



KNIGHTS OF COLUMBUS



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IX. Degree Dates

Fourth Degree Exemplification Ceremonies

DATE	TIME	LOCATION	DISTRICT
November 14, 2020		Fredericksburg, VA (HCA) or VA Beach, VA	11

X. Websites

Supreme Council	www.kofc.org
Virginia State Council	www.vakofc.org
Fredericksburg Council	www.kofc4034.org
Honor America Corps	www.honoramericacorps.org
Saint Mary of the Immaculate Conception	www.stmaryfred.org



Knights of Columbus

Fredericksburg Council 4034

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Fredericksburg, Virginia 22404

TO THE FAMILY OF:

Please provide articles and pictures to the Crier Editor at Crier@kofc4034.org. Unless specified in separate correspondence, the material for the Crier must be submitted 5 calendar days before the end of each month to allow for formatting.

The *Knight Crier* is published by Fredericksburg Council 4034, Knights of Columbus. The information contained in this newsletter is for use by the Council. All e-mail addresses and phone numbers are for be used for council business.